Race Results and Report for 'The Fellrunner

RACE: Brough Law **DATE: 17/03/2024**

COUNTY: Northumberland CATEGORY: AS/8km/400m CH/SHIP

Return to: David Weatherhead, 16 Birchlands Grove, Wilsden, Bradford, West Yorkshire, BD15 0HD..or..email: resultsfra@aol.com

RACE REPORT (400 words maximum please)

93 runners enjoyed good conditions, a bit soft underfoot in places, with many posting quicker times than last year. Northumberland Fell Runners secured three of the top four places overall. Chris Larkin, NFR, winner in 2020, was again first overall, 37:40 followed by Jonathan Graham, unattached, 39:43 and Michael Lumb, NFR, 40:55 . A big shoutout goes to V60 John Tollitt, Northumberland Fell Runners , who was only a minute outside his time from last year despite running for more the 6 hrs the day before in the 32 mile Tyne Bridges to Boundaries Ultra, very impressive!

In the women's race Nicola Duggan, unattached, was the first home in 47:39 more than a minute ahead of second place Jackie Murdy, South Shields, 48:59 and third place, Helen Heaney, North Shields Poly, 51:07.

A successful safe race, with special thanks once again to Jane Briggs as joint race organiser and to all of the volunteers, family and supporters for making it all possible. Thanks to the Northumberland National Park for the use of their office and facilities and especially to land owner Ross Wilson.

Proceeds of £470 were raised from the race and going to Northumberland National Park Mountain Rescue Team.

TOTAL NUMBER OF FINISHERS = 93 **Signed: Mike Steven RO** **Date: 21 March 2024**

RACE RESULTS

'POS. ' is the competitors category position. 'POS. O/A' is the competitor position in the race.

INDIVIDUALS – OVERALL (Please include any category and female counters in this list)

POS.	NAME	CATEGORY	CLUB	TIME/POINTS
1.	Chris Larkin	MSEN	Northumberland Fell Runners	37:40
2.	Jonathan Graham	M40	Unattached	39:43
3.	Michael Lumb	MSEN	Northumberland Fell Runners	40:55
4.	Joe Stringer	MSEN	Northumberland Fell Runners	41:02
5.	Andrew Armin	MSEN	Saltwell	41:03
6.	John Butters	M40	Morpeth Harriers	42:35
7.	Will Lloyd	MSEN	Tynedale	42:55
8.	Mark Duggan	MSEN	Unattached	43:36
9.	Tom Hamilton	MSEN	Elvet Striders	43:37
10.	Stephen Smithies	M50	Calder Valley	44:02

INDIVIDUALS – M40 Category (MEN VETERANS O/40 CATEGORY) This list may duplicate positions in the 'Individuals - Overall' above

POS.	POS. O/A	NAME	CATEGORY	CLUB	TIME/POINTS
1.	2	Jonathan Graham	M40	Unattached	39:43
2.	6	John Butters	M40	Morpeth Harriers	42:35
3.	11	Roger Sillito	M40	Northumberland Fell Runners	44:27

INDIVIDUALS – M50 Category (MEN VETERANS O/50 CATEGORY) This list may duplicate positions in the 'Individuals - Overall' above

1.	10	Stephen Smithies	M50	Calder Valley	44:02
2.	13	Phil Vincent	M50	Tynedale	44:44
3.	19	Vaughan Hemy	M50	North Shields Poly	47:19

INDIVIDUALS – M60 Category (MEN VETERANS O/60 CATEGORY) This list may duplicate positions in the 'Individuals - Overall' above

1.	54	Paul Doxford	M60	South Shields	55:50

2.	59	Andrew Squires	M60	Alnwick	56:32
3.	60	John Tollitt	M60	Northumberland Fell Runners	56:53

INDIVIDUALS – M70 Category (MEN VETERANS O/70 CATEGORY) This list may duplicate positions in the 'Individuals - Overall' above

1.	89	Ian Holland	M70	North Shields Poly	67:43

INDIVIDUALS – MU23/MU21/MU18 Category This list may duplicate positions in the 'Individuals - Overall' above

1.	18	Thomas Brownsort	MU23	Unattached	46:40
2.	29	Joshua Nicholson	MU23	Unattached	49:27
3.	50	Robert Abel	MU23	Unattached	54:26

FEMALE INDIVIDUALS – F (Please include any category counters in this list)

POS.	POS. O/A	NAME	CATEGORY	CLUB	TIME/POINTS
1.	23	Nicola Duggan	WSEN	Unattached	47:39
2.	28	Jackie Murdy	W50	South Shields	48:59
3.	36	Helen Heaney	W40	North Shields Poly	51:07
4.	40	Fran Dembele	W40	South Shields	51:50
5.	48	Robyn Bennett	WSEN	Morpeth Harriers	53:54
6.	51	April Gladwin	WSEN	Unattached	54:42
7.	52	Lilia Purvis	WU21	Alnwick	55:17
8.	56	Nina Cameron	W50	Northumberland Fell Runners	56:06
9.	57	Kellie Campbell	W40	South Shields	56:13
10.	58	Claire Bagness	W60	Northumberland Fell Runners	56:29

INDIVIDUALS – F40 Category (WOMEN VETERANS O/40 CATEGORY) This list may duplicate positions in the 'Female Individuals' above

1.	36	Helen Heaney	W40	North Shields Poly	51:07
2.	40	Fran Dembele	W40	South Shields	51:50
3.	57	Kellie Campbell	W40	South Shields	56:13

INDIVIDUALS – F50 Category (WOMEN VETERANS O/50 CATEGORY) This list may duplicate positions in the 'Female Individuals' above

1.	28	Jackie Murdy	W50	South Shields	48:59
2.	56	Nina Cameron	W50	Northumberland Fell Runners	56:06
3.	70	Caroline Harding	W50	Pudsey And Bramley	61:39

INDIVIDUALS – F60 Category (WOMEN VETERANS O/60 CATEGORY) This list may duplicate positions in the 'Female Individuals' above

1.	58	Claire Bagness	W60	Northumberland Fell Runners	56:29
2	69	Gwenda Cavill	W60	Northumberland Fell Runners	61:34
3	74	Carol Cervanal	W60	Unattached	63:00

INDIVIDUALS – WU23/WU21/WU18 Category This list may duplicate positions in the 'Individuals - Overall' above

1.	52	Lilia Purvis	WU21	Alnwick	55:17

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