

2024-2025 3rd Hour Class Descriptions S2

If you want to offer the class on purple and teal, please include the description in both columns.

Purple			Teal		
Class Name	Offered	Description	Class Name	Offered	Description
<i>Books and Tea</i>	Q3/Q4	Do you love to read? Enjoy some time to read during the day. At the end of each week, we will enjoy a cozy day with tea. Then you will share about what you have read in some creative ways to let others know about the books you are enjoying!	<i>Analyzing the Extreme</i>	Q3 and or Q4	Do you enjoy watching extreme sports like rock climbing and mountain biking? Do you ever wonder how people can push the limit and do what looks impossible? In this ELO we will look at extreme activities and discuss what characteristics helped these individuals accomplish the unimaginable.
Books, Podcasts and Film	Q3		*Bike Rides!	Q4	Let's go on bike rides! We'll explore our local community via bikes!
Climbing	Q3	This class is engaging and hands-on! We will have fun challenging ourselves to go to great heights!	Blood and Guts	Q3	
Directed Drawings	Q3	Cartoon narwhals? Cheeseburger monsters? Cute cinnamon rolls? We can draw it all! Let's learn together how to draw fun things like a Bob Ross class for drawing. We will watch tutorials and practice together to learn to draw a variety of subjects. Let's learn and improve our skills to be able to draw our own designs.	Board Games?	Q3	

<i>Couch to 5K</i>	Q4		<i>Brain Games</i>	Q3	Come here to learn how to learn better! Not only will it be fun, but we will get smarter! Get your head out of the Clouds and learn how to focus better. In this class, we will learn about the brain and what makes it function best! We will play games to help our memory as well as figure out how to use our memory as best as possible. We will apply the science of learning to better our memory to support us academically and recreationally. It will be fun! I promise! Plus, your brain will work better!
<i>E-Sports</i>	Q3,Q4	This ELO introduces the rapidly growing world of E-Sports. Students will explore the history, culture, and industry of competitive gaming. The course will cover various aspects of E-Sports, including game genres, team dynamics, player training, and the business of E-Sports.	<i>Bullet Journaling</i>	Q4	
<i>Forensics and Crime Scene Investigation</i>	Q3	Have you ever wanted to learn more about how investigators solve real life crimes? Have you ever been curious about what DNA analysis actually means, or how to read genetic information from a fingerprint? In Forensics and Crime Scene	<i>Calm Coloring</i>	Q4	Use coloring as a way to connect with yourself and peers as a way to calm down in the middle of your hectic school day. We will have different coloring pages with intentional prompts and reflections to bring a sense of calm to the day.

		Investigation, we'll take a closer look at all things crime related and learn about the science behind how investigating a crime scene truly works.			
Ghosts of Fort Collins	Q3	True story: In 2019, Fort Collins was ranked #3 on a Yelp list of "Most Haunted Cities in America"! What paranormal being lurks in the basement of Walrus Ice Cream? At which house have there been spooky spectral sightings? We will dig into the haunted heritage of our town through interactive storytelling, hands-on investigations, and virtual ghost tours. Join us for a creepified journey into the mysterious world of Fort Collins ghosts!	Charitable Creations	Q4	Giving to others can bring positivity and goodness into our world. In this class, we will find ways to build great things out of very little to support our community. Working with groups like Cardz for Kidz, Hearts of Hope, Small Things Matter, or Doing Good Together, our hands-on projects might include creating birthday cards for kids in the hospital, or crafting dog toys for the local shelter. Let's put our kind hearts and helping hands to work in creating various projects for others in need.
Give Next	Year	Are you the type of person who is always looking for a way to make your world a better place? Well that is what Give Next is all about. Join other Pumas to help work with our local community non-profits, as well as the Bohemian Foundation, and make a difference right here in Northern Colorado. Give Next students decide on a cause to support, raise money throughout the year, visit with local nonprofits about community issues, and decide to grant funds to those in need. This is a year long club, but if you have to move out or in at semester, that can be arranged.			

<p>*Habitat Heroes</p>	<p>Q4</p>	<p>Let's get our hands dirty and restore the habitat right here around Preston! In this class we will learn about Bees, Bats, Birds, and many other organisms that call this area home. We will see what these animals need to thrive and then implement strategies to help! What do bees need to keep their hives safe? How do bats help the environment and keep disease-spreading insects in check? What can we do to make a difference? In this class be prepared to be outside, dig in the dirt to plant flowers, use microscopes, take water samples, and get creative.</p>	<p>Crafting</p>	<p>Q4</p>	<p>Let's do some crafting! We will create a variety of crafts that may include some upcycling, beading, paper crafts, painting, drawing, flower pressing, model clay, embroidery, and many more! Come with ideas, or come ready to just try out some new things.</p>
<p>Healthy Habits</p>	<p>Q3</p>	<p>Howdy partner, I hope you're having a "thumbs-up" day! Would you be interested in becoming a healthier version of yourself? If not, maybe this is the class for you ! In this class, we will practice developing healthy eating habits, building exercise programs, and we'll get to play a few games along the way. Maybe a little bit of <i>Egg Time</i>???</p> <p>So come on down, rest awhile, and let's build a more complete "you"!</p>	<p>Create With VR</p>	<p>Q3, Q4</p>	<p>Learn the basics for developing your own Virtual Reality (VR) games and experiences in this 3rd-period ELO class. In this class, you'll learn how to use the Unity video game development tools and how to add all the base VR mechanics and interactions to create and test a room-scale Job Simulator type of VR experience. Students will use our Media Center's VR equipment for play testing their VR creations.</p>

History of Sports	Q4	We will use class input and interests to watch and read about different sports and athletes and how they interacted with history.	Dance Fit!	Q3	If you love being active but aren't a fan of regular boring cardio, this class is for you! We will be boogying those calories off by dancing to the latest bops! We will use a variety of dance inspo such as line dancing, Just Dance, The Fitness Marshall, Pop Sugar, and so much more! Come shake off your worries in this fun energetic class!
Illustration for Storytellers	Q3, Q4	Artists will spend their days developing Original Characters, creating comic strips, and studying & creating concept art. If you are interested in comics, animation or video games, this is a space to develop your concept skills.	Fly fishing	Q3, Q4	Students will learn about different aspects of fly fishing and will be able to create their own flies to use. It's a fun and interactive class.
Jazz Band	S2	This is a director-selected musical group. Students commit to this ensemble for one semester, and we will re-audition in December. We explore jazz band through performance. A prerequisite is that you have to be in band to participate in this class.	Forensics and Crime Scene Investigation		Have you ever wanted to learn more about how investigators solve real life crimes? Have you ever been curious about what DNA analysis actually means, or how to read genetic information from a fingerprint? In Forensics and Crime Scene Investigation, we'll take a closer look at all things crime related and learn about the science behind how investigating a crime scene truly works.
Jazz Choir	S2	Want to sing choral arrangements of modern, jazz, a cappella and pop songs? Have you thought about being a	Jazz Orchestra	S2	In our music ELO courses student musicians can experience a different genre of music in this class. Jazz, Swing,

		double-skilled musician? Maybe see what it sounds like to sing with both treble and baritone voices at the same time? Join Jazz Choir! In this semester-long class, we will explore different vocal genres through performance and it is a non-auditioned group. You must currently be in Treble/Tenor/Bass Choir, Concert/Symphonic Orchestra, or Concert/Symphonic Band.			Blues and Pop. Jazz ensembles have the opportunity to perform at regular school concerts and some outside venues. This is a semester long class and students must concurrently be enrolled in a Preston Band, Choir or Orchestra ensemble.
Oceanography	Q2	Learn about the ocean and the living things that call it home!	It is a Scream!	Q4	Do you LOVE horror movies and all things spooky? If the answer is yes, you will be DYING to take, "It's a Scream!" This is a vintage horror film class that will showcase some old-school classic monsters, ghouls, and ghosts and will end with students creating their own horror short film!
Puma Press	Q3,Q4	Are you someone who loves reporting on the latest news, trends, and topics?! Then Puma Press is for you! This is a class that produces an online school newspaper that features fun editorials about students and teachers, as well as the most important news and events around the school. This is a weekly publication, which allows students to stay up-to-date on the latest Puma info! We even have podcasts!	KPAW	Q3,Q4	Do you like audio and video technology? Do you like recording yourself doing goofy things? Does the idea of being seen by the whole school sound exciting? If you said yes, then KPAW is the class for you! Join Mr. Edler as you prepare the daily announcements and create crazy videos in the quarter long class.
Readers Theater	Q4		March Madness	Q3	Compete in bracket challenges all quarter long!!
Real Skills: Health	Q3, Q4		Music Technology	S2	In this hands-on semester long course, you can explore the exciting world of music creation

Snacks			and Composition		through technology. You'll learn how to compose, produce, and record your own music using digital tools and software as well as group collaboration. We will go over key concepts in music theory, sound design, and audio production, while also encouraging creativity and experimentation. No prior music experience required!
<i>Spanish culture and language through film</i>	Q3,Q4	Wanna go to the movies? Well this ELO will allow you to do that every purple day! You will watch a variety of movies that will enlighten you on some of the culture and language of the Spanish speaking world. This ELO gives us the opportunity to compare and contrast not only our own culture to Spanish speaking cultures but also to compare and contrast different Spanish speaking cultures to each other. Learning about what makes each Spanish speaking culture unique, and also what binds them together.	<i>Oceanography</i>	Q2	Learn about the ocean and the living things that call it home!
Steps and Stories	Q3/Q4	Get moving and expand your mind. In this class we will listen to podcasts and then go on a group walk. This class combines outdoor exercise with thought-provoking conversations inspired by popular podcasts.	Perspectives of a Puma	Q4	Perspectives of a Puma is a class where we'll create a digital magazine to send out to friends and family! If you love creative writing (poetry, short stories, etc.), then this is the class for you. We will spend time writing what we want to write, and then we'll turn it into a magazine we can send out to the school. If you're an artist and love designing things, then this would be a great class for you as well. Let's express ourselves and share with our community!

Study Hall	Q3,Q4	Feeling stressed? Too much homework? Take advantage of this amazing opportunity to get your work done in a timely manner and stress-free setting. You will have all the resources that you need because you're able to work at school instead of home. Also, you'll be able to read after your work is done. How cool is that?! Your teacher will do daily check-ins with you to make sure you're not missing anything. Wow! What an opportunity! Your parents and teachers will be SO proud of you. Study hall, give it a try 😊			
Swiftology	Q3	Are you ready for it? Get to know Taylor Swift all too well in this class where we will delve into everything from songs, eras, lyrics, and more.	Real Skills: Health Snacks	Q3, Q4	
Team Building Through Sports	Q4	Want a time to focus on team building skills and activities, while actively using your body and burning energy? In Team Building Through Sports, we'll focus on how to not only build a well functioning team, but also how to be adaptive and capable of working with others in various competitive settings.	Rube Goldberg	Q3	Rube Goldberg Machines is a class where we use simple machines to perform a simple task in a very complicated way. This involves designing and engineering with simple machines. (Brady)
The Vikings: Gods and Heros	Q3		Sketchbook	Q3,Q4	

Traut Buddies	Q3, Q4	Be a role model and head to Traut elementary School to mentor younger students.	Study Hall	Q3, Q4	Feeling stressed? Too much homework? Take advantage of this amazing opportunity to get your work done in a timely manner and stress-free setting. You will have all the resources that you need because you're able to work at school instead of home. Also, you'll be able to read after your work is done. How cool is that?! Your teacher will do daily check-ins with you to make sure you're not missing anything. Wow! What an opportunity! Your parents and teachers will be SO proud of you. Study hall, give it a try 😊
Trivial Pursuit	Q3, Q4	If you love learning in teams or even on your own, this class is for you. We will work in teams or solo to help strengthen your knowledge of classes. We will use a variety of games to learn by using technology and going "old school" with white boards. Talk about a fun way to learn! Trust me, you'll love it! We will cover all areas of study so you will be rockin' it in all your classes. Come ready to have fun and learn a lot.	Team Building Through Sports	Q4	Want a time to focus on team building skills and activities, while actively using your body and burning energy? In Team Building Through Sports, we'll focus on how to not only build a well functioning team, but also how to be adaptive and capable of working with others in various competitive settings.
Ultimate Frisbee	Q4		Weightlifting for Women	Q3	
Weightlifting for Women	Q4		Yoga	Q3	Did you know that doing yoga just twice a week has a whole bunch of health benefits, including the following:

				<p>Better sleep</p> <p>Relieves anxiety and depression</p> <p>Helps you maintain a healthy metabolism</p> <p>Improves balance, strength, and flexibility</p> <p>Boosts your energy level and brightens your mood!</p> <p>Join us for some fun, easy-going yoga and improve your whole self! Loose, comfortable clothing suggested - no shoes required!</p>
<p>World War 2: Electric Boogaloo</p>	<p>Q4</p>	<p>Discover the epic story of World War 2 in this exciting elective! Dive into major battles, machines, and the lasting impact of the war, all while bringing history to life through interactive lessons and projects. Perfect for curious minds ready to explore the past!</p>	<p>Zombies 101</p>	<p>Q3 and or Q4</p> <p>Do you want to be prepared for a zombie apocalypse? Be prepared by learning about what is a zombie, the history of them in pop culture, and how people prepare for a potential zombie apocalypse.</p>