

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Gym
2.  / 	1 	Cold Shower
3.  / 	1 	Eating good
4.  / 	1 	Sending an outreach
5.  / 	1 	100 Push Ups
6.  / 	2 	Work at a car factory
7.  / 	2 	Go through the Copywriting AI challenge
8.  / 	3 	Get a haircut
9.  / 	3 	Morning power up call
10.  / 	3 	Stretch
11.  / 	3 	Get Ludovic some candy
12.  / 	3 	
13.  / 	3 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number:

Date:

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	Wealth
2.	Fighting Skills
3.	Brotherhood

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 1 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 2 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 3 am: Task \$	Wake up / Get hydrated & Caffeinated
🔔 Intention 🔔	
✍️ Reflection ✍️	Done

\$ 4 am: Task \$	
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 Intention 	
 Reflection 	

 5 am: Task 	Go to work at a car factory until 2pm
 Intention 	
 Reflection 	Done

 6 am: Task 	
 Intention 	
 Reflection 	

 7 am: Task 	
 Intention 	
 Reflection 	

 8 am: Task 	
 Intention 	
 Reflection 	

 9 am: Task 	
 Intention 	
 Reflection 	

 10 am: Task 	
 Intention 	
 Reflection 	

 11 am: Task 	
 Intention 	
 Reflection 	

 12 am: Task 	
 Intention 	
 Reflection 	

\$ 1 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 2 pm: Task \$	Get home, eat and drink water
🔔 Intention 🔔	
✍️ Reflection ✍️	Done

\$ 3 pm: Task \$	Finish the outreach
🔔 Intention 🔔	
✍️ Reflection ✍️	Done

\$ 4 pm: Task \$	Get a haircut
🔔 Intention 🔔	
✍️ Reflection ✍️	Done

\$ 5 pm: Task \$	Personal appointment
🔔 Intention 🔔	

 Reflection 	Done
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\$ 6 pm: Task \$	Gym
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 Intention 	
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 Reflection 	Done
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\$ 7 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 8 pm: Task \$	Cold shower
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 Intention 	
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 Reflection 	Done
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\$ 9 pm: Task \$	Do the copywriting AI challenge
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 Intention 	
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 Reflection 	Undone
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\$ 10 pm: Task \$	Sleep
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 11 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 12 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

NEW What Do I Plan To Do Differently Tomorrow? NEW

NEW What Do I Plan To Do The Same Tomorrow? NEW

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

 What Tasks Were Left Undone? 

Brain Dump: