

# MT BACHELOR NORDIC CUP

## 2026

Hosted by Spokane Nordic in cooperation with MBSEF

Presented by:



**Race Registration CLOSES Wednesday, Feb 11th at NOON.**

<https://www.skireg.com/spokane-nordic-cup>

**No Late Registrations for the Mt. Bachelor NORDIC CUP.**

### **Race Organization:**

Kevin Perkey, MBSEF Executive Director  
Reitler Hodgert, MBSEF Nordic Director  
Jake Egelhoff, Chief of Competition  
Jan Nygard, Technical Delegate  
Mike Burns, Assistant TD

Chuck Thomas, Chief of Stadium  
John Millslagle, Chief of Course  
Tom Rodhouse, Chief of Timing  
Colin Quinn-Hurst, Chief of Information  
Andrea Shockey, Race Coordinator

### **Race Jury:**

Jake Egelhoff (Chief of Competition)  
Jan Nygard (TD)  
Mike Burns (Assistant TD)

## Weather

[Mt. Bachelor Conditions:](http://www.mtbachelor.com) [www.mtbachelor.com](http://www.mtbachelor.com)

[NOAA Weather:](http://noaa.gov) [noaa.gov](http://noaa.gov)

## Medical

- Mt. Bachelor Ski Patrol Emergency Number (in case of injury): 541-693-0911
- Mt. Bachelor Ski Patrol Non-Emergency Number (in case of hazards or concerns): 541-693-0918
- The Nordic Ski Patrol Office is in the basement level of the Nordic Center, but it is better to call the dispatch numbers above so they can radio to patrollers.
- A ski patroller will be in the stadium from 9 am - 12pm.
- St. Charles operates a Mountain Clinic located in the (alpine) ski patrol building near the West Village area. Providers from St. Charles Urgent Care clinics will staff the St. Charles Mountain Clinic Fridays through Sundays and during holidays.

## Schedule: . \*Subject to change

### Friday, Feb 13th- Course Inspection/TCM

- 10 AM, Courses open for inspection. Gear shuttle by pre-arrangement with COC-email at [jake@mbsef.org](mailto:jake@mbsef.org)
- Team Captain Meeting at 7:00 pm. Due to conflicts at MBSEF, the meeting will be over Zoom. Please email [jake@mbsef.org](mailto:jake@mbsef.org) if you haven't gotten an invite

### Saturday, Feb 14th – 5k Interval Classic

7 AM: Snowmobile Shuttle for Team Equipment, **First Shuttle**  
7:20: Snowmobile Shuttle for Team Equipment, **Second Shuttle**  
7:30 AM Course open for inspection  
7:40 Snowmobile Shuttle for Team Equipment, **Last Shuttle**  
7:45-8:30 Team Bib Pick Up in the lower level of the Nordic Lodge  
\*See your coach for your bib

### NRL Race:

8:55 AM: Course close. Only coaches (with a bib) and officials can move on the course.  
9:00 AM: Male U16+ 5k Interval Start  
10:00AM: Female U16+ 5k Interval Start  
11:00AM: Open 5k Mass Start  
11:05AM: Male U14 2.5k Mass Start  
11:10AM: Female U14 2.5k Mass Start  
11:15AM: Male U12, U10 1.8k Mass Start  
11:20AM: Female U12, U10 1.8k Mass Start  
11:25AM: Para-Skiers 1.5k Mass Start

Awards for NRL races on **Sunday** at MBSEF Bill Healy Training Center, 1:30 pm  
2:00-5:00PM: Waxroom open for traveling teams at MBSEF

### Sunday, Feb 15th – 7.5k Mass Start Classic

7:00 AM: Snowmobile Shuttle for Team Equipment, if needed  
7:30 AM: Course opens for inspection.  
7:45-8:30 Team Bib Pick Up in the lower level of the Nordic Lodge  
\*See your coach for your bib

### NRL races:

8:55 AM: Course closes. Only coaches (in bib) and officials can move on the course.

9:00AM: Female U16+ 8k Mass Start  
10:00AM: Male U16+ 8k Mass Start  
11:00AM: Open 8k Mass Start  
11:05AM: Female U14 3.3k Mass Start  
11:10AM: Male U14 3.3k Mass Start  
11:15AM: Female U12, U10 3.6k Mass Start  
11:20AM: Male U12, U10 3.6k Mass Start  
11:25AM: Para-Skiers Mass Start  
1:30 PM: Awards for NRL races on **Sunday** at MBSEF Bill Healy Training Center, 2765 NW Lolo Drive, Bend OR 97703

Courses may open between races if there is adequate time to do so.

## Trail Passes:

**Racers:** Trail passes will be included with race registration. Racers will **NOT** need to buy a trail pass at the Nordic Lodge. Prior to the race weekend, comp code(s) will be emailed to the registered racer (or parent). This will allow you to redeem for a Friday, Saturday, and Sunday trail pass. This will also take you through the Mt Bachelor waiver process.

**Spectators:** Mt. Bachelor requires a trail pass for anyone who is not already a season pass holder. If you plan to spectate on skis, a Mt. Bachelor Nordic Center trail pass can be purchased at the Nordic Lodge for a reduced rate of \$25 for adults (age 19-64) and \$16 for youth (under 18) and seniors (65+).

**Coaches:** USSS Licensed Coaches who have a coaching bib will receive a trail pass for Friday, Saturday and Sunday.

**All racers, spectators and volunteers must be on skis on the trail network with the exception of the team tent area next to the stadium, and volunteers working stadium jobs. Walking on the trails is not allowed.**

## Nordic Cafe:

The Nordic Lodge will be offering a Race Day Lunch Special again this year! Feel free to stop in for a cup of soup or chili served with a roll or crackers for only \$8.00! This special applies to racers, coaches, and spectators/families. The rest of the cafe menu will be available at the regular rates on race days as well.

## Hotel:

Traveling to Bend for the races? Stay at Waypoint Hotel, our official hotel partner. This boutique hotel, just off Highway 97 in Bend's Midtown, offers a trendy vibe and spacious lobby featuring 8 local brews and ciders on tap, Hosmer Bar, outdoor fire pits, and on-site food truck. Call the hotel directly at 541-382-7011 or click here [MBSEF](https://waypointhotel.com/) to receive **your exclusive MBSEF discount**. <https://waypointhotel.com/>



## Activities:

Looking for something to do Saturday night? The Mt. Bachelor Nordic Lodge is hosting a **Piano Flow Live Night** from 5:30-8:30pm on February 14th! All information can be found on [Mt. Bachelor's website](#)! Ski or snowshoe candlelit trails

while award-winning pianist Paula Dreyer serenades you, enjoy hot drinks and menu specials at the Nordic Lodge, and celebrate the season. Participants must book online in advance.



## Registration:

- There is no Day-of-Race registration.
- Athletes racing USSS (scored) age 14-22
- Athletes racing age (6-13, seniors, non scored)
- COACHES: register yourself under the Coach/Official category.

## Start List:

The start lists will be posted Friday after the coaches meeting online at <https://zone4.ca/>. The posted start list will represent any changes made at the coaches meeting to the seeding, group order, etc. Any start list posted or circulated prior to that will be considered Drafts.

Friday am draft start list: <https://zone4.ca/event/2026/57AXZ3/>

## Results:

Unofficial results will be posted at <https://zone4.ca/>. Results will be posted and updated periodically through the day.

## Awards:

Awards to the top 3 finishers in each NRL scored age group will be given Sunday at MBSEF Bill Healy Training Center, 1:30pm. There are raffle prizes to give out as well!

## Course Inspection:

Courses will be signed Friday AM. Beware of two-way skiing as the race courses are open to all skiing Friday.

## Registration

1. Have a current USSS license (**Cross Country Competitor** license if you want NRL points)
2. Register racer(s) on [SkiReg](#). License is required.
3. Create a or log into your Mt Bachelor account to redeem the comp code that will be sent Thursday, Feb 12th for three-day Mt. Bachelor nordic trail passes (Friday, Saturday, Sunday). This process will have you sign the Mt. Bachelor waiver.
4. Fill out the MBSEF waiver (during the registration process or see link below)
5. COACHES: register yourself under the Coach category.

## Step 1: USSS License:

Any level US Ski and Snowboard (USSS) member can race in the US Ski and Snowboard race. A **Cross Country Competitor** membership is needed to earn National Ranking List points and it is a must if you are looking to qualify for the Junior National Championships in March. Also, please make sure you have a current USSS license **U18+ MUST**

have their background check and SafeSport complete for their license to be **current!** Racers cannot race unless their license is current.)

To make sure your license is current and active, please log into: [my.us skiandsnowboard.org](https://my.us skiandsnowboard.org) and check your account OR go to <https://www.us skiandsnowboard.org/public-tools/members> to check.

New Members- Create an account at [my.us skiandsnowboard.org](https://my.us skiandsnowboard.org). Please choose Cross Country Competitor as the license if you want points for the National Ranking List (NRL).

## **Step 2: Race Registration:**

**Registration Closes at 12 PM (noon) on Wednesday, Feb 11th. There will be no late registration for these races.**

Registration for US Ski and Snowboard National Ranking List (NRL) Event \$35, U16+ (and U14 to be scored to USSS NRL ranking list or racing up).

- Registration is via <https://www.skireg.com/spokane-nordic-cup>
- Mt. Bachelor trail passes for Friday, Saturday, and Sunday racers are included in the registration fee

## **Registration for Community Event (Non-Scored) - Open Races - \$35, mass start events U8-U14**

- Saturday Classic Mass 2.5k U14, 1.8k U12 and U10, 1.5k Para (1-lap race)
- Sunday Classic Mass 5k U14, 3.6k U12 and U10, 3k Para (2-lap race)

Register at: <https://www.skireg.com/spokane-nordic-cup>

## **Step 3: MBSEF Waiver:**

Waivers for MBSEF must be completed by the close of registration on Feb 11th. The link for the MBSEF waiver are in SkiReg registration or below.

MBSEF : <https://mbsef.org/wp-content/uploads/2022/06/MBSEFLiabilityRelease2022-2023.pdf>

## **Bib Pickup/Return:**

- Bibs will be distributed to coaches on Saturday morning on the bottom floor of the Nordic Lodge from 7:45-8:30 am. Bibs will be bundled by team.
- Coaches or a designated athlete can pick up Sunday's bibs for their athletes on Sunday morning from 7:45-8:30 am on the bottom floor of the Nordic Lodge at the end of the rental counter. Bibs will be bundled by team.
- Fine for failing to return bib after race: \$30/bib.

## **Chip Pickup/Return:**

- Chips will be distributed upon entering the start pen.
- Chips will be removed before leaving the finish pen.
- Fine for failing to return chip after race: \$55/chip.

## **Waxing Restrictions and Recommendations**

Per PNSA rules all skiers agree to use a non-fluorinated glide wax which will be announced by the race organizer.

The glide wax for the race will be decided by 10AM 2/11/26 and communicated to participating clubs and individuals.

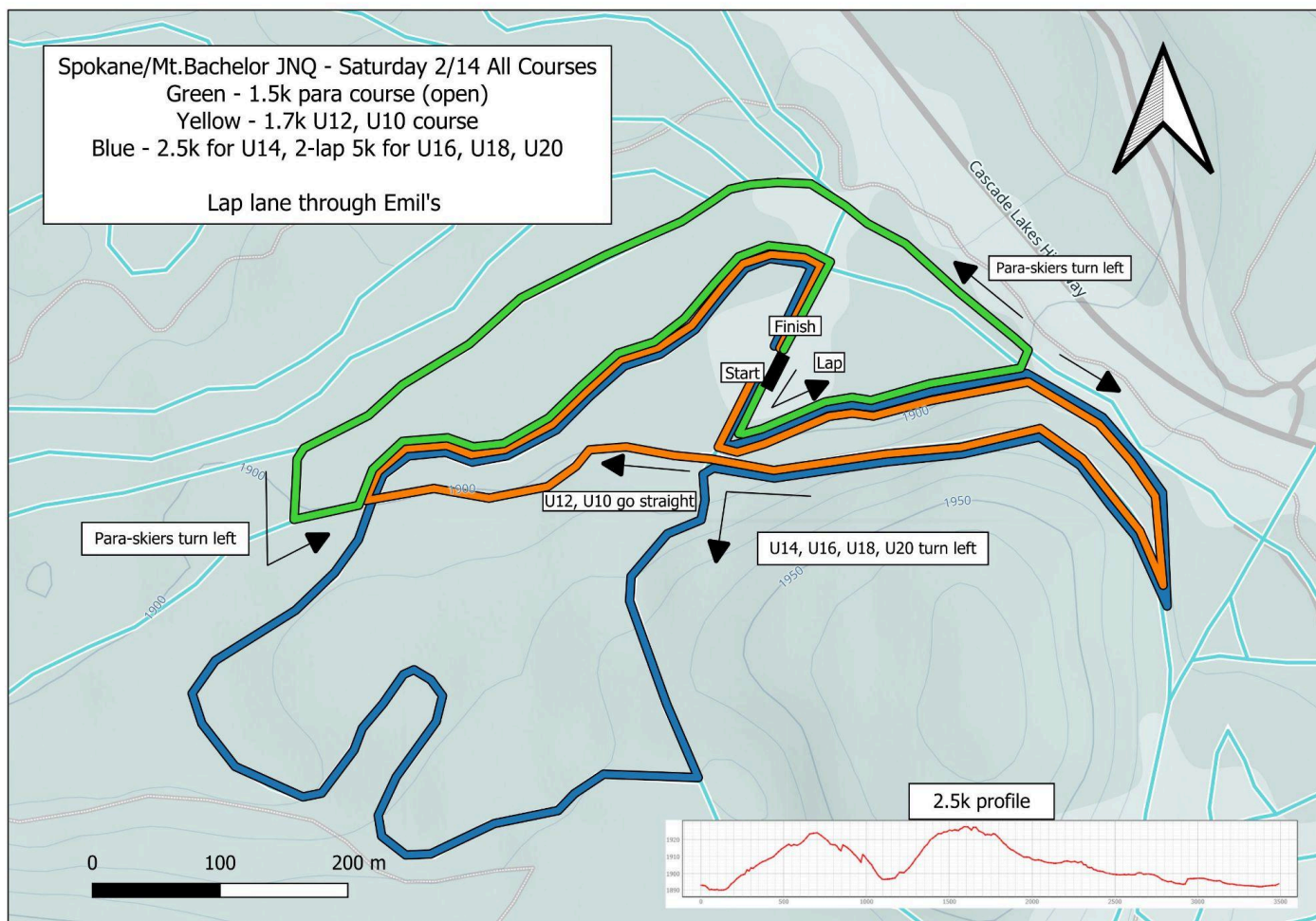
No fluorinated products are allowed in grip wax products (hard wax, klister, covers, etc.). For more information on the fluorocarbon ban – including a list of non-fluorinated kick waxes and klister – visit the [US Skiing page](#) on the subject.

The MBSEF waxroom will be open from 2:00PM-5:00PM on Saturday for traveling teams to use wax benches.



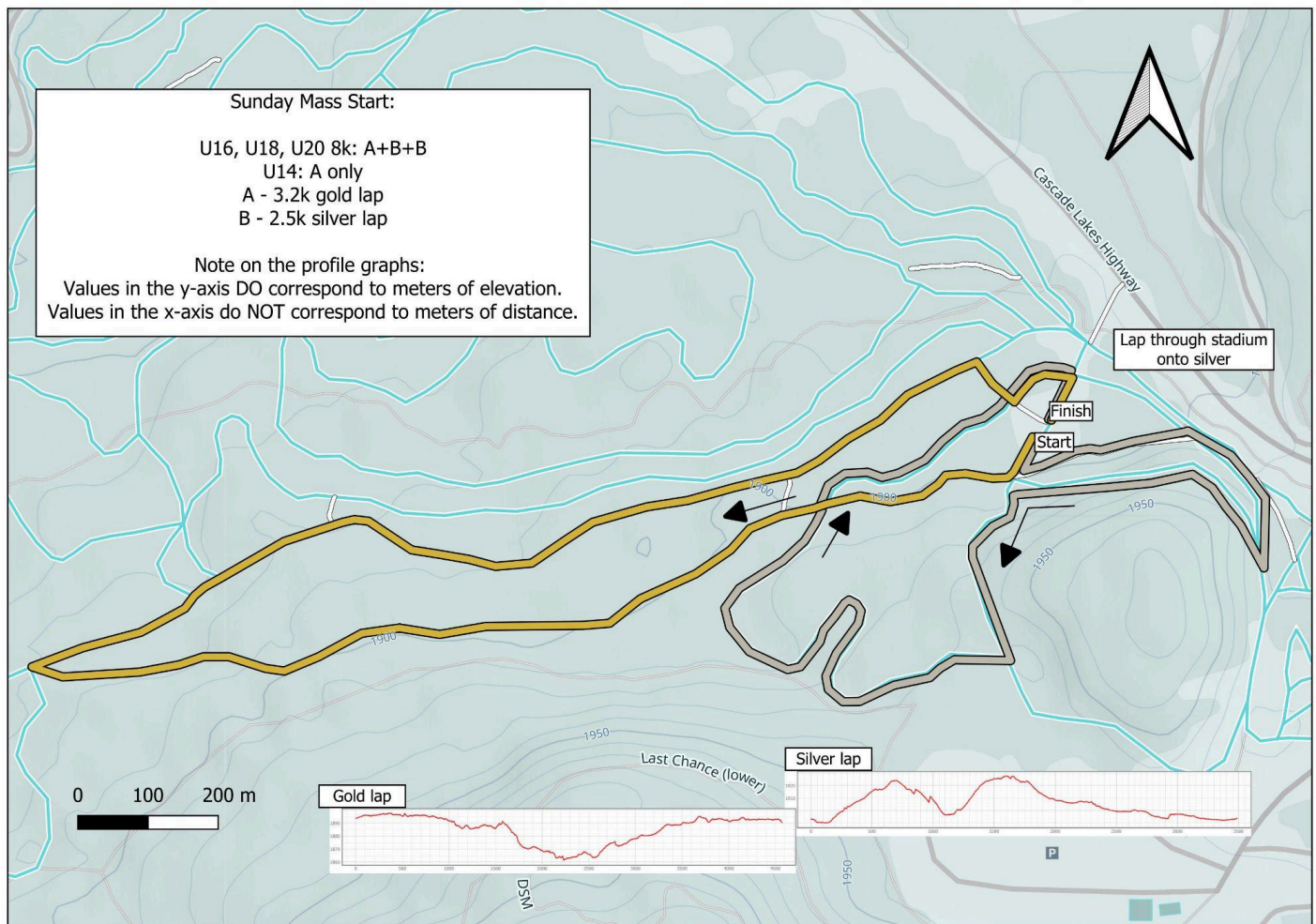
## Course Maps:





Saturday Classic Interval Start.

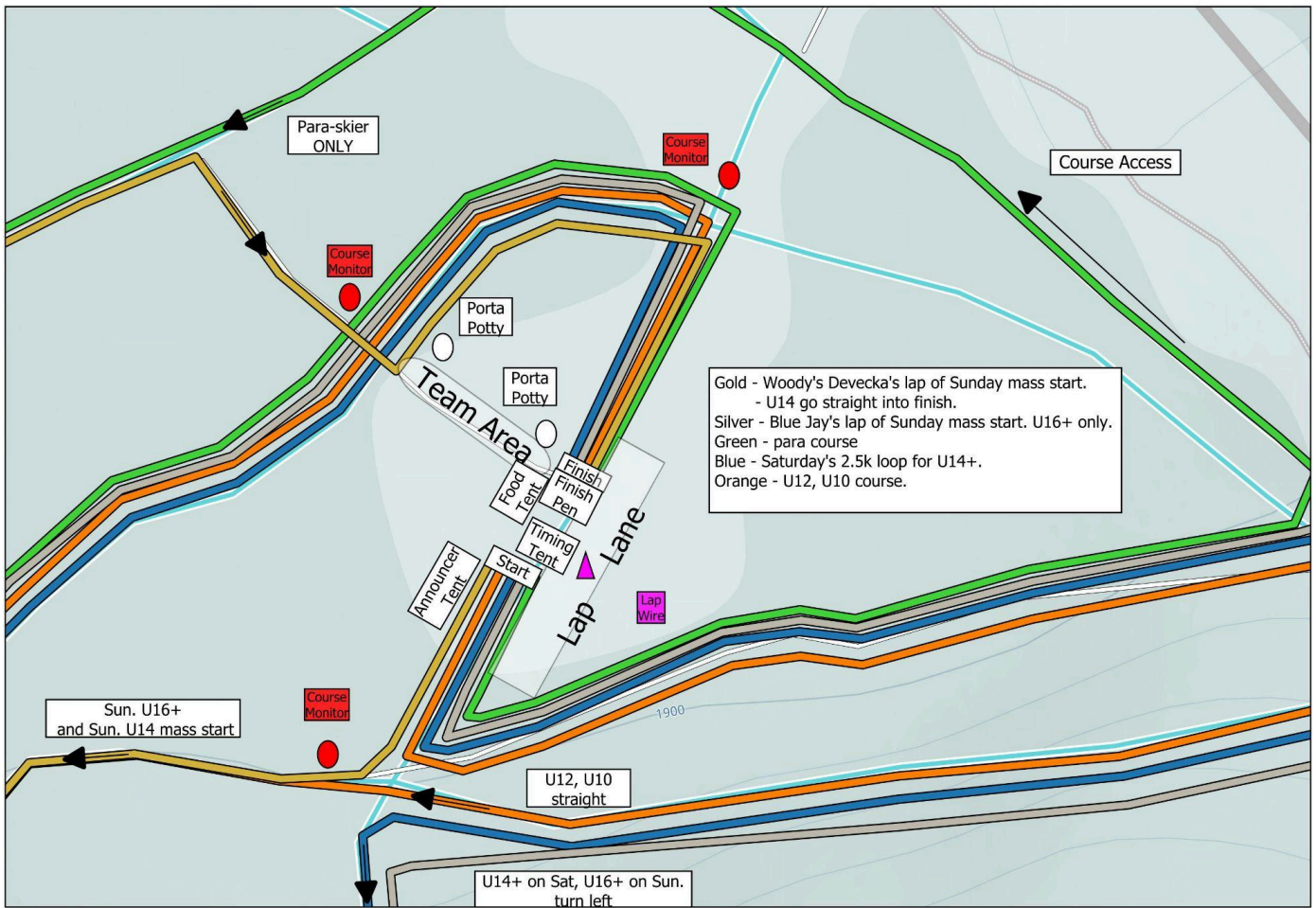
- SATURDAY'S COURSE IS MARKED IN BLUE ON TRAIL!
- Open skiers will race the U16+ course.



#### Sunday Classic Mass Start

- **SUNDAY'S NRL COURSE IS MARKED IN RED ON TRAIL!**
- Para athletes will race the same course both days, completing TWO laps on Sunday for a 3k race (see Saturday map) **PARA COURSE IS MARKED IN GREEN ON TRAIL!**
- U12 and under athletes will race the same course both days, completing TWO laps on Sunday for a 3.4k race (see Saturday map)
- Open skiers will race the U16+ course.





Stadium Diagram