Wheaton Warrenville South High School Cross Country 2018

Practice Schedule

Week #9
October 1st to October 6th

<u>Full Season Calendar</u> <u>Wheaton Weather</u>

Monday, October 1st

Location - <u>WWS Back Circle</u> 2:45-5:15 - Practice

Tuesday, October 2nd

Location - <u>WWS Back Circle</u>
2:30-4:00 - Practice
2:30 - Yoga in the Dance Room
Uniform and sweat adjustments if needed

Wednesday, October 3rd

Location - <u>WWS Back Circle</u>
2:30 - Bus TIme (Door 30)

Naperville North/New Balance Twilight Invitational, Naperville North High School, Naperville

Meet Information

Thursday, October 4th

Location - <u>WWS Back Circle</u> 2:45-5:15 - Practice

friday, October 5th

Location - <u>WWS Back Circle</u> 2:30-5:00 - Practice

Saturday, October 6th

Location - Blackwell Forest Preserve
Move to WWS due to Weather
7:00-9:30 - Practice

