Colorado HS Eligibility Rules and Exceptions

The Colorado USAU HS State Championships and Altitude Youth Ultimate follow the eligibility guidelines as outlined by USAU Ultimate. In short, any player competing for a High School team must be a full time student at the school they are representing.

Middle School players may play with their feeder high school without seeking an exception!

If a player does not meet these criteria, they must seek an Eligibility Exception. Eligibility Exceptions are approved on a case by case basis by ⅔ majority vote through the Championship Committee. The Championship Committee is composed of the Championship SYC, Girls SYC, District Coordinators (4), and an AYU Board Member.

The Championship Committee follows these basic guidelines when deciding on whether to approve an exception:
*** Free Agent means "does not attend school of HS Ultimate team"*

- A Free Agent must NOT have the opportunity to play at the school they currently attend (No Ultimate program currently competing).
- A Free Agent should join the closest school with an Ultimate program near the school that they attend.
- Teams taking on Free Agents should ideally have a need for players (recommended 14 or less players).
- 80% of a team should be composed of players from the school represented OR 95% of a team should be composed of players from two schools for a combo team
  (Middle School players do not factor into these numbers)
- A Free Agent should seek an exception as soon as they decide they would like to join a team and should NOT begin competing with a team until their eligibility is approved.
- Exceptions must be submitted each season, even if an exception has been granted in the past

It should be noted that these guidelines are just that - guidelines. A player or team does not need to meet these guidelines exactly, however it will help if they do. The Championship Committee rules on exceptions under these general principles:

1. Providing playing opportunities to the most kids possible
2. Maintaining fair play for ALL teams
3. Fostering the growth of new programs and the sport in Colorado

To seek an exception, please FILL OUT THIS FORM >>>

^^Each team is required to fill out the form above ^^

The Deadline to Submit an exception for Fall 2026 is: Sept 30th