

Childcare outside of England

Free childcare in Wales

Under the Childcare Offer for Wales, you could claim up to 30 hours a week of early education and childcare in Wales for up to 48 weeks of the year. The 30 hours is made up of a minimum of 10 hours of early education a week and a maximum of 20 hours a week of childcare. The exact amount of childcare that you get depends on how much early education your local authority offers.

To be eligible for free childcare, you must fulfil the following criteria:

Your child must be aged three or four-years-old

You must earn at least the National Minimum Wage or living Wage for 16 hours a week on average

Each parent must earn less than £100,000 per year

Parents of lone parent families need to be working

Parents of two parent families must both be working

Parents may be self-employed or on a zero hours contract and will need to prove their status and provide relevant documents

Parents may be employed or self-employed but are on statutory leave, such as maternity leave

Foster carers and kinship carers may also be eligible

The Flying Start programme could help provide part-time childcare for two-year-olds in disadvantaged areas of Wales. In order to find out if you live in a Flying Start area and what help may be available, contact your local Family Information Service

To find your local Family Information Service and apply for free childcare, visit the following website;
<https://gov.wales/find-your-local-family-information-service>

Free childcare in Scotland

You can get up to 1,140 hours of funded early learning and childcare a year (around 30 hours a week in term time) if your child is three or four-years-old. You may be able to get more funded hours in your area or access them early, as the Scottish Government is adding more funded hours.

www.metabolicsupportuk.org
Metabolic Support UK, 5 Hilliards Court, Sandpiper Way, Chester Business Park, Chester, CH4 9QP, Tel: 0845 241 2173 /
0800 652 3181 Email: contact@metabolicsupportuk.org

Executive Director: Lindsay Weaver

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Some two-year-olds could be entitled to 16 hours funded
receive one of these benefits:

a week if you

Income Support

Job Seeker's Allowance (income based)

Any income related element of Employment and Support Allowance

Incapacity or Severe Disablement Allowance

State Pension Credit

Child Tax Credit, but not Working Tax Credit and your income is £16,480 or less

Child Tax Credit and Working Tax Credit and your income is £7,500 or less

Support under part VI of the Immigration and Asylum Act (1999)

Universal Credit and your household take-home pay is £625 a month or less.

Child Disability Payment (Scotland only)

To apply or for further information, visit your Local Authority's website.

You can use the following childcare calculator to work out how much childcare you're eligible for,
anywhere in the UK:

<https://www.gov.uk/childcare-calculator>

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