

WORK PLAN (Jan-May 2017)

Course Name: B.A Prog Application Course FCD

Semester: 6

Paper Code:

Paper Name: Human Development and Life Skills

Faculty: Guest

WEEK	DATES	TOPICS TO BE COVERED
1	2-7 Jan	Identity formation: Introduction
2	9-14 Jan	Self perception and expressions of self across ages
3	16-21 Jan	Development of identity during adolescence
4	23-28 Jan	Identity during youth and adulthood
5	30 Jan-4 Feb	Development of relationships
6	06-11 Feb	Bonding during early childhood
7	13-18 Feb	Role of family and peers during in middle childhood
8	20-25 Feb	Role of family and peers during in adolescence
9	27 Feb-4 Mar	significance of relationship in adulthood
10	6-11 Mar	parenthood and grandparenthood
11	13-19 Mar	Mid – Sem Break
12	20-25 Mar	Mental health issues across lifespan
13	27 Mar-1 Apr	issues in sexuality, marriage and career
14	3-8 Apr	Adjustment mechanism and social support
15	10-15 Apr	development of lifeskill for optimal wellbeing
16	17-26 Apr	Revision and discussions of questions

Readings/Reference Texts:

Berk, L. (2007) Child Development. Pearson Education Inc.,India

Sapra R (2007) integrated approach to Human Development. Vishwabharati Publications, New Delhi