

**OSHA 10 General Industry, Class Topic Outline: Peter LoConti, Trainer**

**Location: Binghamton University, 4400 Vestal Parkway East, Binghamton, NY 13902**

Date: 3.25.2022

Day 1.

9:00 am – 10:00 am: Introduction to OSHA. OSHA Training PPT. Required. P. LoConti, Trainer.

10:00 am - 11:00am: Exit routes and Emergency Action Plans with Fire Protection. Required. P. LoConti, trainer.

11:00 AM -11:30 am Break.

11:30 PM – 12:30 PM: Walking and Working Surfaces. Required. P. LoConti, Trainer.

12:30 PM – 1:30 PM Lunch provided.

1:30 PM – 2:30PM Fall Protection: Elective. P. LoConti, Trainer.

2:30 PM – 3:30 PM: Electrical Hazards. Required. P. LoConti, Trainer.

3:30PM- 4:00 PM: Break

4:00 – 5:00 PM: Confined Space / Permit Required Confined Space. Optional P. LoConti, Trainer.

Day 1, 6 hours face to face. 1 hour lunch, 1 hour breaks.

Date: 3.26.2022

Day 2.

10:00 AM – 11:00 AM: Hazard Communication. Required. P. LoConti, Trainer.

11:00 AM – 12:00 AM: Personal Protective Equipment. Required. LoConti Trainer.

12:00 AM – 12:30 AM: Break

12:30 AM – 1:30 PM: Machine Guarding. Elective. Peter LoConti Trainer.

1:30 PM – 2:30 AM: Lunch. (Provided)

2:30 PM – 3:30 PM: Ladder Safety & scaffolds. Optional. Peter LoConti. Trainer.

3:30 PM – 4:00 PM Break

4:00 PM – 5:00 PM: Lockout & Tag out. Optional Peter LoConti Trainer.

5:00 – 6:00 PM: Course review and test. Feedback on class, impression change of OSHA and, what they do for us? Benefits of OSHA today.

Day 2: 5 hours face to face. 1 hour lunch, 1 hour breaks.

**Class total: 6 hours Required topics. 2 Hours Elective topics. 3 Hours Optional Topics. 11 hours Total face to face training. (Review and test not included in that total.)**

