

# Grade 7, Week 4: April 13-17

## Main Course: Core Classes - Essential Work

Core Classes - Live Sessions and Office Hours

[Grade 7 Schedule Labeled by Team/Teacher](#)

[World Language](#)

English	Math	Science	Social Studies	World Languages
<b>Vocab. Unit 7 Lesson 3</b> - find assignments in Google Classroom  <b>"All Summer in a Day"</b> : all links and assignments in Google Classroom <ul style="list-style-type: none"> <li>- Writing Warm-up</li> <li>- Read "All Summer in a Day"</li> <li>- Take Reading Check-in</li> <li>- Read "Can Weather Affect Your Mood?"</li> <li>- Watch "All Summer in a Day" video</li> <li>- Mood Evidence Collection</li> </ul>	<b>Task 1 - Add/Subtract Decimals</b> a) Watch this <a href="#">VIDEO</a> b) Complete <u>one</u> of the Task 1 activities in Google Classroom  <b>Task 2 - Mult./Div. Decimals</b> a) Watch this <a href="#">VIDEO</a> b) Watch this <a href="#">VIDEO</a> c) Complete the "Bake Sale Activity" in Google Classroom  <b>Task 3 - Operations w/Neg. #'s</b> a) Watch this <a href="#">VIDEO</a> b) Watch this <a href="#">VIDEO</a> c) Spend 20 minutes working on <a href="#">DECIMALS JEOPARDY</a>  <b>Task 4 - Brick-by-Brick (3-Act)</b> Complete in Google Classroom  <b>Task 5 - Happy Meals (3-Act)</b> Complete in Google Classroom	<b>Task 1 - Water Cycle Review</b> a) Watch this <a href="#">VIDEO</a> b) Answer these <a href="#">QUESTIONS</a> c) Review this <a href="#">SLIDESHOW</a> d) Complete the "Water Cycle Question" in Google Classroom  <b>Task 2 - Carbon Cycle Review</b> a) Watch this <a href="#">VIDEO</a> b) Answer these <a href="#">QUESTIONS</a> c) Review this <a href="#">SLIDESHOW</a> d) Complete the "Carbon Cycle Question" in Google Classroom  <b>Task 3 - Carbon Footprint</b> Complete the "Carbon Footprint Activity" in Google Classroom  <b>Task 4 - Wrap Up!</b> Complete these <a href="#">QUESTIONS</a>	<a href="#">Rome Origins and Influences</a> - assignment in Google Classroom  <b>Current Events Parlay</b> - find the link in Google Classroom  <b>Who are the Etruscans?</b> - Find assignment in Google Classroom	<b>French Traditional</b> <a href="#">Daily activities</a>  <b>French Immersion</b> Ongoing daily independent reading in French  <a href="#">Daily Activities - French Immersion</a>  <b>Spanish</b> <a href="#">Tasks</a>

## Main Course: Unified Arts - Essential Work

Unified Arts - Office Hours

[Art](#)

Music: Mon/Thurs 1:00-2:00

[Wellness](#)

Comp. Sci.: Tues/Thurs 1:30 - 2:00

Art	Music	Comp. Sci.	Wellness (PE+Health)
<b>Task 1:</b> Choose a project from the <a href="#">Art Choice Board 2</a> and then upload it to artsonia with an artist's statement.	This week we will be learning about the human voice: how it works and the different ways we use it. Be sure to check Google Classroom for more information! <a href="#">Week 4: Vocal Music</a>	<b>Task :</b> <a href="#">VEX VR Robot Simulator</a> <ul style="list-style-type: none"> <li>• Learn how to use the simulator</li> <li>• Make your robot move!</li> </ul>	<b>PE Task:</b> <ul style="list-style-type: none"> <li>• Complete the RAMS Fit Challenge (RFC) and record your scores on the Week 4 Wellness Assessment <a href="#">Google Form</a></li> </ul> <b>Health Task:</b> <ul style="list-style-type: none"> <li>• Answer the Wellness Questions on the Week 4 Wellness Assessment Google Form (using same form as the one for RFC)</li> </ul>

Scroll to the Next Page for Optional Extension and Enrichment Activities...

## Desserts: Extension & Enrichment - Optional

Art	English	Computer Science	Math	Music	Science	Social Studies	Wellness/ PE/Health	World Language
<p>Participate in the COVID-19 <a href="#">Artistic Response Project</a>. This project is for all ages and skill levels.</p> <p>Learn about the <a href="#">Art of the Selfie</a>. Take a selfie and send it someone you miss.</p> <p>Make a <a href="#">big mouth character</a>.</p> <p>Take a walk and engage in Public Art to uplift your community: <a href="#">chalk your walk</a>, <a href="#">earth art</a>, or uplifting posters.</p> <p>Make a <a href="#">home art studio</a>.</p> <p>Look at <a href="#">Mrs. H's pinterest boards</a> and get inspired.</p>	<p>Remember Mrs. Doire's Grandma Betty Robinson? <a href="#">Want to design a logo for her organization?</a></p> <p>Read a chapter of your book</p> <p>Watch "Some Good News" <a href="#">Ep. 2</a></p> <p>Add onto your Some Good News doc (in last week's assignments in Google Classroom)</p> <p><a href="#">Write a Thank You</a></p> <p><a href="#">Sortify: Parts of Speech - GameUp</a></p> <p><a href="#">Grammar Ninja</a></p> <p><a href="#">NoRedInk</a> Practice</p>	<p><a href="#">Dance Party on Code.org</a></p> <p><a href="#">Minecraft Voyage Aquatic</a></p> <p>Brainpop videos: → Login with Username: <b>Holliston2020</b> → Password: <b>Student2020</b> Pick one you did not watch yet and complete the quiz.</p> <p><a href="#">Cloud computing</a></p> <p><a href="#">Robots</a></p> <p><a href="#">Loops</a></p>	<p>Skill Review:</p> <ol style="list-style-type: none"> <li><a href="#">Hotel Decimifornia</a></li> <li><a href="#">Power Football</a></li> <li><a href="#">Decimal Board Game</a></li> <li><a href="#">Math at the mall</a></li> <li><b>Challenge:</b> Complete Dow Jones Activity in <b>Google Classroom</b></li> </ol>	<p>This week we will be learning about the human voice: how it works and the different ways we use it. Be sure to check Google Classroom for more information!</p>	<p><b>Read:</b> <a href="#">Were there Rainforests in Antarctica?</a></p> <p><b>Explore/Watch:</b> <a href="#">25 Best Nature Webcams!</a></p> <p><b>Work on a Citizen Science Project:</b> <a href="#">Instructions/Links</a></p>	<p>-Write a haiku about a social studies-related topic and share it with your social studies teacher -----</p> <p>-Watch today's episode of CNN10.**</p> <p>-Read an article of your choice on <a href="#">Scholastic</a> (code = RAMS1920) or <a href="#">Newsela</a>.**</p> <p>-Listen to a <a href="#">podcast</a>**</p> <p>**Post about that experience on your Google Classroom!</p> <p>-----</p> <ul style="list-style-type: none"> <li><a href="#">Mr. Nicky Channel YouTube</a></li> <li><a href="#">Google Earth Voyager Stories</a></li> <li><a href="#">Sheppard Software Map Practice</a></li> <li><a href="#">Google Earth Ancient Civilizations</a></li> <li><a href="#">Sheppard Software Map Practice</a></li> <li><a href="#">Virtual Tours-Rome</a></li> <li><a href="#">Sporcle</a></li> </ul>	<p>Continue to exercise for at least 60 minutes per day (bike, walk, create an obstacle course, practice a specific sport)</p> <p>Continue to complete make-up work (fitness testing, exercise routine, brochure). If you need to make up the Pacer, you can run a mile. If you run the mile, try to time yourself and send the time to your Wellness teacher.</p>	<p><b>French Traditional</b></p> <p><a href="#">Vocabulary game</a> <a href="#">La grenouille</a> <a href="#">Cherchez les mots</a></p> <p><b>French Immersion</b></p> <p>Music <a href="#">LyricsTraining: Ben l'Oncle Soul</a></p> <p><a href="#">LyricsTraining: Petit Prince Suis-Moi</a></p> <p>Cuisine <a href="#">Recette: un mandazi</a></p> <p><a href="#">Recette: Crème glacée</a></p> <p>Grammar <a href="#">-FR verbs Game</a> <a href="#">-IR Verbs Game</a> <a href="#">-RE Verbs Game</a></p> <p><b>Spanish</b></p>

Scroll to the Next Page for MORE OPTIONAL CHOICES...

# Mindfulness, Kindness, & Social Connectedness - Optional

## Mindfulness

### Videos:

- ❑ [Mindfulness explained: Youth voices](#)
- ❑ [Short video that explains fight/flight response and introduces mindfulness](#)

### Lesson and activity:

Right now you might be feeling more fear and experiencing increased stress due to being in your homes and away from friends as a result of COVID-19. Being in fight or flight mode causes us stress but mindful breathing helps us turn on the OPPOSITE of the fight or flight response. Try the activity in the link below.

[How to ease out of fear mode](#)

**Meditation:** [Relax, Ground and Clear for stress relief](#)



## Acts of Kindness

### We are at our best when we serve others

Margaret Mead

- ❑ Making cards or writing letters to send to grocery store managers to thank their staff for all of the hard work they are doing to keep the shelves stocked for everyone so we can continue to get what we need. (see attached for addresses) [Thank you note locations](#)
- ❑ Write a supportive message in a group chat.
- ❑ Sort through your books and decide which ones you can donate. Choose a couple of the little free libraries located in town to put a couple of books in.
- ❑ Take a moment to think about someone who might need a little mood boost and choose to do something for them like write them a poem or a song, draw them a picture, or facetime them to let them know you are thinking about them
- ❑ Choose forgiveness. Think about someone you are holding a grudge against for something they did to you and in your own mind forgive them. You do not have to reach out to them, just know that choosing forgiveness is healthier for you and it will allow you to treat them with more kindness the next time you see them.



## Social Connection

- ❑ Try this [Neighborhood Scavenger Hunt](#) with your family !
- ❑ Email one of your teachers and tell them 2 things that you miss about being in their class
- ❑ Invite a friend or neighbor to have a Zoom, Google Hangout or Facetime lunch or dinner date.
- ❑ Do you have Netflix? Stay connected with friends by joining [Netflix Party](#). A new way to watch Netflix with your friends online. Netflix Party synchronizes video playback and adds group chat to your favorite Netflix shows.

