

# Nail Salon Master Exhibit 10-01-23

**Board of Barbering & Cosmetology**  
**Manicure & Nail Salon Services Fact Sheet**

cosmetology, which is the largest professional licensed occupation in the United States. The Board of Barbering and Cosmetology (B&C) is the regulatory body for the industry and is responsible for the safety and protection of the public. The Board is composed of 12 members, including 6 representatives of the public and 6 representatives of the industry.

**What is cosmetology?**

- Cosmetology is the practice of beautifying, improving, enhancing, or restoring the natural appearance of the human body by the use of cosmetics, hair care, and nail care.
- Cosmetology is a multi-faceted profession that includes hair care, skin care, and nail care.
- Cosmetology is a profession that requires a high level of skill, knowledge, and experience.
- Cosmetology is a profession that is in high demand and offers a wide range of career opportunities.

**Why cosmetologists and manicurists need to be licensed?**

- Cosmetologists and manicurists are responsible for the health and safety of the public. Licensing ensures that they have the necessary training and skills to perform their duties safely and effectively.
- Licensing also provides a level of accountability and oversight for the profession.
- Licensing is a requirement for employment in the profession.

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**BEST SHOP PRACTICES**

**D**etailed information on the best shop practices for nail salons is provided in this fact sheet. The information is intended to help nail salons improve their safety and health practices and to provide a safe and healthy work environment for their employees.

**Best Shop Practices:**

- **Hand Hygiene:** Employees should wash their hands frequently with soap and water for at least 20 seconds. Hand sanitizer should be used when soap and water are not available.
- **Respiratory Protection:** Employees should wear masks and respirators when working in areas with high concentrations of dust or fumes.
- **Eye Protection:** Employees should wear eye protection when working with chemicals or equipment that can cause eye injury.
- **Foot Protection:** Employees should wear slip-resistant shoes to prevent falls.
- **Safe Lifting and Carrying:** Employees should use proper lifting and carrying techniques to prevent musculoskeletal injuries.
- **First Aid:** First aid kits should be readily available in the salon.
- **Emergency Procedures:** Employees should be trained in emergency procedures, including fire drills and evacuation.
- **Communication:** Employees should communicate effectively with each other and with customers.
- **Customer Safety:** Employees should ensure that customers are safe and comfortable during their visit.

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**MAKES AND RESPIRATORS**

**M**asks and respirators are used to protect workers from inhaling dust, fumes, and other airborne particles. This fact sheet provides information on the types of masks and respirators available and how to choose and use them properly.

**Types of Masks and Respirators:**

- **Surgical Masks:** Used to prevent the spread of respiratory infections.
- **Particulate Respirators:** Used to protect against dust, dirt, and other particulates.
- **Gas and Vapor Respirators:** Used to protect against chemical fumes and vapors.

**Choosing and Using Masks and Respirators:**

- **Fit Testing:** Respirators must be fitted properly to provide effective protection.
- **Labeling:** Respirators should be labeled with their type and expiration date.
- **Storage:** Respirators should be stored in a clean, dry container.
- **Disposal:** Respirators should be disposed of properly after use.

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**INGREDIENTS TABLE**

**P**roducts containing formaldehyde and other chemicals are used in nail salons. This table provides information on the ingredients used in these products and their potential health effects.

Ingredient	Chemical Name	Health Effects
Formaldehyde	Formaldehyde	Irritates the eyes, nose, and throat; causes allergic reactions; is a known carcinogen.
Acrylates	Acrylates	Irritates the skin; causes allergic reactions.
Resin	Resin	Irritates the skin; causes allergic reactions.
UV Radiation	UV Radiation	Increases the risk of skin cancer and premature aging.
Other Chemicals	Other Chemicals	Various health effects depending on the specific chemical.

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