

LFRC Records 2011 - present:

Male Records

Half-Marathon Records:

Year	Name	Time			Race
2012	Jon Archer	1	10	37	Bath
2013	Jon Archer	1	10	32	Great North Run
2014	Jonathan Stephens	1	19	25	Southport
2015	Jonathon Stephens	1	16	12	Sunderland
2016	Stephen Magrath	1	20	53	Liverpool
2017	Lawrence Johnson	1	19	43	Brass Monkey

Marathon Records:

Year	Name	Time			Race
2012	Shaun Dunlop	3	2	20	Sunderland
2013	John Stephens	2	56	32	Sunderland
2014	Phil Coulson	2	44	5	London
2015	Jon Stephens	2	47	41	Edinburgh
2016	Fai Ng	2	54	19	London
2017	Stephen Magrath	2	48	38	Manchester

Female Records

Half-Marathon Records:

Year	Name	Time			Race
2012	Paul McRitchie	1	35	45	Moray

2013	Cheryl Parkin	1	34	48	Great North Run
2014	Anna McLean	1	35	27	Wilmslow
2015	Anna McLean	1	35	10	Wilmslow
2016	Cheryl Parkin	1	30	57	Great North Run
2016	Cheryl Parkin	1	32	45	Sunderland
2017	Anna McLean	1	33	41	Wilmslow

Marathon Records:

Year	Name	Time			Race
2012	Paul McRitchie	3	27	35	Sunderland
2013	Margaret Smith	4	45	54	London
2014	Emma Helmn	4	0	16	Edinburgh
2015	Kath Bishop	4	2	45	Edinburgh
2016	Alex Bullock	3	56	31	London
2017	Anna McLean	3	35	20	Manchester