

The Practice of Eucharist

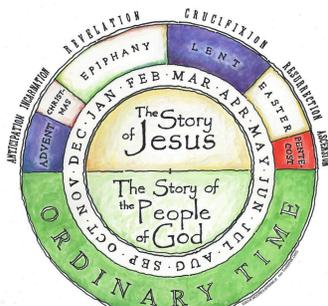
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Choteau St. - Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, January 5
Epiphany

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



EPIPHANY SERMON OUTLINE:

Vision sermon – 1 John 3:16-18

What questions should we continually ask ourselves?

What would you say it means to be the church?

What makes church so hard and difficult?

Why are you a member of this church family?

What are some things we can about church?

What are some scripture verses we should look at in helping us answer this?

How do we live out God’s mission of the church?

LOVE

TRUTH

TOGETHER

ACTION



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Warm Hearts Donations

All January, we with many other churches in town are participating in a new blanket and towel drive to give to the poor. Drop items off any time in the **big pink box** in the foyer. We will then donate these items to God's Love, YWCA, Family Promise, RMDC, Friendship Center and others on Valentines Day.

Headwaters Annual Meeting

HCC annual meeting will be **Sunday, January 5 following** the worship service we will begin at 11:15 am. Please pray and look over the 2025 budget. We will also be voting on new Leadership Team Members. We will follow our meeting together with a potluck. Thanks for all of your participation and faithfulness as we journey together in Love Truth and Action Together!

Alpha Course: Winter Life Together Study

Alpha will be our content for Life Together Groups this the winter. Alpha helps create a space for honest conversation around some of life's biggest questions.

It's designed to provide an opportunity to connect with one another and to share thoughts, ideas, and opinions in a safe and caring environment. Alpha helps bring people together while providing the chance to encounter Jesus.

Join us for Life Together beginning **Wednesday, January 8.**

Grief Share

Grief Share support group is a safe, welcoming place where people understand the difficult emotions of grief. At this 13-week group, you'll receive valuable guidance and tips, leading you to relief, comfort and peace of mind.

Sign up @ griefshare.org/findagroup

Sundays, January 12 - March 30 from 3:00-5:00pm @ Headwaters

Church Center App

Scan this QR code to download the Church Center App for church directory, listen to sermons and confirm volunteer opportunities!

<https://headwaterscovenant.churchcenter.com/home>



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Headwaters Membership Class

At the center of the universe is the relationship between – Father, Son and Holy Spirit. By this relationship and for this relationship we were created. In this membership/inquirers class we will dialogue about this relationship, as well as our relationships in which we each collectively and individually share as a part of Headwaters.

Saturday, February, 1 @ Headwaters: 9:00am-1:00pm

(Lunch is provided, let Pastor Seth know if you are planning on coming)

Children’s Church

Children's Church is every other week for kid’s preschool-5th grade. We would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052 – Next Children’s Church Sunday, January 5th.

Men’s Bible Study

When: Join us Thursdays @ 6:30am

Where: St. Pete's Health Cafeteria (Free Coffee!)

The Study: We are working through Ecclesiastes

Men’s and Women’s Prayer Times

The most important and powerful thing we can do together is to pray.

So come join us as we pray together:

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

(If you can’t make it for prayer please text or email Pastor Seth with requests)

Online Tithes

Thank you so much for your outrageous generosity!

We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



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	Jan-Feb	Mar-April	May-June	July-Aug.	Sep-Oct.	Nov.
Budget –	\$22,360	\$22,360	\$26,360	\$26,360	\$26,30	\$13,180
Tithes –	\$19,974	\$20,743	\$22,791	\$25,740	\$25,775	\$13,755
Over/(Under)	(\$2,368)	(\$1,607)	(\$3,569)	(\$620)	(\$576)	\$575

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Wednesday Night Bible Study and Fellowship for all ages

- 6:00-6:30pm **Dinner Together in Fellowship Room**
6:30-6:45pm **Games in the Gym for Everyone**
6:45-7:45pm **Discipleship Groups**
- Pre-K-5th Grade Bible Study
 - 6th-12th Grade Bible Study
 - Adult Bible Study (meet one week and serve on the off week)
- 7:45-8:00pm **Worship in the Sanctuary for Everyone**

Wednesday Winter Schedule

- Jan. 1:** Bring a snack to share & a favorite board game for a night of family fun!
Jan. 8-Feb. 26: Regular Life Together
March 5: Ash Wednesday Service for the whole family
March 12-April 9: Regular Life Together
April 18: Good Friday Service for the whole family
April 23- May 14: Regular Life Together
*More special nights TBD

Adult Bible Study

This winter we'll be going through Alpha Course! Read the description in the announcements.

Youth Bible Study

Youth will also be going through the Alpha Course with their own designed curriculum. This is a great opportunity to invite your friends and wrestle through some of life's biggest questions together.

Pre-K – 5th Grade Bible Study

Knowing who God is helps us to have an everyday relationship with Him! In Children's Church this winter, kids will learn more about the character of God.



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