General Performance Details

~If you have an issue arise the morning of the competition, **CALL** Coach Beth at 262-333-0087.

Athlete Details

~Please have your child wear their full uniform:

Females: white long sleeve liner & plain black spandex shorts {must not extend past bottom of uniform skirt} or cheerleading short briefs under uniform green shell and skirt;

Males: uniform top with solid black shorts or athletic pants

All: white no-show socks and cheer shoes; trimmed, unpolished nails

~All jewelry should be taken off before arrival.

~Makeup is not necessary and is discouraged.

~Hair Details:

Twinkle, Blaze, & Dazzle Athletes:

Hair should be in a **HIGH** ponytail. If hair is too short for a ponytail, put the hair half-up in a **HIGH** pony.

Gleam & Radiance Athletes:

Hair should be in a **LOW** ponytail. If hair is too short for a ponytail, put the hair half-up in a **LOW** pony.

See graphic for reference. Ideally, have bangs pulled back. Coaches will have the athletes' bows.





Gleam. Radiance:



Short hair option...

~Please **remember to bring cheer shoes**! If you realize you have forgotten your child's shoes on the way to the performance/competition, please still bring your child so they can be on time for warm-up. We do have several extra pairs of shoes, but if we do not have a pair that fits, you will need to run home after dropping your child off to get their cheer shoes so they can perform. We cannot allow athletes to perform without proper shoes and if your child does not have her cheer shoes by the start of official warm-up, they may need to sit during the performance.

~Make sure your child **eats something** before they come since they will not be able to eat again until they are "in your hands" again. Please, no sugary treats/Starbucks drinks so we aren't having a sugar high and subsequent crash. Save those things for celebration after!

~Please have your child meet dressed, shoes on, and with hair done in their report time window at the indicated location. Please be on time so that there is no added stress. Warm-up time is limited and it is mandatory that the entire team be in attendance. If they arrive late to competition and miss our warmup time, they may not be permitted to perform.

~It is important that you drop off your athlete during the 10 minute report time so that a coach will be there. **If you arrive early, please remain outside in your car** until this time window begins.

~We ask that **parents keep ALL athlete belongings** with them after dropping off athletes, including street shoes, jackets, water bottles, etc. We will have small plastic water bottles labeled for each athlete for the day. If athletes have any necessary small items that need to be kept with them (ie. inhaler), please give it to one of their coaches and be sure to ask for it back following awards. Ideally, have your athlete put on their cheer shoes, take off their jacket, etc. in the car before entering through the team entrance. If absolutely necessary, one parent can come in for a moment to gather all athlete belongings. Please note that parents are NOT allowed to enter through Team entrances and must go around to the Spectator entrance after dropping off their athlete.

~We would like all athletes to sit in front of the mat for all other JCC performances within their same session. If they are not with their team already, you can just send your child down from the bleachers just before the performance and then they head right back up by you after. Just make sure the little ones know where you are sitting or of course, usher them down if you would feel more comfortable.

~Athletes are able to leave the competition site with their parents if there is ample time between JCC performances and/or awards. If we feel there is ample time, it will be made clear in specific emails for each performance. Athletes MUST be back on site and meet their team by the awards report time.

~Athletes must report to indicated location to meet their coaches/team before awards.

~All athletes are required to **stay in uniform** for the awards ceremony. We ask that the teams take a team photo together after awards, regardless of placement.

~Our ultimate goal is not which trophy we receive at the end of the day, but whether or not the athletes feel proud of what they accomplished together as a team!

Spectator Details

~A reminder of the Coach Communication policy in our Constitution:

Coach Communication

In the spirit of Christian-love and good sportsmanship, we ask that parents communicate with coaches in a non-confrontational, loving way. Please begin by reaching out to Program Administration via our jrchargercheer@gmail.com email or call/text our Head Coach. That way we have a record of your concerns and can address these in a considered and thought-out manner.

With a day-of event concern, we ask that you please reach out to Head Coach Beth Senfleben firstly (in-person or via text) as any program requirements (meeting times, athlete release procedure, etc.), were communicated by program admin and our Head Coach and are NOT dictated by our team coaching staff.

If communication is such that a coach feels cornered or approached in a hostile manner, we will be reaching out to the parent involved. If continued interactions occur (even if it spanned multiple seasons), a second occurrence may require an in-person meeting to discuss the situation. If sadly a third time occurs, we will be asking the athlete to discontinue participation in our program.

~Please be respectful of any specific venue policies that are shared (ie carry in policies). Let's let our light shine!

~Spectators are not allowed in Team Areas **for any reason**. Parents may not enter team areas to meet their athlete, take pictures, bring them food, etc. If you need to pass along something to your athlete, please text or call Coach Beth at 262-333-0087.

~It would be great if all our fans could sit together towards the center of the bleachers so the teams have some friendly faces to focus on! Please note that deeper into the sessions, the gym may become quite full and "good seats" may be at a premium so come early if you are particular about where you sit. • If you can wear your JCC gear or anything green/white/black, that would be fantastic!

~Your participation can greatly affect our scores-if the crowd is yelling along with our cheer and supporting the team throughout, the judges tend to feed off of this energy. Please fill the "dead space" between parts with some encouraging cheering! Let's show our Charger Pride!

~A reminder that you represent the JUNIOR CHARGER CHEER program and indirectly KMLHS. Display positive sportsmanship in the stands and during the drive home. Respect (this includes remaining seated during performances) and cheer for other teams. Our athletes can only emulate what they see from the coaching staff and parents, so let's strive to set a God-pleasing example!