

Supporting Families Through the 2025 Government Shutdown

Navigating Food Insecurity & Accessing SNAP Benefits

The federal government shutdown has disrupted SNAP (food stamp) benefits for millions of families. Here's what you need to know and where to find help in NYC. Food insecurity is a growing concern, especially for families with young children. NYC agencies and community partners are here to help.

What's Happening with SNAP

- **SNAP benefits will not be issued on November 1** due to lack of federal funding. Families may not receive their monthly food assistance until the shutdown ends.
- **Unused October benefits** remain available on your EBT card and can still be used.
- **Retroactive payments** may be issued once the government reopens.

Where to Get Food Assistance in NYC

Community Food Connection (CFC)

- Over 700 food pantries and kitchens citywide.
- Find one near you using the [Food Help NYC Map](#) or call **311**. [\[nyc.gov\]](https://nyc.gov)

New York Common Pantry

- Located at East 109th Street, Manhattan.
- Serving thousands of families weekly, including first-time visitors.

Nourish New York Program

- Distributes fresh farm products like milk, apples, and cheese to food banks and pantries.

DoorDash

- Waiving delivery fees for SNAP recipients in November.

Support for Families with Young Children

- **WIC (Women, Infants & Children)** benefits may also be affected. Check with your local WIC office for updates.
- **Governor Hochul's Emergency Plan** includes:
 - \$65 million in emergency food funding.
 - Free school meals and extra food sent home with students.
 - Diaper and newborn supply boxes for Medicaid-enrolled families.

Need Help Now?

- **Call 311** for food assistance locations.
- **Visit <https://access.nyc.gov/programs/snap/>** to check your SNAP status or apply.
- **Feeding America:** Find your local food bank at <https://www.feedingamerica.org/needhelp>. [[feedingamerica.org](https://www.feedingamerica.org/)]

You're Not Alone!

Resources for New York Residents

General Food Assistance

Feed America www.feedingamerica.org/neeol-help
 Feeding New York State www.feedingnys.org
 New York State Food and Hunger Alliance www.nysfoodasmedicine.org/
 NYC.gov Food Pantry www.nyc.gov/site/dycd/services/food_pantries.page

NYC Food Maps & Pantries

Food Bank for NYC www.foodbanknyc.org
 City Harvest Food Map www.cityharvest.foodmap
 The Food Pantries Map www.thefoodpantries.map
 NY Common Pantry www.nycommonpantry.org
 Crossroads NYC www.westchestercommunityhealthcenter.org