

BIPOC Mental Health Resource List

National Resources

- Suicide & Crisis Lifeline
Dial 988 to call, text or chat
(Answered 24/7)
- National Crisis Text Line
Text "START" to 741-741
(Receive text back in 5-10 minutes)
- Crisis Stabilization Center
800-609-2002 (Answered 24/7)

Wyandotte County

- Wyandot Center: Wyandot Center is a community mental health center that serves Wyandotte County. They offer a range of mental health services, including counseling, therapy, crisis intervention, and case management. They may have specific programs or initiatives that cater to the needs of people of color.
- ReDiscover: ReDiscover is a mental health agency that provides services to residents of Jackson County, which is adjacent to Wyandotte County. They offer culturally sensitive services and have a commitment to diversity and inclusion. Although they primarily serve Jackson County, they may be able to provide information or referrals for resources in Wyandotte County.
- National Alliance on Mental Illness (NAMI) Kansas: NAMI Kansas is a statewide organization that provides support, education, and advocacy for individuals and families affected by mental illness. While they do not specifically cater to people of color, they may have information about local resources and support groups that are inclusive and welcoming.

Johnson County

- Johnson County Mental Health Center: The Johnson County Mental Health Center provides a range of mental health services, including counseling, therapy, crisis intervention, and case management. They may have programs or initiatives that specifically address the mental health needs of people of color.

Sedgwick County

- COMCARE of Sedgwick County: COMCARE is the community mental health center for Sedgwick County. They offer a range of mental health services, including counseling, therapy, crisis intervention, and case management. They may have specific programs or initiatives that address the mental health needs of people of color.
- Mental Health Association of South Central Kansas: The Mental Health Association of South Central Kansas provides various mental health services and resources to individuals and families. While they do not specifically focus on people of color, they may have information about local resources and support groups that are inclusive and welcoming.

Shawnee County

- Valeo Behavioral Health Care: Valeo Behavioral Health Care offers a range of mental health services, including crisis intervention, therapy, medication management, and case management. They provide both free and low-cost services based on income and accept Medicaid and other insurance plans.
- Family Service & Guidance Center: The Family Service & Guidance Center provides comprehensive mental health services for children, adolescents, and families. They offer therapy, psychiatry, crisis services, and community-based programs. They accept various insurances and offer a sliding fee scale based on income.
- Stormont Vail Behavioral Health Center: The Stormont Vail Behavioral Health Center provides a wide range of mental health services, including inpatient and outpatient programs, therapy,

medication management, and specialized treatment options. Fees for services vary and are typically covered by insurance, including Medicaid.