

North Hall Group of Alcoholics Anonymous

Group Conscience Minutes – October 7, 2024

Opening	
1. Open	Niki N.
2. Pettiness Prayer	Shawna B
3. Twelve Traditions	John H
4. Host - 7th Tradition – (Cash App ID) The 7th Tradition states, “Every AA group ought to be fully self-supporting, declining outside contributions.” Our Host will now put info into the chat about contributing to North Hall by CashApp or by sending a check.	Niki N.
5. Review September Minutes motion to approve	Niki N Minutes adjusted to reflect correction to the controllers report. Minutes accepted
6. Finalize Agenda motion to approve	Niki N - Agenda is a little different, this agenda proposes to cover business and financial reports before going through position holders Discussion was held on the effect of postponing reports versus the benefits of handling business up front. This meeting should be 90 minutes long.

Reports	

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**2. Controller – Michael F.
motion to approve**

NORTH HALL CONTROLLER'S REPORT			
Reporting Period From 9/1/2024 - 9/30/2024			Presented: 10/07/24
INCOME AND TRANSFERS			
Income Deposited by Treasurer:			
7th Tradition		\$ 3,782.38	
H&I		\$ 84.56	
Literature		\$ 114.25	
Other		\$ 100.00	
Sub Total Income Deposited by Treasurer			\$ 4,081.19
Transfers In:			
Savings		\$ 864.03	
Sub Total Transfers-In			\$ 864.03
TOTAL INCOME AND TRANSFERS			\$ 4,945.22
EXPENSES, DISTRIBUTIONS AND TRANSFERS			
CK #	Expenses		
4811	Aziz Rehmen August Rent		\$ 3,000.00
4812	Smud Electricity		\$ 552.39
4813	City of Sacramento Utilities		\$ 133.36
4814	WM Corporate Services Waste Management		\$ 329.06
auto	Zoom Monthly Fee		\$ 34.22
	PG&E (Credit \$-58.96)		\$ -
4810	Barbara M Supply Reimbursement		\$ 477.56
4817	NorCal H&I		\$ 84.56
4827	Ardin H Literature		\$ 93.53
4828	Niki S NCCAA Conference Registration		\$ 155.55
4829	Tiffany G Birthday Cake		\$ 44.99
4815	Void		\$ -
4826	Void		\$ -
Sub Total Expenses			\$ 4,905.22
CK #	Distributions		
	CCFAA 50%		0.00
	GSO 30%		0.00
	CNIA Area 07 10%		0.00
	District 24 10%		0.00
Sub Total Distributions			\$ -
Transfers-Out			
Savings	Liability Insurance Reserve	\$ 40.00	
Sub Total Transfers-Out			\$ 40.00
TOTAL EXPENSES, DISTRIBUTIONS AND TRANSFERS			\$ (4,945.22)
Net Transfer from Checking to Savings			\$ (824.03)
(Transfers Out to Savings less Transfer In from Savings)			

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ACCOUNT BALANCES			
CHECKING ACCOUNT			
Ending Balance From Last Month's Report			\$ 1,500.00
Changes in this report			
<i>TRANSFERS IN</i>			
Income (Treasurer's Deposits & Cash App)		\$ 4,081.19	
Transfer In (Campout Reserve)		\$ -	
Transfer In (Picnic Reserve)		\$ -	
Transfer In (Liability Insurance Reserve)		\$ -	
Transfer In (Alcathon Reserve)		\$ -	
Transfer In (Prudent Reserve)		\$ -	
Transfer In		\$ 864.03	
	Total	\$ 4,945.22	\$ 6,445.22
<i>TRANSFERS OUT</i>			
Expenses		\$ (4,905.22)	
Transfer Out (Alcathon Reserve)		\$ -	
Transfer Out (Liability Insurance Reserve)		\$ (40.00)	
Transfer Out (Campout)		\$ -	
Transfer Out (Picnic)		\$ -	
Transfer Out (Prudent Reserve)		\$ -	
Distributions		\$ -	
	Total	\$ (4,945.22)	\$ 1,500.00
Ending Balance (Prudent Reserve \$1,500)			\$ 1,500.00
SAVINGS ACCOUNT			
Ending Balance From Last Month's Report			\$ 15,329.58
Changes in this report			
<i>INTEREST</i>			
Interest Earned (to Prudent Reserve)		\$ 0.14	
	Total	\$ 0.14	\$ 15,329.72
<i>TRANSFERS IN</i>			
Transfer In (Liability Insurance Reserve)		\$ 40.00	
Transfer In (Campout Reserve)		\$ -	
Transfer In (Picnic Reserve)		\$ -	
Transfer In (Alcathon Reserve)		\$ -	
Transfer In (Prudent Reserve)		\$ -	
	Total	\$ 40.00	\$ 15,369.72
<i>TRANSFERS OUT</i>			
Transfer Out (Liability Insurance Reserve)		\$ -	
Transfer Out (Campout Reserve)		\$ -	
Transfer Out (Alcathon Reserve)		\$ -	
Transfer Out (Picnic Reserve)		\$ -	
Transfer Out (Prudent Reserve)		\$ -	
Transfer Out		\$ (864.03)	
	Total	\$ (864.03)	\$ 14,505.69
Ending Balance			\$ 14,505.69

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	<table border="1" style="width: 100%; border-collapse: collapse; margin-bottom: 10px;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 15%;">Balance of Allocations From Last Month</th> <th style="width: 15%;">Allocation Changes This Month</th> <th style="width: 10%;">Balance of Allocations This Month</th> </tr> </thead> <tbody> <tr> <td>Savings Account Allocations</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Savings Account Prudent Reserve (\$13,500)</td> <td style="text-align: right;">\$13,500.00</td> <td style="text-align: right;">\$ (863.89)</td> <td style="text-align: right; background-color: #f2f2f2;">\$ 12,636.11</td> </tr> <tr> <td>Picnic Reserve</td> <td style="text-align: right;">\$ 308.54</td> <td style="text-align: right;">\$ -</td> <td style="text-align: right;">\$ 308.54</td> </tr> <tr> <td>Alcathon Reserve</td> <td style="text-align: right;">\$ 403.75</td> <td style="text-align: right;">\$ -</td> <td style="text-align: right;">\$ 403.75</td> </tr> <tr> <td>Liability Insurance Reserve (due 03/01/24)</td> <td style="text-align: right;">\$ 240.00</td> <td style="text-align: right;">\$ 40.00</td> <td style="text-align: right;">\$ 280.00</td> </tr> <tr> <td>Anniversary Potluck Reserve</td> <td style="text-align: right;">\$ 185.11</td> <td style="text-align: right;">\$ -</td> <td style="text-align: right;">\$ 185.11</td> </tr> <tr> <td>Campout Reserve</td> <td style="text-align: right;">\$ 600.64</td> <td style="text-align: right;">\$ -</td> <td style="text-align: right;">\$ 600.64</td> </tr> <tr> <td>Holiday Decorations Reserve</td> <td style="text-align: right;">\$ 91.54</td> <td style="text-align: right;">\$ -</td> <td style="text-align: right;">\$ 91.54</td> </tr> <tr> <td>Total Allocations</td> <td style="text-align: right;">\$15,329.58</td> <td style="text-align: right;">\$ (823.89)</td> <td style="text-align: right;">\$ 14,505.69</td> </tr> </tbody> </table> <p>Questions were asked about the “transfer to savings from checking” - it was explained that if the number is negative then it is a transfer from savings to checking. If the number is in parentheses, it is negative.</p>		Balance of Allocations From Last Month	Allocation Changes This Month	Balance of Allocations This Month	Savings Account Allocations				Savings Account Prudent Reserve (\$13,500)	\$13,500.00	\$ (863.89)	\$ 12,636.11	Picnic Reserve	\$ 308.54	\$ -	\$ 308.54	Alcathon Reserve	\$ 403.75	\$ -	\$ 403.75	Liability Insurance Reserve (due 03/01/24)	\$ 240.00	\$ 40.00	\$ 280.00	Anniversary Potluck Reserve	\$ 185.11	\$ -	\$ 185.11	Campout Reserve	\$ 600.64	\$ -	\$ 600.64	Holiday Decorations Reserve	\$ 91.54	\$ -	\$ 91.54	Total Allocations	\$15,329.58	\$ (823.89)	\$ 14,505.69
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Old Business	<ol style="list-style-type: none"> 1. Niki - Anniversary Potluck Meeting Chairperson - 1 year sobriety & 1 year commitment (Jan 2025 Meeting) - No volunteers 2. Michael - VOTE Proposal was approved, it was posted all month, and we are doing final vote in the October Group Conscience - Motion Passed 3. Robin - VOTE 2 part proposal: Rename and evolve the Website Committee to have oversight of and responsibility for all technology used by North Hall Ensure Procedure Guide is accurate with regard to web and tech items including updating position descriptions. Final vote on these changes in the October Group Conscience - Motion passed 4. Stephan - VOTE Specific text (to be included in the procedure guide) of special interest meeting - Approved at September GC, final vote at October Group Conscience - Motion passed 																																								
New Business																																									

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	<ol style="list-style-type: none"><li data-bbox="727 289 1453 401">1. Clean Up Chair (6 months sobriety) & Co Chair (3 months sobriety) - Nov 2024 - Jan 2025 - No volunteers<li data-bbox="727 447 1453 1528">2. Dom - Mini Fridge Proposal - Have a mini fridge with beverages, recommended \$1 to \$2 recommended contribution, would need a lock box for these funds. New position description for Beverage Chairperson to keep stock and collect contributions. Karlin suggests a friendly amendment to specify no perishable beverages Tiffany is concerned about adding a new service position when we cant staff the cleanup chair position and struggle with other positions getting filled too Kathy brought up about when we had a soda machine it was distracting and it caused a pest issue due to it not being kept clean. Also it is a significant initial expense and we cant really afford it at this time. Michael remembers this being brought up in the past, says the soda machine was really loud during shares. He suggests replacing the AC might be a better thing to raise funds for and spend money on Tom notes that if we do pursue this, we should review the procedure guide to see what might need to be updated Jodi brought up that we have had to pull from our prudent reserve several months this year and that financially we are not in a position to do this at this time. The motion did not pass.<li data-bbox="727 1575 1453 1875">3. Al E. - New Big Book Meeting on Mondays at 6p New meeting proposal When: Mondays at 6pm - According to the posted schedule this day/time is available. Type: Beginners Book Study meeting Use the book study format already in place with NH. Currently there is not an in-person book study meeting and I believe there is a big need for one.
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Kathy and Suzanne point out that Monday 6 PM is the group conscience week1, steering committee week2, outreach committee week3, web committee and/or campout committee.

Dean supports this but asks if it could start at 5:30 instead of 6

Al asks if the other meetings that happen Monday at 6 can change their times?

8 PM was suggested, but there is already a beginner meeting at that time.

Niki suggested perhaps doing it at 4:30 PM. Al was open to this but wondered how many people are still working at that time.

Sabrina suggested we split the question in 2, first ask if we want an in-person book and second to find a time where it might work.

The motion passed to have an in-person book study meeting.

Niki and Al and Linda B and Kathryn C and Adrian all volunteered to help figure out the timing of the meeting.

4. Dean - Outreach Committee Proposal for \$100 budget per event for outreach committee to use. There will be some cost to hosting events like snacks, ice or refreshments. Suzanne asks if the approach could be like we do for other events, by passing a can to fund an event or asking people to bring things. Outreach committee events are intended to be quarterly. Candice asked for clarification on the plan to suggest a \$5 donation - it was clarified that there would not be a "cover charge" but a donation (7th tradition) would be suggested (assuming we arent providing any food or drink) Adrian points out that "passing a can" may conflict with other events that use the can passing and we need to avoid having multiple cans at the same time. As a result the can thing may not be right for this.

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	<p>John brings up that SACYPAA is successful with bring in people that NH may not be, and planning an event with no budget is very hard. The motion passed.</p>
<p>Reports Continued</p>	
<p>1. General Secretary - Niki</p>	<p>All positions filled. Training event was held Monday, Sept 30, about 5 people attended. New secretaries PLEASE reach out for training or with questions PLEASE DONT OPEN THE WINDOWS at North Hall.</p>
<p>2. GSR - Randy</p>	<p>GSR and GSR Alternate were unable to attend the September District 24 GSR meeting due to family and work obligations.</p> <p>GSR will resume working with the Steering Committee to develop plans to address the items that came up during the inventory.</p> <p>GSR attended the District 24 GSR meeting on Wed 8/14, where the GSRs reviewed the proposed budget for California Northern Interior Area (CNIA) 07. The Area has spent down the budget surplus that resulted from the pandemic lockdown and is now in a budget deficit and looking to make cuts. North Hall may wish to reconsider how our distributions are split between CCFAA (50%), GSO (30%), Area 07 (10%), and District 24 (10%). If anyone has opinions on this topic, please contact me via email at NHGeneralServiceRep@gmail.com.</p> <p>Also available here: GSR Reports to North Hall Group Conscience Meeting - 2024</p>
<p>3. CCFAA – Roger written report</p>	<p>September meeting, welcomed 3 new groups in the Sacramento area. CCFAA picnic went very well, netted \$7100. However, they are still short YTD \$6500 due to group contributions</p>

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	<p>They are looking at launching a new website. Hotline answered 400 calls in August and held a virtual hotline training</p>
<p>4. H & I – Janeen written report</p>	<p>Area 42 has 50 facilities that help homeless community, mental health community, etc, so there are many opportunities to be of service. They need facility secretaries, coordinators, provide support to stabilization services for people transitioning out of the facility. Janeen will post info on the back wall.</p>
<p>5. Steering Committee – Written Report Adrian P. Chair Kathy K. Building Chair Robin M. Secretary Justin Co-Secretary Lance - Building CoChair Dean - Co Chair</p>	<p>The steering committee convened September 16, 2024 Main discussions included the audit process, based on an email from the controller we discussed the overall audit process, some history, and some potential additional training for the steering committee. Steve H will observe and assist at the next audit, and be available for sharing experience. He has held all of the related positions, and historically has trained steering committees before in effective auditing. Past Controller also has been available, and assisted. Committee discussed the current audit process, how to improve it. Also talked about how to make best use of the monthly audit by the general secretary, also. Advance delivery of reports is helpful, and possibly meeting if it needs to be revised, or if there is any need.</p> <p>Meetings: format for beginners and the scripts / readings. Other discussion was around that members have observed the beginner's meeting format needing to be clarified, as well as noting some secretaries changing the wording in the readings esp. God and He. Format change is a formality, committee noted, as the group voted on the structure of the meeting but it wasn't all documented in the format. Gen Sec will make updates to align the format with the meeting description proposed.</p>

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	<p>Changing words: as a group we have multiple times called that question, and voted to not alter gender pronouns or other words in the readings. The committee is suggesting that we remind secretaries of this history, and that it's not new. Representing the group includes following the scripts as we have them written, per the procedures. Pulling people aside quietly reminding them, lending experience to new members, sharing the history and the responsibility of the trusted servant (job description) is something we have seen less. Committee discussed Person-to-person support and how to encourage that culture again, reminders to the group that we can all share our experience as members of North Hall, including how we follow our job descriptions and why we stick to what the group has decided (or propose a change).</p> <p>Training is important, and secretary training will be offered for direct attention to details like this, but people need to actually show up to get that information.</p> <p>Audit upcoming : October 14, in person with treasurer, controller We will audit the previous quarter.</p>
<p>6. Building Committee – Kathy K. Leslie T. Nance (at-large) Kim K (at large)</p>	<p>Thanks for being up the issue of opening the windows, we have to pay to have special size windows if they break as they have in the past Please also remember to turn off the coffee and unplug the burners</p>
<p>7. Supplies – Barbara M. written report</p>	
<p>8. Literature (R) – Ardin H. written report</p>	<p>Purchased: 4 - Big Books</p>

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	<p>20 - 1 month tokens 10 - 6 month tokens 10 - 9 month tokens Total: \$93.53</p>
<p>9. Birthday Meeting – Karlin R.</p>	<p>1. Thank you Tiff and everyone for filling in for me at the September Birthday Meeting !</p> <p>2. All birthdays, each month, from the Chip Board and Birthday Book are continuing to be submitted to the By The Way Newsletter at the CCFAA. I just submitted the November birthdays!</p> <p>3. I am continuing to donate the monthly birthday cake and plates, etc in lieu of my monthly 7th Tradition donation - so no cost to the Hall.</p> <p>4. Tiffany reports that the carrot cake with whipped cream topping was a HIT and we celebrated 285 years - which included Diane U with 50 YEARS!!! 🥳</p> <p>5. In keeping with North Hall tradition, the October Birthday Night will be a HEX-tra Special Costume Party at 8 PM on Friday, October 25! Folks are encouraged to wear their most BOO-tiful costume or Halloween bling! Of course, all are welcome! And, it would be great if members bring yummy treats to share :)</p>
<p>10. Monthly Speaker Meeting (R) – Jen BC written report</p>	<p>not present</p>
<p>11. Clean Up – Evan T</p>	<p>Not present</p>
<p>12. Technology Chair – Evan T.</p>	<p>Not present</p>
<p>13. Meeting Coordinator – Tiffany G.</p>	<p>Please reach out if you have questions</p>
<p>14. Decorations Chair - Shane S.</p>	<p>Not present</p>
<p>15. Website Committee - Robin</p>	<p>Nothing to discuss</p>
<p>16. Alcathon Committee - Stephan</p>	<p>Presenting Schedule</p>
<p>17. Outreach Committee - Dean</p>	<p>Outreach committee</p>

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	Organizing our next event on 12/21/26 a panel and wellness event about spirituality. We will be discussing that 6pm Monday 10/21/24

<p>What's on your mind? -open discussion, no motions</p>

Adjournment

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Reminders (source NH Procedures Guide)

January	February	March
Picnic Chairperson	Renew Liability Insurance	Steering Committee
Campout Committee		Solicit GSR conference agenda items, GSR chairs Service Conference Agenda topics meeting
Clean Up Chairperson		Secretaries, Jr's/Hosts, Greeters
Clean Up Co-Chair		Steering Committee
		Alcathon Chairperson (starts 9/1)
April	May	June
Clean Up Chairperson		Review July GC date
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
July	August	September
Conduct Group Inventory (Chaired by GSR)	Decorations Chairperson (starts 11/1)	General Services Representative (odd numbered years only)
Clean Up Chairperson		Alternate GSR (odd numbered years only)
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
October	November	December
Clean Up Chairperson	Technology Chair Election (starts 12/1)	Annual Trusted Servants
Clean Up Co-Chair	Meeting Coordinator (starts 12/1)	Building Committee
		Secretaries, Jr's/Hosts, Greeters

At Will

- Clean-Up Day
- Group Inventory (scheduled by GSR)