

Degrees:

B.A. Anthropology, Sociology, Psychology; Minor in Spanish
College of Idaho 1995

Certificates and Licensing:

Ordained- 2 year program (1998)
Cosmetology (2001)
Reiki 1,2,3 Mastery (2015)
Native American energy work (2015)
Teaching foreign language- TEFL (2016)
Applied Kinesiology/Muscle Testing

Shamanic Teachings**Four Winds Dr. Alberto Villoldo:**

Shaman Master Class
Shaman's Way of Healing
Shamans Reading the Signs of Destiny
The Deathless Elixir of Immortality- (w/ Bob Thurman)
Follow Your Soul Calling
7 Heavens Masterclass
Time Masters, the Practice of Infinity
Healing the Dark Side
Wheels of Light
Shamanic Journeying
Courageous Dreaming

Sandra Ingerman, MA, Shaman:

Find Your Helping Spirits With Shamanic Journeying-
Explore Death as a Rite of Passage with Shamanic Wisdom

Shamanic Breathwork- Star Wolf
Spirit Medicine and Breathwork- weekend live workshop
Tibetan Shamanism Studies- College of Idaho
Discovering the Psychology of the Future:
 New Approaches for Self-Exploration & Healing- Stan Grov
Ceremonial Cacao from OraCacao
13 Moons of Wisdom Masterclass- Marcela Lobos

Spiritual Teachings from Universoul Foundations

The entire program

EarthKeepers Summits:

A Global Gathering of Minds 2022

Ancestral Healing 2023

Conscious Life Super Conferences 2023:

Relationships for life

Healing Toxic Relationships

Trauma Conference

Heart of Nature Summit 2024

Conscious Life Super Conferences 2024:

Decode Your Trauma -Alex Howard

Decode Your Attachment Style- Alex Howard

Trauma Super Conference

Living a Joyful Life Summit 2024

MindClear Coaching:

Boundary Rehab Mastery (student and assistant for class, several times)

Thrive- CAMO (assistant for class, several times)

Mindclearing training: 2018-present

Valentina BalanceKeeper:

Family Tree Healing

Moon and Women

Women's Rituals

Dendrotherapy (Tree Magic)

Cutting Energetic Cords

Other:

Fairy and Elemental Workshop- Divine Clarity Kristel Kernaghan

EFT tapping- Laura Carroll

Experience High Speed Healing- Debora Wayne

The Wisdom Codes Masterclass- Gregg Braden

Your Business is Energy- Soul Matrix

Human Garage A Global Fascial Movement

Reflexology- feet

Medicine woman studies

Meridians and energy flow

Advanced energy healing techniques

Water Massage (Watsu)

AromaTouch

Chakra clearing

Soul Coaching

Jin Shin Jyutsu basics

Ceremonial Cacao 101 Course by Ora Cacao