

Sample of how to fill out the Cardio Kidz Keepsake Bib

- ★ Each Series you run with Cardio Kidz you receive a sticker with the Series Theme.
- ★ Fill up the bib and receive something special!
- ★ If you volunteer with us after you age out of the program you will keep getting stickers each series you volunteer!

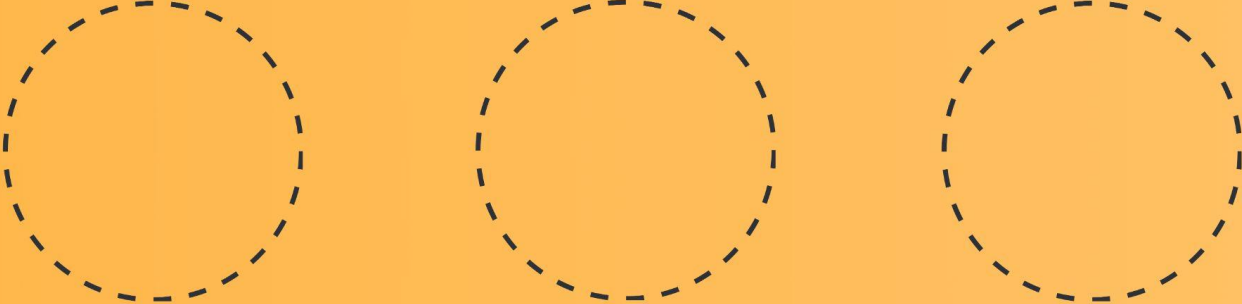
Sydney





CARDIOKIDZ

Summer 2024- 1/4 mile



The first step to greatness is believing that greatness exists within you.
~ Channique Nathan