



## Meridian District #15 Curriculum Map

**Teacher Name:**  
**Grade:9th/10th**  
**Subject Area: Health**



| Month             | Topic/Content               | Skill                                              | Standard                                                            | Instruction/Resources                                                           | Assessments                                            |
|-------------------|-----------------------------|----------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------|
| August/September  | Intro to Health             | *Risk Behaviors<br>*Goal Setting                   | State Goals:<br>22.A.4b<br>23.A.4a<br>23. D.4a                      | * Scaffolded Notes                                                              | * Health Interview<br>* Participation<br>* Test        |
| September/October | Health and Wellness         | *Mental and Emotional Health                       | State Goals:<br>23. D.4a<br>24.A.4a<br>24.A.4b                      | * Scaffolded Notes<br>* Inside Out 2                                            | *Maslow's Hierarchy Project                            |
| October           | Truth about Drugs           | * Lifestyle choices                                | State Goals:<br>22.A.3a<br>22.A.3b<br>23.B.3a<br>24.B.3a<br>24.C.3a | * Truth about marijuana documentary<br>* Class Discussion<br>* Scaffolded Notes | *Red Ribbon Week theme/Poster<br>* 3-2-1 Notes         |
| November          | Nutrition                   | *Lifestyle choices<br>*Dietary Choices/Health      | State Goals:<br>22.A.4b<br>23.A.4a<br>23.B.4a                       | * Scaffolded Notes<br>*Nutritional Label Reading                                | *What's in a food<br>*Food Diary                       |
| November          | Common Communicable Disease | * How are disease spread<br>*Prevention of Disease | State Goals:<br>22.A.4a<br>22.A.4b<br>23.A.4a                       | * Scaffolded Notes<br>*Class Discussion                                         | *PreTest<br>*Post Test<br>*Can you find the contagion? |
| December          | Reproductive Health         | *Relationships<br>*Reproductive Health             | State Goals:<br>22.A.4a                                             | *Scaffolded Notes<br>*Guided Instruction                                        | *PreTest<br>*Post Test                                 |

|          |                             |                                                    |                                                                     |                                                                                 |                                                        |
|----------|-----------------------------|----------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------|
|          |                             |                                                    | 22.A.4b<br>23.A.4a<br>24.A.4b                                       |                                                                                 |                                                        |
| January  | Intro to Health             | *Risk Behaviors<br>*Goal Setting                   | State Goals:<br>22.A.4b<br>23.A.4a<br>23. D.4a                      | * Scaffolded Notes                                                              | * Health Interview<br>* Participation<br>* Test        |
| February | Health and Wellness         | *Mental and Emotional Health                       | State Goals:<br>23. D.4a<br>24.A.4a<br>24.A.4b                      | * Scaffolded Notes<br>* Inside Out 2                                            | *Maslow's Hierarchy Project                            |
| February | Truth about Drugs           | * Lifestyle choices                                | State Goals:<br>22.A.3a<br>22.A.3b<br>23.B.3a<br>24.B.3a<br>24.C.3a | * Truth about marijuana documentary<br>* Class Discussion<br>* Scaffolded Notes | *Red Ribbon Week theme/Poster<br>* 3-2-1 Notes         |
| March    | Nutrition                   | *Lifestyle choices<br>*Dietary Choices/Health      | State Goals:<br>22.A.4b<br>23.A.4a<br>23.B.4a                       | * Scaffolded Notes<br>*Nutritional Label Reading                                | *What's in a food<br>*Food Diary                       |
| April    | Common Communicable Disease | * How are disease spread<br>*Prevention of Disease | State Goals:<br>22.A.4a<br>22.A.4b<br>23.A.4a                       | * Scaffolded Notes<br>*Class Discussion                                         | *PreTest<br>*Post Test<br>*Can you find the contagion? |
| May      | Reproductive Health         | *Relationships<br>*Reproductive Health             | State Goals:<br>22.A.4a<br>22.A.4b<br>23.A.4a<br>24.A.4b            | *Scaffolded Notes<br>*Guided Instruction                                        | *PreTest<br>*Post Test                                 |