Proceedings of International Muay Thai Seminar and Academic Conference
March 16, 2026 Ayutthaya, Thailand

IMT 2026-####

Title (Times new roman, font size 14)

First Author[1], Co-Authors[2,*] **(Times new roman, font size 12)**
Department, Organisation, Address, City, Country ***(Italic, Times new roman, font size 11)***
*Corresponding Author E-mail: (Times new roman, font size 10) (only one)

ABSTRACT (Times new roman, font size 11) (Max. 350 words)

The text of the abstract should be in one continuous paragraph. The body of the abstract, not including the title and the author details, should not exceed 2000 characters (not including spaces) in length. It should NOT contain sub-headings (Introduction, Aim, Results, etc). The abstract should be self-contained and should consist of text only. It should not contain any figures and tables should be included only if absolutely necessary. Abstracts should contain new information, either in the form of original research data or as a novel insight into an established issue. Abstracts reporting original research MUST include sufficient data to support any conclusion reached. It is not satisfactory to simply describe what was found (such as, "the treatment group increased their fitness more than the control group") or to only include statistical results (such as, "associations were significant at $p < .05$"). References to the published literature should not be included except to describe methods used.

Keywords: Keyword1; Keyword2; Keyword3; Keyword4; (Maximum 4).