2015 - 2016 Completed Hikes

Tuesday, December 27, 2016 - Arlington Triangle hike - Starting at Bluemont Park in Arlington, we'll follow the Four Mile Run and W&OD bike trails to the Mount Vernon trail. We'll then turn upriver on the Mount Vernon and after doing a circuit around Teddy Roosevelt Island, we'll follow the Custis trail back to the W&OD and return Bluemont Park. Total length of the hike will be about 18.5 miles, with negligible elevation change.

Leader: Tom Kloster <u>twk07@comcast.net</u>

Tuesday, December 20, 2016 - Up Piney River & Down Thornton River: (PACT Map 9). - Starting at the end Rt. 612 we will go up the AT via Thornton River, Hull School, Fork Mtn., Piney Ridge and Piney Branch trails. After lunch at Elkwallow Wayside we will return using the full length of the Thornton River Trail. Approximately 18 miles and 3500 feet elevation. There are short-cut options.

Leader: Gene Whitaker genewhit@gmail.com

Tuesday December 13, 2016 - GWNF - Elizabeth Furnace Hiking and Bushwhacking. (PATC Map G) Something for everyone. Starting at the Signal Knob parking area, we will do some vigorous hiking in and around Elizabeth Furnace. For bushwhackers, objectives will include Richardson Knob from the Buzzard Rock Overlook and Buzzard Rock via the abandoned trail from the fish hatchery. 12 miles and 3500 feet of ascent with longer and shorter non-bushwhacking options.

Leader - Dave Green dkgreenva@hotmail.com 703-536-5189

Tuesday, December 6, 2016 - Hemlock Overlook to Fountainhead. We will hike the Bull Run Occoquan Trail from Hemlock Park in Clifton, Va. through Bull Run Marina to Fountainhead Park. Out and back, 22 miles and 3300 ft of ascent. Leader: Steve Brown swbmit77@verizon.net

Tuesday, November 29, 2016 - Fast tour of Rock Creek Park and D.C. Trails. - (PATC Map N) This is the 8th annual DC grand circuit. We will travel around 19 miles and ascend over 2000', yet only need to use a handful of city blocks to do it. The rest of the way will be through Washington's beautiful and historic parks, with half of the trip near and along Rock Creek. The route will most likely be the one used in 2013 that includes the infamous culvert scramble. Convenient shortcuts are available.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, November 22, 2016 - Potomac Heritage Trail- Potomac Heritage Trail from Turkey Run Park to Teddy Roosevelt Island and return. 18 miles with 2000' of elevation. Meet 8am at Turkey Run Park off of George Washington Parkway. **Leader:** Lou Hurwitz lou.nutshell@hotmail.com

Tuesday, November 15, 2016-- Sams Ridge/Hannah Run (PATC Map 10) After climbing Sams Ridge, we will do a clockwise loop to include all of Hazel Mountain and Hannah Run Trails. ca. 17.5 miles, with 4600' of elevation. **Leader:** David Saah davidm.saah@gmail.com

Tuesday November 8, 2016 - Great North Mountain, GWNF. (PATC Map F). Starting at Bucktail Parking, we will climb Bucktail Cutoff Trail to Halfmoon Trail over to Halfmoon Lookout with views of Mill Mountain and Long Mountain. We then continue down German-Wilson, Bucktail and Capon trail to Waites Run Dr returning up Tuscarora Pond Run trail to Half Moon and then down Bucktail Cutoff Trail. Over 18 miles and 3200 feet of ascent.

Leader: Michael Christiani Mike@cptrllc.com Mike Christiani - Great North Mountain

Tuesday November 1, 2016 - Three Peaks Hike. Central District, Shenandoah National Park, VA: (PATC Map 10) We'll top three big peaks, all with great views. From White Oak Canyon Parking up Cedar Run to Hawksbill Summit, on to Stony Man via AT, down Old Rag Fire Road to Robertson Mt. Trail, up and over Robertson to complete loop via Weakley and Berry Hollow Fire Roads; about 18.5 miles with 5000 feet of ascent.

Leader: Phil Ayliff philip.ayliff@kwccpa.com

Tuesday, October 25, 2016 - Sugarloaf Mt. Triple-Loop Tour, Maryland. We'll complete 6 of 7 colored trails along with part of the 7th, the Yellow Trail, to total 15.5 miles and 3500 feet of ascent.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, October 18, 2016 - Nethers, Passamaquoddy, Skyland and Back - Central District SNP. (PATC Map 10) From the Old Rag parking lot we will go up Nicholson Hollow Trail, the AT and the Passamaquoddy Trail to Skyland's back door for a relaxing lunch in the restaurant or on the lawn. We will return via the Horse Trail, Old Rag Fire Road, Corbin Mtn., and Nicholson Hollow Trails. Approximately 18 miles and 3300 feet ascent. Short cut alternatives are available.

Leader: Gene Whitaker <u>GeneWhit@gmail.com</u>

Tuesday, October 11, 2016 - New Market Gap North – Beginning at New Market Gap we'll take the Massanutten Connector Trail to the Massanutten Trail. We will then go north visiting the summits of both Strickler and Duncan Knobs. Then return to parking via the Scothorn Gap and Massanutten Trails. Approximately 15 miles with 3,800' of elevation gain.

Leader: Steve Brown swbmit77@verizon.net

Tuesday, October 4, 2016 - Buzzard Rock/North Massanutten. (PATC Map G). 8:00am. Starting at the Buzzard Rock Trailhead on Route 613, we will take the Buzzard Rock Trail to Shawl Gap, where we will make a loop including the Shawl Gap Trail, Route 613, Sherman Gap Trail, and the Massanutten Trail, and then return on the Buzzard Rock Trail. About 16 miles.

Leader: Joan D'Alonzo, 302-530-4202, joandalonzo@gmail.com

Tuesday September 27, 2016 - Brown's Hollow & Catherine Furnace - Starting at the commuter lot on VA 211 near New Market hikers will head south on the Massanutten & do a figure 8 going to Catherine Furnace first and the old Visitor Center. ca. 19 miles & 4100' of elevation. PATC map H.

Leader: David Saah davidm.saah@gmail.com

Tuesday, September 20, 2016 – Conway River Trail, Bearfence Rocks, Pocosin Hollow - (SNP PATC Map 10) We'll ascend the Conway River Trail to Bootens Gap and then travel south on the AT to the Bearfence Rocks Trail and then continue south on the AT and descend the Pocosin Fire Road and Pocosin Hollow Trail. About 16.4 miles and 3000 feet of ascent. Leader: Mike Christiani mike@cptrllc.com

Tuesday, September 13, 2016 – Overall Run Trail Circuit - In the northern section of Shenandoah National Park (PATC Map 9). Parking at the end of VA 630 out of Bentonville, we'll start on the Thompson Hollow Trail, turning right on the Overall Run Trail to the Beecher-Overall Connecting Trail. From there we'll ascend to the Matthews Arm Campground on the Heiskell Hollow Trail. From Matthews Arm, we'll follow the Elkwallow Trail to turn north on the AT and then back to the starting point on the Overall Run Trail. This circuit is about 16 miles with about 3500 ft of climb.

Leader: Tom Kloster, twk07@comcast.net

Tuesday, September 6, 2016 – Signal Knob via Rhodes and Doll Ridges – GW National Forest. Starting near Toms Brook on the Tuscarora Trail, we will cross the North Fork of the Shenandoah River, climb Rhodes and Doll Ridges to Three Top Mountain and then on to Signal Knob. On the return, we will climb Meneka Peak and visit the Strasburg Reservoir and Powells Fort Camp; about 15 miles with 3500 feet of ascent.

Leader: Dave Green, <u>dkgreenva@hotmail.com</u> – <u>703/536-5189</u> Dave

Tuesday, August 30, 2016 – Rocky Mtn Fire Hike. (PACT Map 11) From the Brown Mtn. Overlook (mile 77 on the Skyline Drive) we will take the Brown Mountain Trail over Rocky Mountain to Big Run seeing the effects of the 2016 fire. We will then go up the Rockytop trail through an area burned in 2002 1986 and down the Big Run Portal trail and up Rocky Mountain Run trail and back to the parking area. About 19 miles and 4,000 elevation.

Leader: Gene Whitaker genewhit@gmail.com

Tuesday, August 23, 2016 - Wolf Trap to Meadowlark Gardens, Lake Fairfax and CCT. We will start at Wolf Trap Park for the Performing Arts and hike the new trail around the park. Then we follow Wolf Trap Run through the woods to Cinnamon Cree and over to Meadowlark Botanical Gardens. Follow Meadowlark Perimeter Trail and over to the WO&D out to Lake Fairfax and return through Colvin Run Stream Valley and to CCT Trail and back over to Wolf Trap Park. Approximately 18 mi.

Leader: Mike Moran. mim.94306@cox.net. Start time 8:00AM.

Tuesday, August 16, 2016 – Central District, Shenandoah National Park (PATC Map 10), Pocosin Hollow Trail, Pocosin Trail, South River Road, South River Falls Trail, AT, Slaughter Trail, Conway River Trail. Park on the right side of Rt. 667. Hike up Pocosin Hollow Trail. Rt on Pocosin Fire Road. Left on Pocosin Trail. Rt before cemetery. Rt on South River Fire Road/Trail; hairpin left on South River Falls Trail to observation deck (loop to AT and South River picnic area); north on AT; rt on Slaughter Trail; rt on Conway River Trail; cross Conway River to Middle River Road to cars. 20 mi., 4300.' Leader: Barry Winkelman (cfarerinc@gmail.com) 301-367-7547

Tuesday, August 9, 2016 - Little Devils Stairs, Northern District SNP. (PATC Map 9) Parking at the base of Little Devils Stairs Trail (near the end of SR614), we'll climb Little Devils Stairs Trail to the AT via the Pole Bridge and Sugarloaf Trails. We'll then head south on the AT to the Neighbor Mountain trail and back to the start via Byrds Nest 4, the Hull School trail and the Keyser Run Fire Rd – a total of about 18.5 miles, with 4800 ft. of ascent.

Leader: Tom Kloster, twk07@comcast.net

Tuesday, August 2, 2016, – Big Meadows Luncheon with Rose River Splash Down – Central District SNP. From the Rose River trailhead, we will visit President Hoover's Rapidan Camp before having a leisurely lunch in the Spottswood Dining Room of Big Meadows Lodge. After lunch we will descend to the trailhead for a splash down in the Rose River; about 18 miles with 2800 feet of ascent with shortcut options.

Leader: Dave Green, dkgreenva@hotmail.com - 703/536-5189

Tuesday, July 26, 2016 -Leading Ridge Around and Back- Central SNP (PATC Map 10). Starting at the access road (669) to Leading Ridge, hikers will complete a tough climb to the AT, head N on the AT and then down Meadow Spring, Hazel Mtn, Catlett Spur, and Hanna Run trails. Hikers will then climb up to the AT via the Nicholson Hollow and Corbin Cabin Cutoff. At the AT they will head N and then back down Leading Ridge to the cars. Approximately 18 miles and 5450 feet of elevation gain. Options exist to shorten the hike.

Leader: Philip Ayliff, philip.ayliff@kwccpa.com

Tuesday, July 19, 2016, - Cacapon State Park Hike with optional Splashdown. 8:45am. Starting at the nature center, we will explore the park using the park trails, a fire road and a gravel road, making two climbs of Cacapon Mountain. Optional splashdown at the swimming beach afterward. About 16 miles, 3400 feet elevation gain.

Leader: Joan D'Alonzo: joandalonzo@gmail.com 302-530-4202

Tuesday, July 12, 2016 -- **Trout Pond/Great N. Mtn** (PATC Map F) Starting at the Fisherman's Trail parking lot we will do a counterclockwise circuit of TPRA and surrounding trails to end up at Rockcliffe Lake. 17 mi. ca. 3500'. David Saah: davidm.saah@gmail.com, 703.596.2358.

Tuesday, July5, 2016 - Vigorous Hikers, Dickey Ridge out and back. Northern SNP. Climb Dickey Ridge Trail to AT intersection (Carson Mountain) where we will have lunch and then come back on DRT. Total of 19.5 miles, with 3000 ft. climb

Leader: Mike Christiani mike@cptrllc.com

Tuesday, June 28, 2016 - AT/Sky Meadows. (PATC map 8).Beginning at the AT parking lot on Rte. 601 just north of Rte. 50, we will head south on the AT to Sky Meadows State Park where we will explore the trails and enjoy the views. About 17miles with 3000 ft. of ascent.

Leader: Joan D'Alonzo - joandalonzo@gmail.com

Tuesday, June 21, 2016 - Around Hazel Mountain. We'll circle Hazel Mt., starting at Rt. 600 and ascending to the AT via Hazel River, White Rocks, Hazel Mt., and Meadow Spring Trails. We will then follow the AT to the Leading Ridge Trail (or shortcut) and return to the start via the Skyline Drive and Hanna Run, Catlett Mt., Hazel Mt. and Sam's Ridge Trails. About 16 miles with a total of 3600' of ascent. (see attached map or PATC Map 10). A splashdown at the end is possible. Leader: Bob Livezey, bobbilbo@msn.com

Tuesday, June 14, 2016 – Mt Marshall and Around. Northern Section of SNP (PATC Map 9). Starting at the end of SR 625, we'll climb the Mt Marshall trail to the Bluff trail which we'll follow to the AT. Hiking north on the AT to Jenkins Gap, we'll return to the cars via the Mt Marshall trail. About 18 miles and 3000 feet of ascent.

Leader: Tom Kloster twk07@comcast.net

Tuesday, June 7, 2016 – Great Falls Billy Goats. - (Great Falls, Md.) We will hike Billy Goat B, C, and A and then go to the Overlook for lunch. Then we do the River Trail, Ford Mine Trail, Overlook Trail and take the Berma road back to the start. Total of about 16 miles with 1½ miles of rock scrambling.

Leader: Lou Hurwitz <u>lou.nutshell@hotmail.com</u>

Tuesday, May 31, 2016 - South from Buck Hollow & Back - We'll climb the Buck Hollow Trail to the AT. Take the AT south and then take the Corbin Cabin Cutoff trail and Nicholson Hollow trails east. We'll then take the Hannah Run Trail and Catlett Spur Trail north to the Hazel Mountain trail and descend the Buck Ridge trail to our start. Approximately 20.1 miles and 4000 ft. cumulative elevation climb. Shortcuts available. (18.3 miles if skip Meadow Spring Trail)

Leader: Gene Whitaker, genewhit@gmail.com

Tuesday, May 24, 2016 – Massanutten Hike and Shenandoah Paddle (PATC Map G) Beginning at the Downriver Canoe Company at Bentonville Landing on the South Fork of the Shenandoah River, we will climb the Tuscarora Trail and follow the Massanutten Trail south. We will descend the Indian Grave Ridge Trail to Seak Ford Landing where we will eat lunch and pick up the delivered kayaks or canoes to paddle down the Shenandoah back to Bentonville Landing; about 12 miles of hiking with 1800 ft. of ascent and 12 miles of paddling. Check the Downriver Canoe Company website at http://www.downriver.com for directions, rental fees, release forms, and water levels. Canoe/kayak reservations will be made by the Leader in advance. A non-paddling option will be available.

Leader: Barry Winkelman (<u>cfarerinc@gmail.com</u>) 301-367-7547

Tuesday, May 17, 2016 - **Massanutten-Runkles Gap Splashdown.** Starting at Runkles Gap we will explore some trails at the southern end of Massanutten Mountain with Kaylor Knob and Massanutten Peak as highlights if permission from Massanutten Resort is obtained. At the end of the hike, there will be an opportunity for a cooling splashdown in Boone Run. At least 15 miles with 3000 feet of ascent.

Leader: Dave Green dkgreenva@hotmail.com - 703-536-5189

Tuesday May 10, 2016 Cunningham Falls Catoctin Mtn Parks: (PATC Map 5-6) This will be a clockwise circuit of both Cunningham Falls and Catoctin Mtn Parks starting at Cunningham Falls Manor Area/Visitor Center. ca. 17 miles, with 3400' of elevation.

Leader: David Saah davidm.saah@gmail.com 703.596.2358

Tuesday, May 3, 2016 - AT Out and Back, Thornton Gap to Stony Man, Central District SNP. (PATC Map 10) Non-stop great views on this two-way tour of several central district big peaks with about 19 miles and 5000 feet of ascent. Leader: Michael Christiani Mike@cptrllc.com

Tuesday April 26, 2016 – **AT North from Linden** - (PATC Map 8)A fast paced hike on the AT from Linden to Sky Meadows SP; annual Trillium Hike. Distance will be 18 miles with around 3000 feet of elevation gain.

Leader: Joan D Alonzo joandalonzo@gmail.com

Tuesday April 19, 2016 – **Vigorous Hikers- Austin Mountain-Blackrock Loop** - (PATC Map 11) Parking at the end of VA Rt. 663, we'll ascend the Madison Run Road and Austin Mountain Trail to the AT, hike north to turn on the Doyles River Trail, then follow the Jones Run Trail back to the AT, and back to the cars via the Blackrock Spur and Furnace Mountain Trails. The distance is 17 miles with 4100 feet of ascent

Leader: Tom Kloster twk07@comcast.net

Tuesday April 12, 2016 - **On The Old Dogwood Course.** GNWF, (PATC Map F) The hike will be close to 18 miles and have about 4000' of ascent (see PATC Mag G). The hike will be a figure 8 mostly using the Sherman Gap Trail (Pink) on the way out from Elizabeth Furnace and the Tuscarora Trail (Blue) on the way back.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday April 5, 2016 - Pocosin Hollow, Bear Fence and Back: (PACT map 10) Form parking area on 667, up Pocosin Hollow trail and Pocosin Fire Road past the PACT Pocosin Cabin to the AT. Then we will go north on the AT to the Bearfence Trail loop and back to Slaughter Trail and down to Rt. 667 and back to cars. Approximately 16 miles and 3400 feet elevation.

Leader Steve Brown swbmit77@verizon.net

Tuesday Mar. 29, 2016 -- **Roller Coaster Hike:** (PATC Map 10) We will start at route 7 and head south on the AT for 12 miles to the access trail for the Myron Glaser cabin. Hikers will turn around at that point and travel back 5 1/4 miles back to 605 where we will have car shuttles back to the starting point. 5000' of elevation, 17 1/4 miles.

Leader: David Saah davidm.saah@gmail.com 703.596.2358

Tuesday, March 22, 2016 – **Bull Run** - **Hemlock to Fountainhead.** Bull Run Occoquan Trail is a secluded gem hidden in the midst of Fairfax County and Prince William County. We will start our trail portion at Hemlock Park in Clifton, Va. following the blue blazes through Bull Run Marina to Fountainhead Park. Out and back, 22 miles and 3300 ft of ascent. **Leader**: Jerry Bradley fxb3@verizon.net - 703-866-1075

Tuesday March 15, 2016 – **Old Rag Parking Lot to Stony Man & Back** - (PATC Map 10) From the Old Rag parking lot we will go up the Fire Road, over Robinson Mountain and on up the Fire Road to the Skyland Horse Trail and on to Stony Man. After lunch we will take the AT on north to the Nicholson Hollow Trail and return using Nicholson Hollow, Indian Run and Corbin Mtn. trails. (19 miles and 4800 feet elevation) Good shortcut return continuing on Nicholson Hollow Trail (17 miles, 3,900).

Leader: Gene Whitaker GeneWhit@gmail.com

Tuesday, March 8, 2016 - Jeremys Run/Kibler Knob/Three Sisters/Neighbor Mountain Bushwhack (Northern SNP). Beginning at Jeremys Run trailhead on VA 611, we will ascend the ridge west of Green Hollow to Kibler Knob. Then we will climb the Three Sisters to intersect the Neighbor Mountain Trail. Depending on trail conditions and time, we will return to the trailhead via the AT, Jeremys Run, or Knob Mountain Trails or the abandoned Jeremys Hollow Trail. Up to 17 miles with 4000 feet of ascent including 4 miles off trail. A non-bushwhacking alternative will be available.

Leader: Dave Green dkgreenva@hotmail.com

Tuesday, March 1, 2016: - **Whiteoak Canyon and Hawksbill Mountain.** (PATC Map 10) We will start at the Whiteoak Canyon Parking lot off Rte 600, we will then follow the Whiteoak Canyon Trail up to Limberlost Trail and follow the Crescent Rock Trail to the AT via Byrds Nest (lunch) to Fishers Gap, then back down via the Horse Trail and Cedar Run Trail. (18 miles with 3,500 feet of elevation gain).

Leader: Phil Ayliff philip.ayliff@kwccpa.com

Tuesday, February 23 , 2016 – Pass Mtn., The Pinnacle & Buck Ridge. (PATC Maps 9 & 10) From the Pass Mtn. Trail parking area off Rt. 211 above Sperryville will take the Pass Mtn. trail to the AT. Then down and up the AT to the Pinnacle. We will take Hanna Run, Catlett Spur, Hazel Mtn., and Buck Ridge trails back to the Buck Ridge Trail parking area. (Approximately 18 miles and 4,200 feet of total ascent.)

Leader: Gene Whitaker, GeneWhit@gmail.com

Tuesday, February 16, 2016 - Great Falls trails - We'll hike about 15 miles exploring Great Falls trails, up Difficult Run a bit, and then over to Riverbend Park. Rocks, cliffs, streams, the Potomac and some short bushwhacks.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, February 9 , 2016 - Maryland Appalachian Trail: The Slice of Ham. Maryland AT - Starting at the Weaverton Cliffs parking lot, we'll hike north on the AT to the parking lot just above I-70. Cars will be pre-positioned at the end to shuttle hikers back to the beginning. A distance of 19.5 miles with 2500 feet of ascent.

Leader: Tom Kloster twk07@comcast.net

Tuesday, February 2 , 2016 – Cedarville State Forest, Brandywine, MD. Easy (flat), but fast (3.5 mi/hr) hike of all the trails in Cedarville State Forest, southern P.G./northern Charles County, MD. 19.5 mi. Negligible elevation. Cedarville State Forest is 15 mi. south from Beltway exit 7A. http://www.dnr.state.md.us/publiclands/southern/cedarville.asp. **Leader:** Barry Winkelman cfarerinc@gmail.com - 301-367-7547

Tuesday, January 26, 2016 - Cancelled

Tuesday, January 19, 2016 - Dickey Ridge Exploration and Bushwhack (Northern SNP). Beginning at the Front Royal Skyline Drive Entrance Station, we will attempt to climb Dickey Ridge via some abandoned and little used trails such as Fox Hollow and Hickerson Hollow. Bushwhacking will be required. About 15 miles with 3000 feet of ascent. A

non-bushwhacking alternative will be available.

Leader: Dave Green dkgreenva@hotmail.com

Tuesday, January 12, 2016 Prince William Forest Hike (<u>Park Service Map</u>) We will do a counter-clockwise circuit of the Prince William Forest starting on the east side of the park and covering most of the North Valley and South Valley trails. About 17.5 miles with 1600' of elevation.

Leader: David Saah davidm.saah@gmail.com

January 5 , 2016 - Thompson Hollow to Elkwallow and Back - Northern District SNP. (PATC Map 9) We will park in Thompson Hollow near Bentonville VA. We will climb the Overall Run Trail to the AT and then take the AT South to Elkwallow Gap. We will take the Knob Mountain Cutoff Trail and Knob Mountain Trail North through Matthews Arm to the Beecher Ridge Trail and descend the Beecher Ridge Trail for our return to Thompson Hollow. 18 miles and 4380 feet of ascent.

Leader: Steve Brown swbmit77@verizon.net

Tuesday, December 29, 2015 - Arlington Triangle hike - Starting at Bluemont Park in Arlington, we'll follow the Four Mile Run and W&OD bike trails to the Mount Vernon trail. We'll then turn upriver on the Mount Vernon and after doing a circuit around Teddy Roosevelt Island, we'll follow the Custis trail back to the W&OD and return Bluemont Park. Total length of the hike will be about 18.5 miles, with negligible elevation change.

Leader: Tom Kloster twk07@comcast.net

Tuesday, December 22, 2015 - Browns Hollow/Catherine Furnace (PATC Map H) - Starting at the commuter lot on 211, hikers will do a figure eight on Browns Hollow to Catherine Furnace and back. About 19 miles with 3600' of elevation. **Leader**: David Saah davidm.saah@gmail.com, 703.596.2358

Tuesday, December 15, 2015, - Potomac Heritage Trail- Start at Turkey Run parking lot (C-1) at 8:00 AM. We will hike to Teddy Roosevelt Island and return traveling next to the beautiful Potomac River. 17 miles with 2,000 feet elevation. **Leader:** Bart Rhodes <u>retiredrhoades@gmail.com</u>

Tuesday, December 8, 2015 - Hughes River - Thorofare Mountain Bushwhack (Central SNP) - Beginning at the Old Rag parking lot, we will ascend the Hughes River and bushwhack up and down Thorofare Mountain to climb Pinnacle Peak and visit settlement ruins. We will then descend to Corbin Cabin and climb to the AT via maintained trails. Depending on the time, we will return to the Hughes River by bushwhacking down either the Camp Ridge or Pinnacle Ridge, both of which had tails at one time. About 15 miles with 4000 feet of ascent. A non-bushwhacking alternative will be available. Leader: Dave Green dkgreenva@hotmail.com

Tuesday, December 1, 2015 – Around Neighbor Mtn. & Thornton Hollow - Northern SNP (PATC map 9) From Jeremy's Run Overlook on Skyline Drive we will descend the abandoned Jeremys Hollow Trail to Jeremys Run, continue downstream to the Neighbor Mountain Trail. After ascending the Neighbor Mountain Trail, we will finish off the loop with the Hull School, Thornton River and Appalachian Trails. This circuit is about 16 miles in length with approximately 3800 ft of climb.

Leader: Gene Whitaker. <u>GeneWhit@gmail.com</u>

Tuesday, November 24, 2015 - New Market Gap North – We'll take the Massanutten Connector Trail to the Massanutten Trail over Kerns Mountain and then proceed North to Jawbone Gap. Return via the Gap Creek Trail through Scothorn Gap. Time permitting, there will an optional out-and-back to ascend Duncan Knob at the Northern end of the hike. Without the option, approximately 15 miles with 3,700 feet of climb. (38.641092, -78.590059)

Leader: Steve Brown swbmit77@verizon.net

Tuesday, November 17, 2015 - Capital Crescent/Rock Creek/NW DC Loop - (PATC Map N and http://www.cctrail.org/index.html) A new route for our 7th annual tour of the city's best trails: Starting and ending at Cleveland Park Metro, we'll traverse clockwise through the Northwest's parks, along 7.5 miles of the Capital Crescent Trail through Bethesda/Chevy Chase, and return south through Rock Creek Park. About 19 miles and 2000 feet of ascent. Leader: Bob Livezey bobbilbo@msn.com

Tuesday, November 10, 2015 - Dickey Ridge and AT to Compton Peak and Chester Gap. (PATC Map 9) Beginning in Front Royal we'll take the Dickey Ridge Trail and the AT to Compton Peak, then return on the AT to US 522. Requires a short car shuttle. About 17 miles and 4000 feet of ascent.

Leader: Roger Straw roger.b.straw@gmail.com

Tuesday, November 3, 2015 – Mike Christiani - Central District, Shenandoah National Park, VA: Three Peaks Hike. (PATC Map 10) - We'll top thrN38.87111 W78.20446ee big peaks, all with great views. From White Oak Canyon Parking up Cedar Run to Hawksbill Summit, on to Stony Man via AT, down Old Rag Fire Road to Robertson Mt. Trail, up and over Robertson to complete loop via Weakley and Berry Hollow Fire Roads; about 17 miles with 5500 feet of ascent.

Tuesday, October 27, 2015 – Skyland Ice Cream Hike - (PATC Map H) Beginning at the Old Rag parking area, we will climb to Skyland via the Nicholson Hollow, Corbin Cabin Cutoff, AT, and Passamaquoddy Trails. There we will have a leisurely lunch with ice cream and other food from the Skyland Lodge. Those not wishing to indulge may do an out and back to Bushytop & Millers Head. We will then return to the parking area via Skyland-Big Meadows Trail, Old Rag Fire Road, Corbin Hollow Trail, and Weakley Hollow Fire Road. Short cut options are available.

Leader: Dave Green <u>dkgreenva@hotmail.com</u> – 703/536-5189

Tuesday, October 20, 2015 - Up Piney River & Down Thornton River: (PACT Map 9). - Starting at the end Rt. 612 we will go up the AT via Thornton River, Hull School, Fork Mtn., Piney Ridge and Piney Branch trails. After lunch at Elkwallow Wayside we will return using the full length of the Thornton River Trail. Approximately 18 miles and 3500 feet elevation. There are short-cut options.

Leader: Gene Whitaker genewhit@gmail.com

Tuesday October 13, 2015 – Little Devils Trail and Neighbor Mtn. - Parking at the base of Little Devils Stairs Trail (near the end of SR614), we'll climb Little Devils Stairs Trail to the AT via the Pole Bridge and Sugarloaf Trails. We'll then head south on the AT to the Neighbor Mountain trail and back to the start via the Hull School trail and the Keyser Run Fire Rd. Total of about 18 miles, with 4300 ft. of climb.

Leader: Tom Kloster twk07@comcast.net

Tuesday, October 6, 2015 – Tuesday, October 6 – Stony Man PL-Big Meadows and Back (PATC 10). Meet at the Stony Man parking lot off Skyline Drive by entrance to Skyland. We'll hike the AT south, looping around Big Meadows, lunch at Byrd Visitor Center, then the Horse Trail back to the AT north. On the way back to the parking lot we will go over Hawks Bill summit. 19 mi., 3900 ft.

Leader: Barry Winkelman (cfarerinc@gmail.com) 301-367-7547

Tuesday, Sept 29, 2015 - Trout Pond/Great North Mtn Starting at Fisherman's Trail we will a counter-clockwise circuit of the Trout Pond Recreation Area and surrounding trails. Swimming afterwards. PATC Map F. 18 miles, 4000' of elevation. **Leader:** David Saah, davidm.saah@gmail.com, 703.596.2358

Tuesday, September 22, 2015 - Sugarloaf Mt.Triple-Loop Tour, MD - Join me on Tuesday for a fast-paced grand tour of almost all of the trails of Sugarloaf Mountain. The hike is 15 miles with perhaps 3500 feet of ascent. We'll complete 6 of 7 colored trails along with part of the 7th, the Yellow Trail, to total 15 miles and 3500 feet of ascent.

Leander: Michael Christiani Mike@cptrllc.com

Tuesday, September 15, 2015 - Buzzard Rock to Signal Knob - Massanutten Mountain, George Washington National Forest, Virginia. (PATC Map G) Parking at the Buzzard Rock Trail lot on SR 619, we'll use Buzzard Rock Trail, Tuscarora Trail, & Massanutten Trail to reach the Signal Knob parking lot on SR 678, with a short shuttle to retrieve cars. About 16 miles and 3,500 feet of ascent.

Leader: Roger Straw <u>roger.b.straw@gmail.com</u>, <u>540-636-7893</u> (c-<u>5712418856</u>)

Tuesday, September 8, 2015 - **AT: Keys Gap to Harpers Ferry/Maryland Heights.** (PATC Map 7). Parking near Keys Gap on Route 9, we will head north on the AT to Harpers Ferry, the C&O Canal towpath, and Maryland Heights. After climbing Maryland Heights, we will return to Harpers Ferry for lunch and ice cream before heading back down the trail. About 16 miles.

Leader: Joan D'Alonzo, joandalonzo@gmail.com, 302-530-4202

Tuesday, September 1, 2015 -Leading Ridge Around and Back- Central SNP (PATC Map 10). Starting at the access road (669) to Leading Ridge, hikers will complete a tough climb to the AT, head N on the AT and then down Meadow Spring, Hazel Mtn, Catlett Spur, and Hanna Run trails. Hikers will then climb up to the AT via the Nicholson Hollow and Corbin Cabin Cutoff. At the AT they will head N and then back down Leading Ridge to the cars. Approximately 17 miles and 5150 feet of elevation gain. Options exist to shorten the hike.

Leader: Bart Rhoades, retiredrhoades@gmail.com, 703-437-7295

Tuesday, August 25, 2015 -- Doubletop - Camp Hoover - Big Meadows, Central District, SNP. (PATC Map 10) Parking at the end of Rt. 645 we will take the Doubletop Mtn. trail over Doubletop and down the 4WD Trail to the Rapidan Fire Road. Going through Camp Hoover we will go up the Mill Prong Trail to the AT and Tanners Ridge horse trail and past the Big Meadows visitors center to the Skyline Drive. We will return to the cars using Dark Hollow Falls Trail, Rose River Fire Rd., Stony Mtn. Trail, Rapidan Fire Road, and Upper Dark Hollow Trail. 17.5 miles and 4200 feet of ascent.

Leader: Gene Whitaker GeneWhit@gmail.com

Tuesday, August 18, 2015, Vigorous Hike: Around Hazel Mountain. We'll circle Hazel Mt., starting at Rt. 600 and ascending to the AT via Hazel River, White Rocks, Hazel Mt., and Meadow Spring Trails. We will then follow the AT to the Leading Ridge Trail (or shortcut) and return to the start via the Skyline Drive and Hanna Run, Catlett Mt., Hazel Mt. and Sam's Ridge Trails. About 16 miles with a total of 3600' of ascent. (see attached map or PATC Map 10). A splashdown at the end is possible.

Tuesday, August 11 – Southern Pennsylvania AT and Side Trails. (PATC Map 4) From the Old Forge Picnic Area we will hike on the AT, mountain bike trails, horse trails and a few PATC trails for an unmeasured 15-17 miles and unknown but between 2000-3000 feet of ascent. Streams, views, rocks. Hopefullywe won't get too lost. We will do 3 loops from parking area. After 2 loops we should be in the 11-12 mile range for anyone who needs to leave early.

Leader: Duncan Thompson duncanit@verizon.net, 703-527-2349

Tuesday, August 4- Cacapon State Park, Berkeley Springs, WV. Starting at the Nature Center we will climb Cacapon Mountain via the Laurel and Ziler trails, loop around the mountaintop on the Ziler Loop, making another ascent. We will then head south on the mountaintop fire road for three miles to the mountain overlook for lunch. We will then head downhill for three miles on the gravel road to Batt Picnic area, where we will pick up the Central Trail across the mountain, then take the Tower Trail and Piney Ridge trail to the lodge, then back to the cars. About 16 miles, 3400 feet of elevation gain.

Leader: Joan D'Alonzo, joandalonzo@gmail.com 302-530-4202

Tuesday, July 28, 2015 - Jordon River Loop - (PATC Map 9). Parking at the end of SR 629, we'll ascend the Jordon River Trail and continue to the AT at Gravel Springs Gap via the Mt Marshall and Bluff trails. We'll then hike north on the AT to Jenkins Gap and back to the cars via the Mt Marshall and Jordon River trails. About 16 miles with 2500 feet of ascent. **Leader:** Tom Kloster twk07@comcast.net

Tuesday July 14, 2015 -Big Meadows Luncheon with Rose River Splash Down. Beginning at the Rose River trailhead, we will climb the Fire Road and Upper Dark Hollow Trail to President Hoover's Rapidan Camp. Then we will climb Mill Prong Horse Trail and Rapidan Fire Road to Big Meadows Lodge for a leisurely luncheon in the Spottswood Dining Room. See the attached lunch and dessert menus for selections. After lunch, we will descend the Dark Hollow Falls Trail and the Rose River Fire Road to the trailhead where there will be an opportunity to cool down in a Rose River swimming hole below the parking area. See the attached map for more details; about 18 miles and 2800 ft. of ascent. Short cut options are available.

Leaders: Dave Green dkgreenva@hotmail.com

Thursday, July 7 - Around Pinnacles Ridge, Central District SNP. (PATC Map 10) From the Old Rag parking lot we will hike up Nicholson Hollow Trail and the Hannah Run Trail to Skyline Drive. We will then go down the Drive and the AT to the Corbin Cabin Cutoff. We will return down the Corbin Cabin Cutoff, up Indian Run and down the Corbin Mtn. and Nicholson Hollow trails to the parking lot. Approximately 18.1 miles and 4000 feet of ascent. There are shortcut options. (see attached map)

Leaders: Bob Livezey bobbilbo@msn.com

Tuesday, June 30, 2015 - AT Out and Back, Thornton Gap to Stony Man, Central District SNP. (PATC Map 10) Non-stop great views on this two-way tour of several central district big peaks with about 19 miles and 5000 feet of ascent. We'll stay cool by staying high.

Leader: Bob Livezey <u>bobbilbo@msn.com</u>

Tuesday June 23, 2015 - Cunningham Falls/Catoctin Mtn.: A clockwise circuit of both Cunningham Falls and Catoctin Mtn Parks starting at Cunningham Falls Manor Area/Visitor Center and taking in the views at Cunningham Falls, Hog Rock, Blue Ridge, Thurmont, Wolf Rock, Chimney Rock and Cat Rock. Total ascent will be close to 3500' covering about 17 miles of trails.

Leader: David Saah, <u>davidm.saah@gmail.com</u> 703.596.2358

Tuesday, June 16, 2015 - AT/Sky Meadows. (PATC map 8). Beginning at the AT parking lot on Rte. 601 just north of Rte. 50, we will head south on the AT to Sky Meadows State Park where we will explore the trails and enjoy the views. About 17 miles with 3000 ft. of ascent.

Leader: Joan D'Alonzo, joandalonzo@gmail.com, 302-530-4202

Tuesday June 9, 2015 - Paw Paw Tunnel. Starting on the C&O towpath we'll veer off and explore the area south of the tunnel, visiting an abandoned tunnel and bridge of the Western Maryland RR and views of the operating CSX system on old roads and bushwhacking through and open forest. Afterwards we continue east on the towpath and other trails before turning back and going through the 3100 foot Paw Paw Tunnel. Estimated15-16 miles and 2000 feet of elevation gain. Two bushwhacks are necessary but are easy.

Leader: Duncan Thompson - duncanjt@verizon.net, 703- 527-2349

Tuesday, June 2, 2015 - Austin Mountain - Blackrock Loop, Southern District SNP (PATC Map 11) - Parking at the end of VA Rt. 663, we'll ascend the Madison Run Road and Austin Mountain Trail to the AT, hike north to turn on the Doyles River Trail, then follow the Jones Run Trail back to the AT, and back to the cars via the Blackrock Spur and Furnace Mountain Trails. The distance is 17 miles with 4100 feet of ascent.

Leader: Tom Kloster, twk07@comcast.net

Tuesday, May 26, 2015 - Hemlock Overlook to Fountainhead Park and Return – Starting in Clifton VA we will hike the blue blazed trail along Bull Run from Hemlock Overlook to Fountainhead Regional Park and return. Approximately 20 miles with 2000' vertical elevation gain.

Leader: Steve Brown, swbmit77@verizon.net

Tuesday, May 19, 2015 – Massanutten Hike and Shenandoah Paddle (PATC Map G) Beginning at the Downriver Canoe Company at Bentonville Landing on the South Fork of the Shenandoah River, we will climb the Tuscarora Trail and follow the Massanutten Trail south. We will descend the Indian Grave Ridge Trail to Seak Ford Landing where we will eat lunch and pick up the delivered kayaks or canoes to paddle down the Shenandoah back to Bentonville Landing; about 12 miles of hiking with 1800 ft. of ascent and 12 miles of paddling. Check the Downriver Canoe Company website at http://www.downriver.com for directions, rental fees, release forms, and water levels. Canoe/kayak reservations will be made by the Leader in advance. A non-paddling option will be available.

Leader: Barry Winkelman - cfarerinc@gmail.com) 301-367-7547

Tuesday, May 12, 2015 – Big Schloss, Tibbet Knob, and Woodstock Reservoir – Great North Mountain. (PATC Map F) Starting at Little Stony Creek parking lot, we will climb to enjoy the views from Big Schloss and Tibbet Knob and return doing some fast-paced forest road walking with an excursion (possible bushwhack) to the Woodstock Reservoir. About 15 miles with 3000 feet of ascent.

Leader: Dave Green, 703-536-5189 dkgreenva@hotmail.com

Tuesday, May 5, 2015 – Oventop, Pass Mtn., The Pinnacle & Buck Ridge. (PATC Maps 9 &10) From the Buck Hollow Trail parking area off Rt. 211 above Sperryville will bushwhack along the north side of highway to park boundary and up boundary to top of Oventop. Then the abandon Oventop trail to the Pass Mtn. trail to the AT. Then down and up the AT to the Pinnacle. We will take Hanna Run, Catlett Spur, Hazel Mtn., and Buck Ridge back to the parking area.

(Approximately 18 miles and 4,200 feet of total ascent.) Several good shortcuts are available.

Leader: Gene Whitaker, GeneWhit@gmail.com

Tuesday, April 28, 2015- AT North from Linden (PATC Map 8). A fast paced hike on the AT from Linden to Signal Knob. Distance will be 16 miles with around 3000 feet of elevation gain.

Leader: Joan D'Alonzo, joandalonzo@gmail.com

Tuesday, April 21, 2015 - Rose River Bushwhack – Central District SNP Beginning at the Rose River trailhead, we will bushwhack up Climbing Rose Falls and investigate Buzzard Rocks and Spitler Hill and return doing some fast-paced trail and fire road hiking; up to 15 miles with 5000 ft. of ascent. A non-bushwhacking alternative will be available.

Leader: Dave Green, 703-536-5189, dkgreenva@hotmail.com

Tuesday, April 14, 2015 - Annual Redbud Hike, Great North Mountain – GNWF, North Half. (PATC Map F) Train for the HAM! Reprising most of the route of the 1989-91 Dogwoods, Fetzer Gap to Gerhard Shelter and a loop back to Cedar Run, a little more than a marathon distance (around 28 miles) and 6000 feet of ascent. Easy logistics and 17 and 24 mile shortcuts to chicken out.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, April 7, 2015 - Great Falls, MD - On the Maryland side of Great Falls, we will hike Billy Goat A,B, and C along the Potomac River with a stop at the Great Falls Overlook. We will continue west and do a loop around Ford Mine Trail and return on the Gold Mine Loop and Valley trails. Approximately 15 mi. with about 1.5 miles of rock scrambling.

Leader: Mike Christiani mike@cptrllc.com

Tuesday, March 31, 2015 - AT Roller Coaster. (PATC Map 8) Starting at route 7 hikers will take the access trail to the AT and head south and cover a little over 12 of the 14 miles of trail that ends at route 50. Hikers will turn around at the trail leading to the Myron Glaser cabin and return to 605 where shuttles will be available to take hikers back to route 7. Being an out and back, there will be several opportunities to cut the hike short. The mileage estimate is 17 miles with about 5000' of ascent.

Leader: David Saah davidm.saah@gmail.com 703.596.2358

Tuesday, March 24, 2015 - Maryland Appalachian Trail: The Slice of Ham. Maryland AT - Starting at the Weaverton Cliffs parking lot, we'll hike north on the AT to the parking lot just above I-70. Cars will be pre-positioned at the end to shuttle hikers back to the beginning. A distance of 19.5 miles with 2500 feet of ascent.

Leader: Tom Kloster twk07@comcast.net

Tuesday, March 17, 2015 - Massanutten Mountain: Strickler Knob, Duncan Knob, Jawbone Loop. (PATC map G) Beginning at the Rt. 211 parking area east of New Market Gap, we will climb 3 high points offering spectacular views. We hike up the Massanutten Connector Trail. Shortly before the Massanutten Trail we will turn and bushwhack up to the top of Strickler Knob and take the unmapped Purple Trial to reconnect with the Massanutten Trail. Turning left on Gap Creek Trail we will climb to Duncan Knob before going on to the Jawbone Gap trail. After climbing to the view above the Gap we take the Massanutten Trail back to the Connector Trail and the cars. About 18 miles with 4200 ft. of ascent.

Leader: Gene Whitaker, genewhit@gmail.com

Tuesday, March 10, 2015 - Great Falls - Virginia. We'll hike do a 15-16 mile exploring most of the Great Falls trails, up Difficult Run a bit and then over to Riverbend Park. Rocks, cliffs, streams, the Potomac and some short bushwhacks. **Leader:** Duncan Thompson duncanjt@verizon.net, 703-527-234

Tuesday, March 3, 2015 - South from Buck Hollow & Back. We'll climb the Buck Hollow Trail to the AT. Take the AT south and then take the Corbin Cabin Cutoff trail and Nicholson Hollow trails east. We'll then take the Hannah Run Trail and Catlett Spur Trail north to the Hazel Mountain trail and descend the Buck Ridge trail to our start. Shortcuts available. **Leader:** Gene Whitaker, genewhit@gmail.com

Tuesday Feb. 24, 2015 – Old Rag Parking Lot to Stony Man & Back - (PATC Map 10) From the Old Rag parking lot we will go up the Fire Road, over Robinson Mountain, up to Skyland Horse Trail and back down using Corbin Hollow Trail. (14.5

miles and 3700 feet elevation in the snow and ice) **Leader**: Gene Whitaker GeneWhit@gmail.com

Tuesday February 17, 2015, Cancelled due to snow covered roads.

Tuesday, February 10, 2015 – **Blue Ridge Center for Environmental Stewardship and Harpers Ferry.** Beginning at the Blue Ridge Center (www.blueridgecenter.org), we will explore this nonprofit's western trails that are to become part of a new state park and then connect with the AT to Harpers Ferry. On the way back, we will explore the Center's eastern trails. Up to 18 miles with 3000 feet of ascent.

Leader: Dave Green, dkgreenva@hotmail.com, 703-536-5189

Tuesday, February 3, 2015 – **Knob Mountain Neighbor Mountain Circuit.** PATC Map 9. Starting at Jeremy's Run parking, hikers will take Jeremy's Run to Knob Mountain and do a clockwise circuit at Knob Mountain Cutoff Trail, the AT, and Neighbor Mountain with a stopover at Elkwallow for lunch. This appears to be about 19 miles with about 4500' of elevation gain.

David Saah davidm.saah@gmail.com, 703.596.2358

Tuesday, January 27, 2015, 2015 - **Dickey Ridge and AT to Compton Peak and Chester Gap.** (PATC Map 9) Beginning in Front Royal we'll take the Dickey Ridge Trail and the AT to both Compton Peak spurs, then return on the AT to US 522. Requires a short car shuttle. About 17 miles and 4000 feet of ascent.

Leader: Bob Livezey bobbilbo@msn.com

Tuesday, January 20, 2015 - **Little Devils Stairs**, Northern District SNP. (PATC Map 9) Parking at the base of Little Devils Stairs Trail (near the end of SR614), we'll climb Little Devils Stairs Trail to the AT via the Pole Bridge and Sugarloaf Trails. We'll then head south on the AT to the Neighbor Mountain trail and back to the start via Byrds Nest 4, the Hull School trail and the Keyser Run Fire Rd – a total of about 18.5 miles, with 4800 ft. of ascent.

Leader: Tom Kloster, twk07@comcast.net

Tuesday, January 13, 2015 - Thompson Hollow to Elkwallow and Back - Northern District SNP. (PATC Map 9) We will park in Thompson Hollow near Bentonville VA. We will climb the Overall Run Trail to the AT and then take the AT South to Elkwallow Gap. We will take the Knob Mountain Cutoff Trail and Knob Mountain Trail North through Matthews Arm to the Beecher Ridge Trail and descend the Beecher Ridge Trail for our return to Thompson Hollow. 18 miles and 4100 feet of ascent.

Leader: Steve Brown swbmit77@verizon.net

Tuesday, January 6, 2015 - Great Falls - Virginia. We'll hike do a 15-16 mile exploring most of the Great Falls trails, up Difficult Run a bit and then over to Riverbend Park. Rocks, cliffs, streams, the Potomac and some short bushwhacks. **Leader:** Duncan Thompson duncanjt@verizon.net, 703-527-234