



## Testimonials

*Every animal has a story, a healing journey, and I am blessed to be part of that healing journey for many amazing animals. Here are just some of those stories....*

### *Meet Griffin:*

"In 2018, my dog (Griffin), wasn't his usual playful, happy self. My older dog, Jasper, had died a few months before and we added a pup to the family. Griffin wasn't interested in playing with Brody or any of the dogs at the dog park. My friend recommended taking him to Amy's animal massage and reiki to see if she could help. I knew reiki could help with pain, but didn't know if it could help with emotions. I was willing to give it a try because he was so unhappy. After one session, I could see a difference in him. He didn't look so worried and wanted to play. After a couple more sessions, he was totally back to feeling good. Amy can give your animals the physical and emotional help they need." -- Laurie, WI Rapids



### *Meet Gilligan:*

*Gilligan was a special-needs rescue due to multiple joint issues.*

"My dog Gilligan has hip dysplasia and luxating patella. He just turned 3, and has already had one surgery on his left leg, so I didn't want to go down that road again when he began walking on 3 legs. I decided to try Amy, and after the first session he began putting weight on his left leg. He has had 3 sessions, and at times walks with a



limp, but he walks normally 80% of the time, is now playing with my other dogs and running. Gilligan enjoys Amy, and is ready to hit the road every time I mention her name. I know that he will need Amy for the rest of his life, but the results have been amazing. I am so pleased with the results of Reiki and massage that I have been recommending her to all of my friends.” -- Mary Molski

### *Meet Finn:*

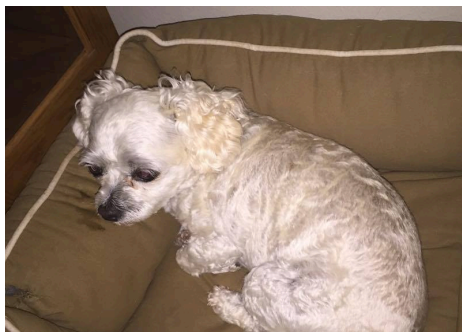
“Our little 3.5 lb Yorkie, Finn, had a corneal abrasion that went bad... ended up with a ruptured eye and had to have it enucleated (removed). He was in extreme pain the night before the surgery. I reached out to Amy hoping she would be able to help Finn... (with a) distance Reiki session in preparation for his surgery the next morning. Amy did a pre-op distance session the night before his surgery and Finn slept very well. He had to stay at the hospital the night of his surgery and came home the next morning. Amy then did a follow up post op distance Reiki session the night Finn came home and he again slept very well without having pain. The vet told us to expect a lot of swelling around the eye that was removed. Two days after his surgery we took Finn to an in-person session with Amy. She was able to help him to clear some of his tension he was holding in his shoulder blades, settle his upset stomach, and the negative energy in his head from the anesthesia and his surgery. Finn had a flawless recovery!! He was back to playing with his squeaky toys and being himself just a day after surgery! He was so much more relaxed and well-balanced after the Reiki sessions! This is a true testament to how Reiki can benefit animals by preparing their body through the pre and post-op surgery process to decrease the pain, anxiety, post-op complications, and help with healing for a quicker recovery! Finn never had any swelling around the surgical area or incision where that eye was removed. He healed without any problems! Thanks, Auntie Amy, for helping our furry family! We are so grateful for you and your talent and healing hands with Reiki” -- Lisa Marquardt, Finn’s mom



### *Meet Maxx:*

“Our boy, Maxx, came to see Amy the first time after a bad kayak accident. He was trapped under the overturned kayak and really hurt his back. The vet told us we just needed to keep him medicated and hope for the swelling to go down. After 2 wks with little improvement, we came to see Amy. After 1 session he was exhausted and slept like a rock and the next morning we had our boy back.”

“Not just back, but better than ever. After a second session he had a calmness and sense of confidence that we had never seen in him before. Even his storm anxiety that he had all his life went away.”



“He still has occasional flare ups of his back, but a few follow up sessions and he’s right as rain again. I can’t explain what goes on here, but it definitely works!” --Steve Warren, Weston, WI

*Maxx, taking his “Reiki nap” and*

*recharging after a session.*

### *Meet Cavie:*

*Handsome Cavie, in for his session at Massage Day at The Companion Shop.*

"I have been taking my 10-year-old beagle to Amy's Animal Massage and Reiki monthly for over a year. I have noticed within that time that Cavie is more limber and flexible. He works very hard during the sessions and I believe he is healthier and happier because of them. He loves seeing Amy and truly enjoys his sessions." -- Sally Cayan, Cavie's mom



### *Meet Lily and Red:*

"Over the past year or so, Amy has done wonders for our two dogs, Red and Lily. We originally came for Lily's arthritis, and then Red discovered the sessions helpful as well. Both dogs are much more flexible and mobile after the visit with Amy. It's certainly noticeable when it's been more than a few weeks, and the benefits seem to last for several days. Our dogs love coming in for a visit - Amy is the best!" -- Nathan Rodriguez, Lily and Red's dad

### *Meet Tia*

"Our 14 1/2-year-old Australian Shepherd, Tia, has had pain with arthritis in her spine, hips, knees, and had medical problems with recurrent acute vestibular disease caused by inner ear infections that caused her to fall often due to being off balance. We reached out to Amy to see if she could help Tia.

"Amy worked with Tia in person and also distance Reiki sessions to help her regain her balance and clear the negative energy out of her head and restore overall balance. Amy also worked in the sessions to decrease Tia's pain in her joints and spine after she had fallen several times due to being off balance from the inner ear infections and vestibular disease.

"Tia always slept well after the sessions with Amy and continued to improve with every Reiki session. Tia's ear infections and the vestibular disease healed and Tia is no longer falling! She is much more relaxed, comfortable, and is able to play with her other furry siblings once again!

"Thank you Amy for your healing hands and Reiki!"



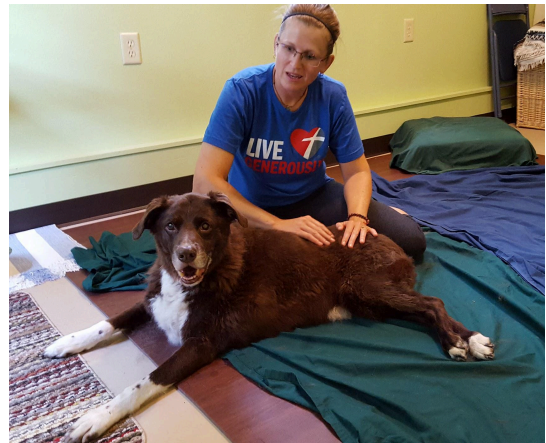


-- Lisa Marquardt, Tia's mom

### *Meet Frodo:*

"I am owned by a Chocolate Labrador/ Spaniel mix rescue dog named Frodo who just turned 15 years old this past May. I adopted him when he was 7 months old but the abuse he received from humans was apparent. Frodo suffers from many mental health and physical health issues due to the abuse and his genetics. Along with anxiety, he was diagnosed has hip dysplasia and OCD which stands for osteochondritis dissecans, a painful joint disease that affects shoulders, elbows, and knees. As he has aged, these conditions are becoming worse. His right hip is starting to turn in which is causing him to walk on his toes. This causes his balance to be off guard and he will turn in a circle and fall down. Due to lack of strength in his back left leg he is unable to move it out from underneath him and get himself back up to stand. I have found after a session of Reiki/Massage, Frodo appears to be more balanced emotionally and physically. He is able to get up on his own more. He is able to keep his right foot from rolling under minimizing his walking on those toes. He is also able to get up the stairs better and sometimes on his own. Frodo loves to swim when we go to Eagle River and stay at the cabin. He always seems to overdo it despite his age and I want him to do things that he enjoys. After a session of Reiki/Massage, Frodo is not so stiff and is able to maneuver around better. Due to his physical balancing, my puppy who has suffered many stomach issues also has better digestion and can eat his food with minimal difficulties. When you have a geriatric dog any eating is good eating. Emotionally after a session, my high anxiety dog appears to be relaxed and has a better night sleep. Due to the abuse that he has suffered in the past he can be a little leery of other humans and how they will treat him. But he simple adores Amy and has full trust in her. He will cuddle up next to her and allow her to work her magic. I would fully recommend anyone who is owned by a dog with physical/emotional needs and especially a senior dog to have their dog have a session of Reiki/Massage. The benefits are substantial for your friend's well-being."

~Ellen Kulas- Manitowoc WI



*Frodo, in for a rare in-person session. Most of Frodo's sessions were distance Reiki (sending Reiki energy over long-distance), which were just as helpful as in-person sessions, but I loved getting my hands on him when I could!*



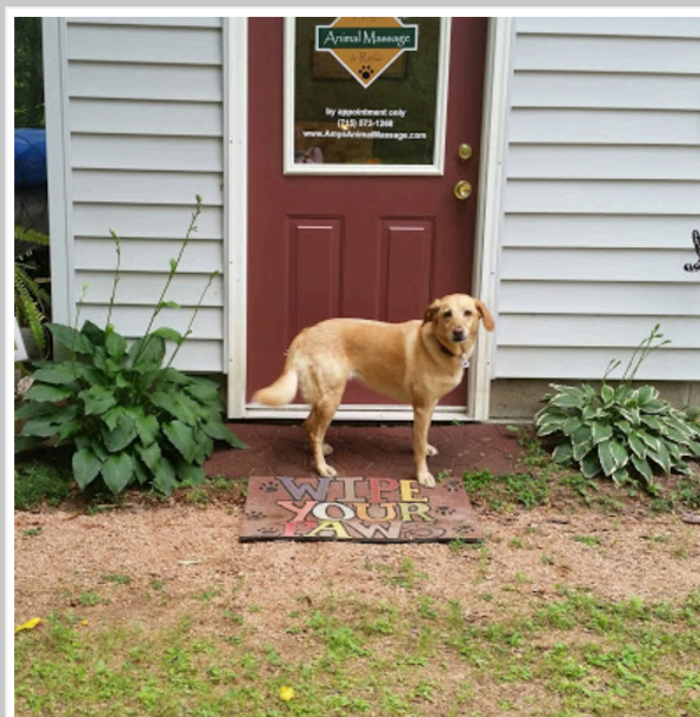
## Meet Charlie:

Charlie's mom has a blog, *Hiking with Heather*. After Charlie's wonderful turnaround, Heather decided to blog about it. Here's what she had to say:



Wednesday, July 12, 2017

## Charlie Gets Reiki



Charlie waiting for her final Reiki session.

I have been at the [end of my rope with Charlie's reactivity issues lately](#) and decided to try something "out of the box"... Reiki. Charlie had her first treatment at the end of June, just a few days before the big 4th of July weekend and fireworks extravaganza, which seemed like good timing based on her fear of loud noises.

Her first session at [Amy's Animal Massage & Reiki](#), went extremely well. When we arrived, Amy gave Charlie time to go potty and explore the treatment room until she was ready to start "working." Amy began by doing distance Reiki and eventually Charlie came over to her voluntarily to do the hands-on treatment.

It was amazing watching the process of energy transfer. Charlie's face visibly softened as she stared off into space. A sense of calm seemed to wash over her. She treated Amy as if she'd known her forever and instead of trying to instigate playtime, like she usually does with new people, she seemed to understand what we were there for and she soaked up the energy, aligning and venting her chakras.

After the session, Charlie "zoned out" on the way home and pretty much fell asleep as soon as we got home (Amy referred to this as a Reiki nap). She was exhausted, but in a good way. The following day she was so zen! She meandered around the house with this "hey, everything is cool" attitude. Nothing seemed to bother her, or if it did, it was only temporary and then she went back into her mellow zone.

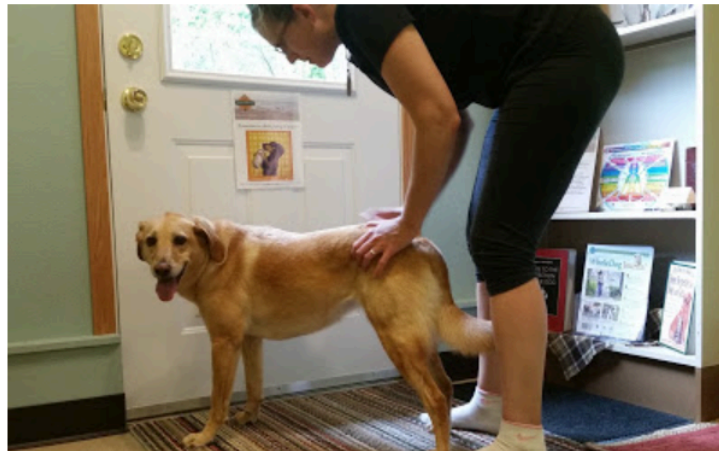


*Charlie's "Reiki Nap"*

The 4th of July weekend was tough though. I had to close all the windows in the house and turn on the t.v. at a louder volume to drown out the scary noises exploding throughout the neighborhood. It was a long weekend.

But Charlie had two more weekly Reiki sessions with Amy after that and those helped get her energy back in line. She was so excited to see Amy at the second session that she was squealing and squirming to get out of the car and run over to her before I had even parked.

We just finished up the last session yesterday. Charlie had a hard time concentrating at this last appointment and although she was obviously comfortable being there, she seemed to want to play and be outside more than anything... which was actually a good thing! The first time we went to Amy's, Charlie was so fearful that she ran from the car to the house, trembling against the door waiting to get inside. Her fearfulness has abated enough by this third session that she felt comfortable exploring Amy's yard and trying to initiate playtime. This is success.



I've begun taking 5am walks with Charlie, when our neighborhood is quiet, to avoid noise triggers. This will hopefully improve her confidence and eventually we'll work up to going on some hikes again. As long as I can keep unexpected noise triggers to a minimum, I think we'll be good to go!

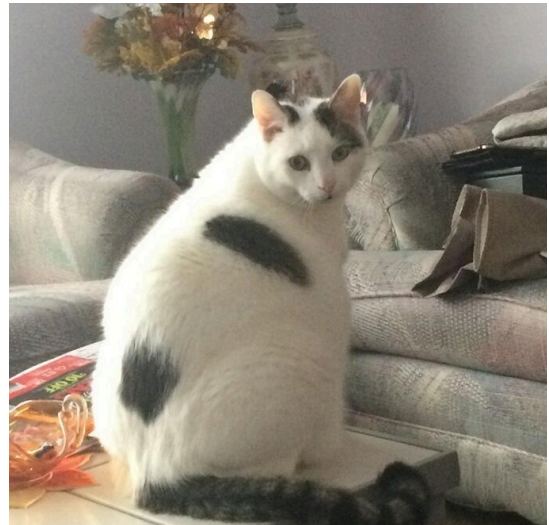
Overall, I was on the fence as to whether I believed in this type of treatment, but now I'm a believer. I saw it happening before my own eyes. I know my dog and I saw a transformation. Charlie's behavior with Amy was unlike anything I have ever seen with her before. And although the results after the second and third sessions were less noticeable than the first one, I think this was a great experience for Charlie. I'm such a believer now, I'm thinking about signing myself up for a Reiki session soon!

*\*Note: All opinions and viewpoints above are my own. I did not receive any free services in exchange for my testimonial. Always consult with your veterinarian regarding behavior issues with your pet to determine the best treatment options.*



### *Meet Marzipan:*

"After becoming ill and spending a week in the hospital, my cat Marzipan was agitated and restless once he came home. Amy did a Distance Reiki session with him and the results were incredible! Immediately after, Marzipan started sleeping restfully and appeared more comfortable. Amy told me about issue's she sensed during the session and they corresponded directly to what I had been seeing here at home, but had never told her about! I am so appreciative of Amy's skills. She has definitely helped to improve Marzipan's quality of life and I would highly recommend her services." --Jennifer Fjelsted



### *Meet Sadie the Cow:*

*Sadie had a difficult delivery on her first calf and could not get up. Since transporting a cow to my location is impractical in many ways, distance Reiki was a helpful option.*

"Amy is excellent at comforting the animal owner as well as healing the animal. I would recommend her for any animal challenge whether it be: emotional or physical healing. She is a great communicator and will help you clearly understand the healing process."

"On May 20, 2018 Sadie had her first calf. The calf had a hard time birthing and Sadie ended up with nerve damage. My family knew from over 50 years of farming experience that a traditional vet had not previously been able to help a cow in this scenario. Out of desperation and determination to seek help for Sadie, I emailed a picture of Sadie to Amy. I had tried all that I knew at that point in massaging Sadie for hours with anti-inflammatory oils all over her spine and hind quarters. In the picture, she was well massaged with oil but still could not stand up."



"It was heartbreaking to see her in this way and it was a helpless feeling to not know how to help her. From experience it was also known that the longer that her heavy body laid on her legs, the less likely that she could get up and survive."

"When Amy received the email the next day, she and I met. She listened and looked at Sadie's picture. Then she kindly sent me to the farm with some essential oils and instructions on what to do to try helping Sadie. With an open mind and heart, I was willing to do anything to help Sadie at this point."

"By the next day, my husband was able to get help to physically move Sadie outside of the birthing pen so that Sadie was closer to the earth. Again, while I was at the farm encouraging Sadie to heal and using the technique that Amy asked me to try, Amy was doing distant Reiki as well."



(Note from Amy: I performed distance Reiki 2 evenings in a row, while Denise performed the Touch massage and used the oils as I showed her.)

"On the early morning of May 23<sup>rd</sup>, Sadie was standing up looking at us when we arrived. She seemed very calm and grateful when I groomed her that day. 😊 What a relief."

"As of 3/26/2019 Sadie is still doing very well. Thank you Amy!" -- Denise Hilgart