

State	Phone Number	Text/Website
Arizona	1-800-NEXT-STEP	NEXTSTEP to 53342
Arkansas	1-800-522-4700	N/A
Colorado	1-800-522-4700	Link
Connecticut	1-888-789-7777	N/A
Delaware	888-850-8888	302-438-8888
Illinois	1-800-GAMBLER	ILGAMB to 833234
Indiana	1-800-GAMBLER	INGAMB to 53342
Iowa	1-800-BETS-OFF	Link
Kansas	1-800-522-4700	Link
Kentucky	1-800-426-253	N/A
Louisiana	1-877-770-STOP	1-877-770-STOP
Maryland	1-800-GAMBLER	Link
Massachusetts	800-327-5050	Link
Michigan	1-800-GAMBLER	N/A
Mississippi	1-888-777-9696	N/A
Montana	1-888-900-9979	N/A
Nebraska	1-833-238-6837	N/A
Nevada	1-800-522-4700	N/A
New Jersey	1-800-GAMBLER	N/A
New Hampshire	603-724-1605	N/A
New Mexico	888-696-2440	N/A
New York	877-8-HOPENY	HOPENY
North Carolina	877.718.5543	53342
Ohio	800.589.9966	N/A
Ontario	1-866-531-2600	CONNEX to 247247
Oregon	1-877-695-4648	503-713-6000
Pennsylvania	1-800-GAMBLER	Link
Puerto Rico	1-800-981-0023	N/A
Rhode Island	1-877-942-6253	N/A
Tennessee	800-889-9789	800-889-9789
Virginia	1-800-GAMBLER	Link

Washington DC	1-800-522-4700	Link
Washington	1-800-547-6133	N/A
West Virginia	1-800-GAMBLER	1800Gambler.net
Wisconsin	800-426-2535	N/A
Wyoming	1-800-522-4700	1-800-522-4700