

SEMESTER LESSON PLAN (RPS)

Psychophysical Rehabilitation



Lecture name:
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Bachelor Program in Special Education
Faculty of Educational Sciences
Indonesia University of Education
2023

	SEMESTER LESSON PLAN	No.Dok : RPS-FIP-PKh No. 052
	LEARNING EVALUATION IN SPECIAL EDUCATION	Revise :
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	Page : 1-15	
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Lecture	Study Program Quality Assurance	Head of Bachelor Program in Special Education
SEMESTER LESSON PLAN 1. Course Identity Study Program Name: Bachelor Program in Special Education Course Name: Physcophysical Rehabilitation Course Code: KH 446 Course Group: Professional Skills Courses Credit Hours: 3 Credits		

Level: Bachelor Program (S1)

Semester: Odd (5)

Prerequisite: Personal Development and Movement

Status (mandatory/elective):

Name and code of lecturer: dr. Euis Heryati, M.Kes.2282

2. Course Description

The Psychophysical Rehabilitation course provides insight for students to understand the concepts and rehabilitation programs for children with special needs, especially children with motor skills. Therefore, this course discusses the basic concept of rehabilitation which includes the philosophy, definition and scope of rehabilitation; medical problems and complications of children with motor impairments; integrated treatment of children with motor impairments; rehabilitation program for children with motor impairments; as well as community-based rehabilitation. The psychophysical rehabilitation course has two aspects of abilities that students need to have, namely theory and practice in preparing and implementing rehabilitation programs for children with motor impairments, both individually and in groups, in the cognitive, affective and psychomotor dimensions. Lectures are carried out using a balanced proportion of theoretical studies with practice for field assessments in preparing and implementing rehabilitation programs for children with motor impairments.as well as community-based rehabilitation. The psychophysical rehabilitation course has two aspects of abilities that students need to have, namely theory and practice in preparing and implementing rehabilitation programs for children with motor impairments, both individually and in groups, in the cognitive, affective and psychomotor dimensions. Lectures are carried out using a balanced proportion of theoretical studies with practice for field assessments in preparing and implementing rehabilitation programs for children with motor impairments.

3. Referenced Study Program Learning Outcomes (CPL)

S2. upholding human values in carrying out duties based on religion, morals and ethics

P2. Master the principles, planning techniques, management and educational theories to support learning for all types of children with special needs.

KU3. Able to study the implications of developing or implementing science and technology that pays attention to and applies humanities values in special education based on scientific rules, procedures and ethics in order to produce solutions, ideas, designs or art criticism

4. Course Learning Outcomes (CPMK)

S1. devoted to God Almighty and able to show a religious attitude

S2. upholding human values in carrying out duties based on religion, morals and ethics

S8. Internalize academic values, norms and ethics

S9. Demonstrate a responsible attitude towards work in their field of expertise independently

P1. Mastering the basic science of education and mastery of students with special needs

P2. Master the principles, planning techniques, management and educational theories to support learning for all types of children with special needs.

P3. Master several learning models and methods that can be applied in special education

P4. Mastering various learning media that can be applied in learning for children with special needs

KU1. Able to apply logical, critical, systematic and innovative thinking in the context of developing or implementing science and technology that pays attention to and applies humanities values in special education

KU2. Able to demonstrate independent, quality and measurable performance in special education

KU3. Able to study the implications of developing or implementing science and technology that pays attention to and applies humanities values in special education based on scientific rules, procedures and ethics in order to produce solutions, ideas, designs or art criticism

KU5. Able to make appropriate decisions in the context of solving problems in the field of special education, based on the results of analysis of information and data from the field

KU6. Able to maintain and develop working networks with supervisors, colleagues, colleagues both inside and outside the institution

KK6. Demonstrate effective communication skills in special education praxis

KK8. Able to solve learning problems in special education by applying theory and basic principles of critical thinking, inter- and multi-disciplinary empowerment
 KK9. Have the ability to provide guidance to both parents and children with special needs.

4. Lesson Plan Description

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
1	Students understand the objectives, scope and targets of lectures. Students know the learning resources used. Students know the topics to be studied and the assignments to be done.	Materials in the lecture syllabus	Discussion and Q&A to understand the aims, scope and targets of the lecture.	3x50 minute	Search for various literature related to psychophysical rehabilitation.	1. A. Salim, (1994) 2. Cullatta, Richard A st.al (2003) 3. COM, Ed (1987)
2	Students have insight and understanding of the meaning,	The concept of psychophysical rehabilitation which contains the	Students pay attention to the lecturer's explanation	3x50 minute	Search for various literature related to	4. A. Salim, (1994) 5. Cullatta, Richard

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
	objectives of rehabilitation, basic principles and philosophy of rehabilitation, as well as the scope of rehabilitation services	definition, objectives of rehabilitation, basic principles and philosophy of rehabilitation, as well as the scope of rehabilitation services	of the concept of rehabilitation, Students conduct questions and answers regarding the material discussed, Students summarize the material discussed		psychophysical rehabilitation.	A st.al (2003) 6. COM, Ed (1987)
3	1. 2Explain medical problems related to children with motor impairments (ADHM) 2. Explain some of the complications that	Medical problems and complications of ADHM	Students pay attention to explanations about medical problems and complications of ADHM, Question and answer/discussion about several related issues	3x50 minute	Look for other sources on the topic discussed	7. A. Salim, (1994) 8. Cullatta, Richard A st.al (2003) 9. COM, Ed (1987)

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
	occur in ADHM					
4	Explain the problems and complications of the ADHM musculoskeletal system Explain the problems and complications in the ADHM urogenital system Explain the problems and complications in the ADHM cardiovascular system	Medical problems and complications of ADHM	Students pay attention to explanations about medical problems and complications in the ADHM musculoskeletal, urogenital and cardiovascular systems Question and answer/discussion about several related issues	3x5 minute	Look for other sources on the topic discussed	10. A. Salim, (1994) 11. Cullatta, Richard A st.al (2003) 12. COM, Ed (1987)
5	Explain the problems of rehabilitation of	Medical problems and complications of ADHM	Students pay attention to explanations about	3.50 minute	Look for other sources on the topic discussed	13. A. Salim, (1994)

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
	children with cerebral palsy Explain the rehabilitation of children with polio Explain the rehabilitation of children with DMP Explain the rehabilitation of children with amputees		medical problems and complications in the ADHM musculoskeletal, urogenital and cardiovascular systems Question and answer/discussion about several related issues			14. Cullatta, Richard A. et al (2003) 15. COM, Ed (1987) 16. Elkins, J & Ashman, A. (1994)
6	Explain the psychosocial aspects of ADHM Explaining ADHM psychosocial problems	ADHM psychosocial problems	Students conduct a literature review and present the results of the study regarding ADHM psychosocial aspects and problems Question and answer/discussion about what is being presented	3x50 minute	Search and review literature and present the results	17. A. Salim, (1994) 18. Cullatta, Richard A. et al (2003) 19. COM, Ed (1987) 20. Elkins, J &

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	Reference s
						Ashman, A. (1994)
7	Students have insight and knowledge about aspects of integrated treatment and various ADHM integrated services	ADHM integrated treatment	Students conduct a literature review and present the results of the study regarding integrated management of ADHM Question and answer/discussion about what is being presented	3x50 minute	Search and review literature and present the results	21. A. Salim, (1994) 22. Cullatta, Richard A st.al (2003) 23. COM, Ed (1987) 24. Elkins, J & Ashman, A. (1994)
8	MID-SEMESTER EXAMINATION					
9	Definition and objectives of RBM RBM program and management for ADHM	Community Resource Rehabilitation (RBM)	Students conduct a literature review and present the results of the study regarding RBM for ADHD Question and answer/discussion about what is being presented	3x50 minute	Search and review literature and present the results	25. A. Salim, (1994) 26. Cullatta, Richard A st.al (2003) 27. COM, Ed (1987)

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
10	Definition and objectives of RBM RBM program and management for ADHM	Community Resource Rehabilitation (RBM)	Students conduct a literature review and present the results of the study regarding RBM for ADHD Question and answer/discussion about what is being presented	3.50 minute	Search and review literature and present the results.	28. A. Salim, (1994) 29. Cullatta, Richard A et al (2003) 30. COM, Ed (1987) 31. Elkins, J & Ashman, A. (1994)
11	Students have knowledge and understanding of the stages of creating a rehabilitation program	Creation of a rehabilitation program	Students listened to the presentation of material regarding the preparation of rehabilitation programs Discussion and questions and answers about the material presented	3.50 minute	design a rehabilitation program for ADHM	32. Salim, (1994) 33. Cullatta, Richard A et al (2003) 34. COM, Ed (1987) 35. Elkins, J & Ashman, A. (1994)
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Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
13	Students are able to create a basic rehabilitation program for ADHM	Creation of a rehabilitation program	Students look for ADHM cases and develop rehabilitation programs Students present the results of their cases and programs	3x50 minute	Look for ADHM cases and develop rehabilitation programs	36. A. Salim, (1994) 37. Cullatta, Richard A. et al (2003) 38. COM, Ed (1987) 39. Elkins, J & Ashman, A. (1994)

14	Students are able to practice (simulate) the basic rehabilitation process at ADHM according to their child's case.	ADHM basic rehabilitation simulation	Students simulate the basic ADHM rehabilitation process per group	3x50 minute	practice the basic rehabilitation process for ADHM according to the case	40. A. Salim, (1994) 41. Cullatta, Richard A. et al (2003) 42. COM, Ed (1987) 43. Elkins, J & Ashman, A. (1994)
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Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
15	Students have insight into various rehabilitation services in the field	Field observation	Students conduct observations at rehabilitation service locations for ADHM	3x50 minute	carry out field observations and make reports on the results of observations	A. Salim, (1994) Cullatta, Richard A st.al (2003) COM, Ed (1987) Elkins, J & Ashman, A. (1994) Freidberg, R.D. (1992) Hallahan, D.P. & Kauffman, J.M. (1991) Loveday, Marian, (2006) McBrayer, Kim Fong Poon and Gon Jon Liang, Ming (2002) Parker et all (2005).

Meeting	Course Lesson Outcome Indicators	Subject Matter	Learning Method	Time	Assignment and Assessment	References
						WB. Saunders, (1981), WHO, 1986
16	FINAL SEMESTER EXAMINATION					

5. Reading/Reference List

6. A.Salim, (1994), Dasar dasar rehabilitasi Anak Luar biasa. Surakarta, UNS Press.
7. Cullatta, Richard A st.al (2003) *Fundamentals of Special Education, What Every teacher Need to Know*. New Jersey : Pearson Education.
8. COM, Ed (1987), *Carrier information in Physical Medicine and Rehabilitation*.
9. Elkins, J & Ashman, A. (1994). *Educating Children with Special Needs*. Second Edition. New York : Prentice Hall.
10. Freidberg, R.D. (1992) “*Cognitive Behavioral Games and Woekbooks. Tips for School Counselor dalam Journal of elementary School Guidance*. Vol. 31 (1), 11-19.
11. Hallahan, D.P. & Kauffman, J.M. (1991). *Exceptional Children, Introduction to Special Education*. Second Edition. California-USA: Phonics Services Inc.
12. Loveday, Marian, (2006), *The HELP Guide for Community Based Rehabilitation ,Workers : A Training Manual*.
13. McBrayer, Kim Fong Poon dan Gon Jon Liang, Ming (2002) *Special Needs Education, Children with Exceptionalities*. Hong kong,: The Chinese University Press.
14. Parker et all (2005). *Rehabilitation counseling basic and beyond*. Austin Texas, PRO-ED. Inc.

15. WB.Saunders, (1981), *Handbook of physical medicine and rehabilitation*
16. WHO, 1986, *Training disable people and community*. USA, WHO