Make Great Music with Ease!

The Secret to Smarter Practice, Confident Performance, and Living a Happier Life

By Jennifer Roig-Francolí

INSPIRATION FOR MUSICIANS

Do you wish you could learn how to activate Inspiration and convey deep meaning through your music whenever you wish? This is entirely possible, when you know how to get out of the way and let Inspiration flow through you, freely and spontaneously.

I believe truly great artistry simply isn't possible without connecting to and sharing our creative spirit openly with ease and humility. Cultivating this precious skill enables us to create the musical life we want, stimulate the healing we need, and communicate universal Love to the world!

Read…

Review these chapters in *Make Great Music with Ease!* for insights on how to access inspired flow for creative musical expression:

- Chapter 7 (p. 83) Making Music with Spirit ~ *Do you let your music flow with Inspiration?*
- Chapter 17 (p. 219) You are Made for Creative Expression and Success ~ *Stop interfering with your natural design and enjoy inspired flow*

Watch…

Here's a video you might find inspiring!

- Musicians need to let go - but HOW?!!?!? (18 min.)

  Everyone knows musicians need to let go when making music...but HOW do you do that?!? And what exactly do you need to let go *OF*??? This video tells you how to let go of the ego-thoughts of past/future and out-of-control emotions (like guilt over not practicing enough!) so you can

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finally stop sabotaging your performance and get into the flow.

- Find more inspiring videos, including my musical performances, on my YouTube channel

NOTE: If you enjoy a video, please subscribe to my channel, 'like' the video, and leave a comment! Your support really makes a difference - many thanks!! 🙂

If you'd like more personalized support and information about how you can apply these ideas, go deeper, and *Make Great Music with Ease*, simply fill out this form and I'll be happy to send you information about the most appropriate Art of Freedom® program currently available for your unique situation. Click here to access the application form

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