

Packing List

Skiing Related Items

- Ski or snowboard equipment
- Snow jacket and snow pants
- One pair of snow mittens or gloves
- Helmet and goggles
- Warm hat and neck gaiter/scarf
- Two or three thin under-layers, sweater/fleece
- One or two pairs of long underwear, or something similar i.e. leggings and a thin long-sleeve shirt
- Two pairs of both light and heavy socks

Personal Items

- Warm sleeping bag and pillow (we recommend putting bedding into a duffel or stuff sack for easier transportation)
- Three or more shirts, two or three pairs of jeans/pants
- Sweater/sweatshirt
- Adequate underwear and socks for a weekend
- Pajamas
- One pair of snow boots
- Extra hat and pair of mittens/gloves
- Sunglasses, sunscreen and lip balm
- Shampoo, conditioner, toothbrush, toothpaste, comb/brush, skin cleanser/moisturizer, shaving needs, deodorant, etc.
- One or two towels
- Flashlight or head lamp

Bring and pack separately

- Medications, including vitamins, supplements, and over-the-counters (in their original containers)

Extra items nice to have

- Battery pack to charge cell phone at night, if needed
- Flashlight/headlamp
- Hand/toe warmers
- Book/magazine for the car ride and evenings
- Laundry bag
- Notebook and pen/pencil