April 7-9 **Big C Relays**

Summary

- This is a meet at The Dome in Anchorage focusing on relay events in addition to field events and individual events.
- Meet website: http://www.bigcrelays.com/
- We will leave Homer Thursday afternoon at 3:15pm and return Saturday night.
- We are staying at ACS in Anchorage. Athletes will need to bring a sleeping bag, pillow, and sleeping pad.
- We need to have all Raffle ticket sales completed and turned in by Wed 4/6
- Team comms on Remind App sign up here https://www.remind.com/join/homertr

Itinerary

1. Thursday
    a. 2:55 out of class, no FOL, 3:15 Leave Homer High School
    b. Soldotna Fred Meyers for evening meal and breakfast supplies
    c. Overnight at ACS
2. Friday
    a. Breakfast
    b. Meet starts at 10am Friday goes until about 8pm
    c. Dinner after the meet.
    d. Spend night at ACS
3. Saturday
    a. Breakfast
    b. 9am meet starts and goes until 5pm but we will leave when our events are done.
    c. After meet, stop at Anchorage grocery store (Safeway) for meal.
    d. Bus ride home with possible stop at Soldotna Fred Meyers
    e. ETA 10pm

Details

What to Bring

- Toiletries (**DEODORANT**)
- Snacks, water bottle
- Sleeping pad, sleeping bag, pillow
- Uniform, warmups, shoes, spikes, extra clothes
- Cash for snacks and meals at grocery stores (est $50 to $60)
    - Fred Meyers snacks and dinner $15
    - Fri morning breakfast $10-$15
    - Dinner Fri night $15-$20
    - Sat morning breakfast $10-$15
    - Safeway snacks and dinner Sat after the meet $10-$15