



**Lincoln Akerman School**  
**Hampton Falls School District**  
School Administration Unit No. 21  
8 Exeter Road, Hampton Falls, NH 03844  
Telephone (603) 926-2539

Elizabeth Raucci  
Principal

Heather Boyd  
Nurse

**SPECIAL DIETARY MEDICAL STATEMENT**

**Please send to Student's School/Institution as listed above**

Student Full Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

Grade: \_\_\_\_\_

**MEAL MODIFICATIONS MADE OUTSIDE THE MEAL PATTERN**

(Accommodation that alters the USDA meal pattern; ex. fruit cannot be served to student)

Foods to be Avoided:

\_\_\_\_\_

Brief explanation of how exposure to this food affects the student:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommended Substitute to this Food:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature of Licensed Medical Professional

\_\_\_\_\_  
Printed Name of Licensed Medical Professional

**MEAL MODIFICATIONS MADE WITHIN THE MEAL PATTERN**

(Accommodation within one of the 5 food items; ex. orange served instead of an apple)

Foods to be Avoided:

\_\_\_\_\_

Brief explanation of how exposure to this food affects the student:

\_\_\_\_\_  
\_\_\_\_\_

Recommended Substitute to this Food:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Title

Please refer to Page 14 of USDA-FNS *ACCOMMODATING CHILDREN WITH DISABILITIES IN THE SCHOOL MEAL PROGRAMS, JULY 25, 2017*

*Meal Pattern = Meat/Meat Alternate, Grain, Vegetable, Fruit and Milk*

TDD Access: Relay NH 711

EQUAL OPPORTUNITY EMPLOYER- EQUAL EDUCATIONAL OPPORTUNITIES

**This institution is an equal opportunity provider**

Updated 3.28.25