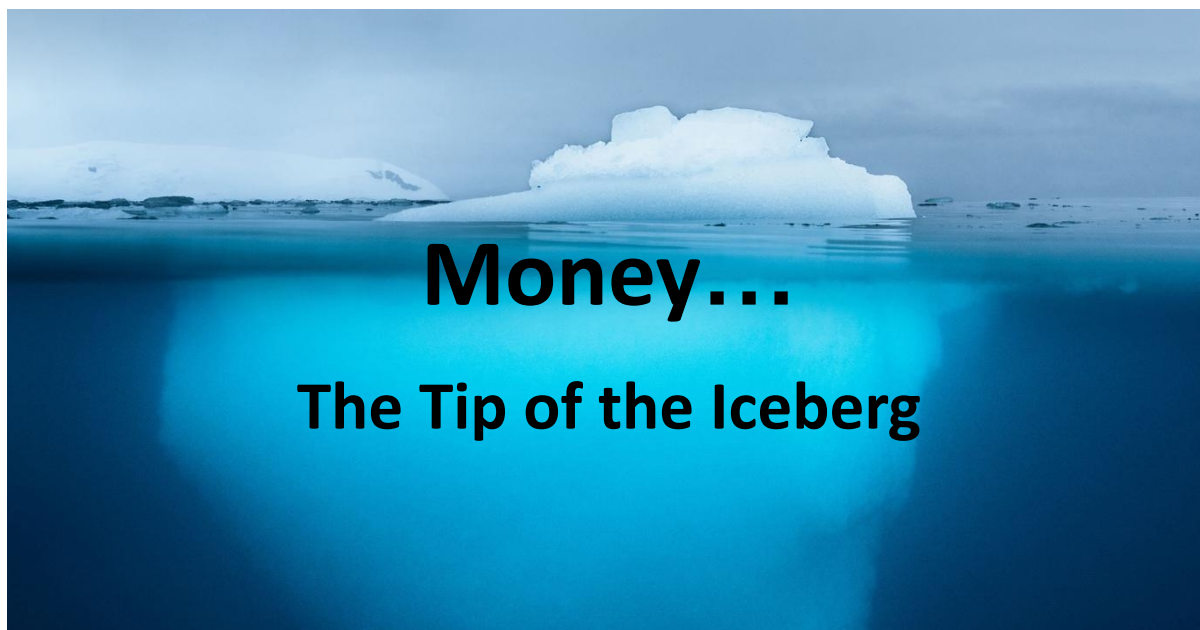




*A two day workshop with
Martin Capps and Catherine Havard*

***Friday 22 and Saturday 23 November 2024
10am to 5pm***

***Manchester Gestalt Centre
7 Norman Road, Rusholme, Manchester***

Catherine and Martin are rerunning this successful workshop to give space to explore what is in the murky waters under the tip of the money iceberg. We aim to experientially explore our relationship to money, both professional and personal and how this influences the dynamic of therapy and supervision. We have found that two days is needed to allow for the group process to develop, providing a cohesive, supportive and challenging space so that you can fully explore these murky depths and challenge the stories you may spin yourself around money and it's worth to you.

We encourage you to join us to engage in and explore this often overlooked and avoided subject area, which is particularly pertinent in the current economic climate. How do we balance our needs/wants with the needs/wants of others?

Cost is £320 (£290 early bird for booking prior to 15 September 2024).

A £75 deposit will secure your place for this workshop – the balance will be payable in October. In the spirit of the workshop, there will be space to explore the fee you have paid and its worth (or not) to you.

To book email martin@martin-capps.co.uk with "Money workshop" in the title.



Some feedback from previous times this workshop has run:

- ◇ *"I was ... really moved by the shared uncovering of parts of ourselves and our lives that are deeply touched by it."*
- ◇ *"The workshop gave me the opportunity to explore some of the deep-seated complexities I hold around money, and this enabled me to make some very real, and beneficial, changes to my practice..."*
- ◇ *"...I came away with a much clearer idea of my own relationship to money and its meaning in therapy."*
- ◇ *"(The workshop) provided a very stimulating way into personal exploration and insight into the beliefs and values of others. Highly recommended."*



Catherine Havard is a UKCP Registered Gestalt Psychotherapist and is a Training and Supervising Member of The Gestalt Psychotherapy Training Institute (UK) and a member of the GPTI Training Standards Committee. She delivers training on the Foundation Year and Diploma training at Manchester Gestalt Centre. Catherine works in a private practice in rural Wales as a psychotherapist working with couples and individuals, and as a supervisor working with both qualified and therapists in training. It was through her desire for satisfaction when setting her fees and the subsequent emotional support and discussion with Martin that her interest in delivering training around money emerged

Martin Capps is a Gestalt Psychotherapist, supervisor, coach and trainer with many years of experience in the private, NHS and third sectors. He has long been interested in the relational aspects of shame and how it affects individuals and organisations. He has taught at the Metanoia Institute and the Welsh Psychotherapy Partnership psychotherapy trainings as well as currently being a tutor and course manager with the Centre for Supervision Training and Development (CSTD), Bath. He has wanted to organise a workshop on money for a long time and a discussion with Catherine provided the necessary support and motivation to finally mobilise.