

Self-Introduction Brainstorming Worksheet

[Make a copy of this page to work on]

For Networking and Interviewing

Instructions: Jot down notes for each section in any form; bullet points, full sentences, sketches...

1) I am - aspects of identity you want to feature: roles you identify with; academic background; qualities/strengths you're proud of; how you identify professionally	2) I care about - what motivates you, the values/purpose that guide your pursuits: a cause that drives you, a problem you want to address, where you want to make an impact
3) I can - what you have done or can do: relevant experience, skills and knowledge you want to highlight	4) I want - elements of the role or responsibilities you are seeking, how you'd like to contribute; kind of organization/setting where you'd like to work; desired work culture