

### Online workshops – July to September 2025

Dates for online workshops running from July to September will go live on 15<sup>th</sup> May 2025.

[- click here](#) to access details and dates of all online workshops running this semester.

- **New topic on depression**

We have a brand new topic for the spring semester focusing on consultation skills around depression.

Click on the programme link to find out more and book a place - [Depression – having meaningful conversations Focal Point](#) online workshop. Workshops run from June 2025.

This is a timely addition to our portfolio with the recent announcement of depression being added to the New Medicines Service, however it will be useful for pharmacy professionals working in any sector of practice to help develop skills and confidence in breaking the silence using a person- centred approach to having conversations with people about depression.

### Face- to-face delivery of workshops

Here is a reminder about two upcoming face-to-face workshops taking place in the East of England region this spring, with spaces booking fast, so book now to avoid missing out!

- **Blood Pressure assessment in community pharmacy: essential skills** – Sunday 29<sup>th</sup> June – 10-12:30pm at Brampton Park Golf Club, Huntingdon, Cambridgeshire: To find out more about this event and book a place [click here](#).
- **NHS Pharmacy Contraception Service: delivering effective consultations to initiate oral contraception workshop** - 17<sup>th</sup> September – 7:00-9:00pm, The View, Welwyn Garden City, Hertfordshire. To find out more about the event and book a place [click here](#).

### NHS Pharmacy Contraception Service panel discussion – additional date

- An additional date has been added to attend the online NHS Pharmacy Contraception Service panel discussion – 18<sup>th</sup> June – you can book a [place here](#). Representatives from NHSE, Community Pharmacy England (CPE) and pharmacists delivering the NHS Pharmacy Contraception Service will attend to answer any questions about the service. Recordings of previous panel discussions can also be accessed via the [Pharmacy Contraception Service](#) learning gateway page

### Did you know?

Our [Pharmacy Quality Scheme \(PQS\) learning gateway page](#) has been updated to reflect the recent changes to the Community Pharmacy Contractual Framework (2025/26). CPPE offers learning and assessments to support you in achieving criteria relating to the medicines optimisation and patient safety

domains in the 2025/2026 version of the scheme. We also have a useful tracker to help you track when you have completed relevant learning.

### New learning programmes

- **New Lyme disease module** - Within our [Dermatology e learning programme](#) we have a new module on Lyme disease to help you recognise and manage Lyme disease with confidence

### Celebrating diversity

Every month, we publish an article on the [CPPE news page](#) of our website, celebrating diversity and highlighting how forthcoming celebrations, festivals or observances can impact on pharmacy practice. For example, how do cultural practices affect medicines use? The May article highlights:

- Deaf Awareness Week (5th–11th)
- Mental Health Awareness Week (12th–18th)
- Second Passover (Judaism) (12th)
- Vesak (Buddhism) (12th)

Read the [May article](#).

### Extended programmes to develop skills.

- **Advancing your practice in education pathway**

We have developed a new pathway which is open to pharmacists and pharmacy technicians in any sector looking to advance their practice in the education, training and development of others.

Watch a short video on the [programme information page](#) to hear from the programme developer, Sarah Evans, who will tell you a bit more about the pathway, the fantastic learning it offers and why you should enrol.

- **Newly Qualified Pharmacist Programme**

With some focused conversations about this programme by tutors and education supervisors when visiting community pharmacies, the current cohort for the Newly qualified pharmacist programme is full. The next cohort will start in November with bookings going live in August or September. You can find out more [here](#).

#### **Community pharmacy technician: advancing your role programme**

This programme is continuing in 2025/26 and is open to all pharmacy technicians currently working in community pharmacy and the Health and Justice sector. The programme includes face-to-face and online workshops, as well as a self-directed e-course. It's a great way to develop your skills and confidence in delivering effective clinical services, guided by your specific learning needs and the support of a highly skilled CPPE education supervisor. To speak to us about the programme, email [info@cppe.ac.uk](mailto:info@cppe.ac.uk) and ask for our CPT-AYR team.

- **Pharmacy technician impact groups – have you heard about these?**

*CPPE Pharmacy technician impact groups* are a series of small group sessions for pharmacy technicians who would like to develop their skills and confidence further. They are designed to complement CPPE's [Pharmacy technician enhancing your professional practice](#) e-course.

The fully funded series of *CPPE Pharmacy technician impact groups* are open to any pharmacy technician delivering or supporting the delivery of NHS services in England in any area of practice. Employer support is essential for participant attendance at the learning sets and for workplace development.

One participant told us: *"The biggest change since I started has certainly been my confidence in my role. I feel better equipped to deal with problems, to think critically and to respond to problems in a more level-headed way".*

### **CPPE's popular eight-week e-course on life skills is back!**

Our Life skills – developing your potential tutor-led e-course starts on 12 May 2025 and will run online for eight weeks. Participants will develop a range of life skills that will allow them to reach their full potential and build a greater self-awareness and skill set for both professional and personal use.

Here is some feedback from our previous learners:


*"The benefit of doing this programme is to develop my life skills to work more effectively and get better satisfaction in my work and life. This programme has enabled me to become more effective in what I do and to have the confidence to overcome barriers, be more influential, manage people more effectively, be resilient, communicate effectively, network effectively, support others by coaching, mentoring and to have a work/life balance."*

*"This course has been one of the best I have ever enrolled on. It's taught me a lot about myself in terms of where I am presently, and where I could improve. It has changed the way I perceive the world, and I am now more conscious about my actions and those of others."*

Each week sets a series of challenges and exercises to help participants reflect on their practice, identify ways to develop their potential and learn new skills. We estimate that participants will need to commit to four hours of learning each week. As this is an interactive course, there will be opportunities to take part in discussion forums with colleagues. There will be one optional webinar during the course, 10th June 7.00-8.30pm, which we encourage participants to attend but is not mandatory.

[Enrol onto our Life skills – developing your potential now!](#)

### **Pharmacy Conversations Episode 7 – Mental health and difficult conversations with Ami Hale and Graham Newton**

 Mental health consultations can be some of the most emotionally demanding moments in pharmacy.

But they can also be the most meaningful.

In this episode, we explore:

- ⚠ Suicide risk
- 🛡 Safeguarding
- 💬 Side effects like sexual dysfunction
- 🛡 Your own well-being

🎧 Listen to strategies that help you support people with their mental health — and yourself — with confidence and care.

<https://www.cppe.ac.uk/podcasts/default>

### Ongoing learning support

- [NHS Pharmacy First - Delivering a quality service](#)
  - o Do you want support to have effective consultations with people who request antibiotics that are not indicated?
  - o Do you want support to have effective consultations with people who request NHS Pharmacy First but are excluded by PGDs?
  - o Do you want support to effectively record your NHS Pharmacy First consultations? Dr Phil Xiu shows us what a good consultation record looks like.
- [CPPE resources for the NHS Pharmacy First service](#)
  - o This is a news article with a useful list of links to all our resources related to Pharmacy First
- [Return to prescribing](#)
  - o If the podcast has inspired, you to return to prescribing why not book onto [Return to prescribing](#).
  - o To learn more about career progression and what you need to do to advance, we have a lot of resources for you:
    - [Pharmacy technicians: using patient group directions in practice](#)
    - [Leading for change](#)
    - [Quality improvement \(QI\): an introduction for pharmacy professionals](#) & [Managing projects](#)
- [Environmental sustainability](#)
- [Valproate: the hard conversations focal point](#)

### Exciting opportunity to join the CPPE Operations Advisory Board

We are looking for three new members to help shape and support the work of CPPE by actively engaging with our national Operations Advisory Board. The CPPE Operations Advisory Board meets four times each year, two face to face and two virtual meetings. It brings together our national commissioners from NHS England with leadership bodies and registrants from different sectors of practice.

To fill the three vacant roles, we aim to recruit:

- a registrant working in a secondary care role.
- a registrant working in a commissioning role.
- a registrant working at consultant level practice.

If you are interested in applying, please send your CV and your responses to the following three questions to [jayne@cppe.ac.uk](mailto:jayne@cppe.ac.uk) by 19<sup>th</sup> May 2025:

1. What is the biggest educational priority for CPPE to engage with over the next three years?
2. Which learning experience has shaped the way that you practise now?
3. How do you make sure that your voice is heard in the meetings that you attend?

