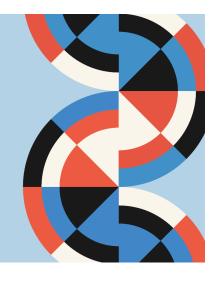


CONSCIOUSNESS AND THE BRAIN CONCIENCIA Y CEREBRO



CONFERENCE SUBMISSION INFORMATION

Standard Submission Guidelines The submitter is expected to be familiar with the basic requirements outlined below. It is not our responsibility to teach these fundamentals, so please review the following carefully.

An abstract in both English and Spanish is required, following the guidelines below. Additionally, a return email address and a designation of professional affiliation must be provided (e.g., UZUAY student, faculty member, or "Independent Scholar").

1. Title and Abstract

- Clear and Concise Title: The title should accurately reflect the core focus of your research.
- Informative Abstract: The abstract should include the following components:
 - Background: A brief introduction to the research area and its significance.
 - Research Question/Hypothesis: A clear statement of the central question or hypothesis being investigated.
 - Methodology: A brief description of research methods, including experimental approach, data analysis, or theoretical framework.
 - o **Results/Findings:** A summary of key findings or preliminary results.
 - Conclusions/Implications: The main conclusions and their significance in the field.
- Keywords: Include 3-5 relevant keywords for indexing and searchability.
- <u>Important Information:</u> The abstract must be translated into Spanish using Google Translate, DeepL, or any other personal translation tool of your choice. <u>Suggested tools:</u>
 - Google Translate
 - o <u>DeepL</u>



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2. Presentation Content

These elements are typically integrated within the abstract and are provided as general guidelines:

• Introduction:

- Briefly introduce the research area and its relevance.
- Clearly state the research question or hypothesis.
- Provide necessary background information.

Methods:

- Describe research methods in detail.
- Explain data collection and analysis procedures.

Results:

- Present findings clearly and concisely.
- Use visuals such as charts, graphs, or images when applicable.

Discussion:

- Interpret the results and discuss their implications.
- Address limitations and propose future research directions.

Conclusion:

- Summarize key findings and their significance.
- Provide a strong concluding statement.

3. Presentation Style

• Clarity and Conciseness: Avoid excessive jargon; use accessible language for a broad audience.



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• **Visual Aids:** Incorporate high-quality visuals (e.g., slides, posters) to enhance presentations, especially for poster sessions.

Length Requirement: 300-500 words.

Participant Data

1) AUTHOR(S):

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2) JOB DATA - TYPE OF PRESENTATION:

- Poster or verbal presentation (15 or 30 minutes)
 - **2.1 Title in Spanish:** Educación contemplativa y neuroplasticidad.
 - **2.2 Title in English:** Contemplative Education and Neuroplasticity.
- **3) THEMATIC AXIS:** This work falls under the thematic axis: Neuroeducation and Neurodevelopment. Neuroeducación y Neurodesarrollo.



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- 4. Abstract
- 4.1 Spanish Summary

EDUCACIÓN CONTEMPLATIVA Y NEUROPLASTICIDAD

El interés mundial por la educación contemplativa ha crecido rápidamente desde la fundación del Centro para la Mente Contemplativa en la Sociedad en 1997. Desde entonces, se ha visto un creciente cuerpo de investigación sobre la neuroplasticidad, que ha traído consigo una comprensión significativa de la salud cerebral y psicológica asociada con prácticas contemplativas como la atención plena, la meditación y los ejercicios de atención focalizada en todos los niveles de educación. [...] (Full text continues)

Keywords: educación, cerebro, neuroplasticidad, educación contemplativa, meditación, epigenética, aprendizaje.

4.2 English Summary

CONTEMPLATIVE EDUCATION AND NEUROPLASTICITY

Global interest in contemplative education has grown rapidly since the foundation of The Centre for Contemplative Mind in Society in 1997. Years since then have seen a growing body of research on neuroplasticity, bringing with it significant understandings of brain and psychological health associated with such contemplative practices as mindfulness, meditation, and focused attention exercises at all levels of education. [...] (Full text continues)

Keywords: education, brain, neuroplasticity, contemplative education, meditation, epigenetics, learning.

Abstract Examples:

For reference, visit **CIIS Digital Commons** and browse articles for additional examples.