

Noise

When I was in school, I'd show up to the exam room early like everyone else. While standing around, friends come up to you and compare notes, topics you studied or didn't study, problem sets, etc. You overhear all these other groups of students doing the same.

The conversation before the exam is to help people with their own confidence and kind of flexing or acting smart.

It would trip me out. Naturally, it would start making me rethink myself, feel a little less confident, and create uncertainty. There was no real upside to it. When you show up to the exam, you're as ready as you'll be, so any information at the last minute won't be helpful. We call that noise.

After my first year, I started coming to exams 5-10 minutes late so everybody was already seated. I just walk straight in, get to the desk, and start writing.

Try your best to identify and remove all noise from your life. You'll think better, build true conviction, and learn more about yourself.

Doubt kills more dreams than failure ever will.