NAME: Rebe	kah Teel			OPTIONAL V	Veekly Knot	& Stitch App	lication Log				
Instructions		10 of each	complete 5 stitches of each stitch variety selected this week.  AND Number of each of the specific knots used for the weeks practice	Date; Time t			3 different stit	-		veek.	
		_	_	Assignment # E.0	Assignment #	Assignment #	Assignment #	Assignment #		Assignment #	Assignment #
	Image	9-29-22 Time for	Date; 10-8-22 Time for completing prompt	10-17-22 Time for	Date; Time for completing prompt	Time for	Date;	Date; Time for completing prompt	Time for completing	Date; Time for completing prompt	Date; Time for completing prompt

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Square knot		4:12 smaller string	5 knots 1:52 Attempting one-hande d and even smaller thread				
Friction/ surgeon knot		4:08 smaller string	5 knots 2:01 attempting one-hande d and even smaller thread				
simple interrupted	李	8:06					
simple running/ continuous/ basting		1:50	4:11 Using needle holder and curved needle				

running locked/ locked blanquet (locked continuous)		2:11	4:39 Using needle holder and curved needle						
Interrupted subcuticular stitch		4:20							
Running subcuticular stitch/ horizontal-r unning mattress/ subcuticular		:59	2:31 Using needle holder and curved needle						
Assignment #D.2  I can see in the surgeon's knot that the strand loops over twice in the beginning, and the square knot looks so even and symmetrical and lays flat nicely			Assignment Weekly Refle		1				
Assignment #D.4 Weekly Reflection	smaller, more flimsy difficult time keepin flat with smaller stri	difficult time keeping the knots looking right and laying				# ection			
Assignment #E.0 This week I have focused on trying to get more familiar with my instruments and the curved needle. It really is			Assignment	#					

	difficult to get that curve needle to come out where I want it to. It is also hard to break the habit of wanting to use my mouth as an extra hand. Maneuvering with instruments will take more practice for sure. I am also trying to get more proficient at using one hand to tie knots.	Weekly Reflection	
Assignment #		Assignment #	
Weekly Reflection		Weekly Reflection	
Assignment #		Assignment #	
Weekly Reflection		Weekly Reflection	