

Tidehaven Independent School District

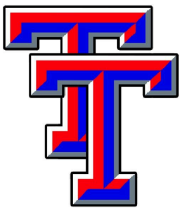
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2022-2023 SHAC Minutes

The Tidehaven School Health Advisory Committee met on Wednesday, September 21, 2022 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be video and/or audio recorded and posted to the TISD website. The following committee members were in attendance: Heather Piwonka, Cindy Hickl, Lori Palomares, Renee Smith, Ashley Danna, Amanda Saha, Cheryl Saha, Renee Bohuslar, Desiree Viesca, Genesis Chavira, and Joey Rosalez. Lori Palomares called the meeting to order. The committee elected Lori Palomares and Heather Piwonka as co-chairs. All members were in favor, zero opposed. Lori Palomares, district RN reported that there have been a few cases of lice this year for the elementary. The board policy for lice (legal & local) handout was given to members that were in attendance in person. She then went over the board policy and how the school nurses handle the lice cases for Tidehaven. Renee Smith explained why notices for lice are not given out at the intermediate and high school levels. The next topic discussed was the backpack program which the elementary campuses are participating in again with the Food Bank of the Golden Crescent in Victoria. Lori Palomares reported that the backpack program was a great success at Markham Elementary last year and that they were able to distribute weekend meals to 25 different students. Renee Bohuslar reported that the program was a success at Blessing Elementary as well and they were also able to distribute meals to 25 different students. Amanda Saha said she would like to see the intermediate and high school participate in the backpack program also. Renee Smith will talk with administration to see if this would be an option for the campuses. Next SHAC meeting was set for November 9, 2022 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:25 PM.

The Tidehaven School Health Advisory Committee met on Wednesday, November 9, 2022 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be video and/or audio recorded and posted to the TISD website. The following committee members were in attendance: Heather Piwonka, Lori Palomares, Ashley Danna, Renee Bohuslar, Genesis Chavira, Kayli Kubeczka, Sarah Lara, Tamara Davant, Brittany Sanchez, and Joe Galvan. Lori Palomares called the meeting to order. Old business was then discussed. There was not an update on the Backpack Program getting started at the Jr. High/High School. This topic will be followed up for the next meeting. Lori Palomares reported that AgriLife will not be able to come do a presentation during the fall since they are already booked and only have openings in the springtime. New business was then discussed.





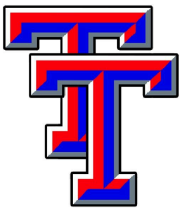
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Ashley Danna with the Bay City Crisis Center discussed all of the programs they have to offer for elementary, intermediate and high school students. They have options that are curriculum based and non curriculum based. Some examples of the programs included Child/Teen Safety Matters, Dating Matters, Bodies Are Not Commodities, Netsmartz, and Adult Education. Pamphlets were provided for those in attendance. Lori Palomares will forward contact information to the school counselors to review the different programs. The next topic discussed was the Opioid Crisis. Prior to the meeting, Cindy Hickl wanted to bring awareness to the Fentanyl crisis and had questions regarding the schools having Narcan on site in case of an overdose. Lori Palomares stated that in order for the school to have Narcan, a physician or medical director would have to sign off on standing orders for the school which TISD does not have at this time. Ashley Danna stated that she has educational information that would be good for the Jr.High/High School level. The educational film is through Bakota and she will email Lori the link. Kayli Kubeczka discussed the monthly tobacco newsletters that are sent out to the school nurses. She also reported that the number of flu vaccines administered has decreased, while the number of flu cases has increased, and the overall childhood immunization numbers have also decreased. Next SHAC meeting was set for January 18, 2023 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:20 PM.

The Tidehaven School Health Advisory Committee met on Wednesday, January 18, 2023 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be video and/or audio recorded and posted to the TISD website. The following committee members were in attendance: Lori Palomares, Ashley Danna, Renee Bohuslar, Genesis Chavira, Renee Smith, Sydney Garza, Cindy Hickl, Janet Boehm, and Amanda Saha. Lori Palomares called the meeting to order. Old business was then discussed. Lori Palomares and Renee Smith reported that the Intermediate School principals agreed to move forward with getting the Backpack Program started at the intermediate level for students in need. Renee Smith will reach out to the Food Bank at the Golden Crescent to determine whether it can be started this school year or the following. New business was then discussed. Lori Palomares reported that the elementary school's Fall Wellness Week was a great success this year. Student's learned about different aspects of wellness including physical, mental, and nutritional health. Students were able to try a healthier snack alternative for chips which included PopChips and Cheese Whisps. They also were able to participate in a glow in the dark dance party which emphasized the importance of physical activity. The next item of new business was then discussed. Lori Palomares reported that the Puberty Education for 4th grade boys and girls will be done right before spring break. Students will be provided with hygiene kits and will watch the Always





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Changing puberty education video. Next SHAC meeting was set for March 29, 2023 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:10 PM.

The Tidehaven School Health Advisory Committee met on Wednesday, March 29, 2023 at 4:00 PM in the Tidehaven high school library. Google Meet was also provided for those who wanted to attend virtually. Prior to the start of the meeting, all members were notified that all SHAC meetings will be video and/or audio recorded and posted to the TISD website. The following committee members were in attendance: Lori Palomares, Renee Smith, Sydney Garza, Cindy Hickl, Robert Ferguson, Heather Piwonka, Tamara Davant, Debra Taska, and the Crisis Center Outreach Program. Lori Palomares called the meeting to order. Old business was then discussed. Lori Palomares reported that Puberty Education was done at the elementary campuses prior to Spring Break. Puberty packs were given out for boys and girls. Lori reported that the students at Markham Elementary said the program was very informational and they were all excited to receive their packs. Second item of old business was then discussed. Lori reported that following the last SHAC meeting, she reached out to the Food Bank of the Golden Crescent about using the program at the Jr. High and High School and has not received a reply yet. She will follow up with the food bank again. New business was then discussed. Lori Palomares reported that AgriLife will be returning to Tidehaven to do their presentation on vaping for the Jr. High and High School students, along with a parent presentation which includes a mock bedroom setup. The presentation is scheduled for April 13, 2023 and messages are set to go out via Blackboard. The next item of new business was then discussed. Lori Palomares reported that incoming 7th graders for the 2023-2024 school year will be required to have an updated meningococcal and Tdap vaccine prior to the start of the school year. This requirement is the same as in previous years. Renee Smith reports only having 1 updated record turned in so far. Tamara Davant offered to send home a letter to those parents with their annual packets. Notifications are also being sent out via Blackboard. The next item of business discussed was the FitnessGram. FitnessGram is an assessment done at the elementary level to assess a student's fitness level. Lori Palomares reported that Markham Elementary was completing their assessments this week. Next SHAC meeting was set for September 13, 2023 at 4 PM; Google Meet will also be an option. Meeting was adjourned at 4:11 PM.

