

Trans Inclusive Resources

Language

- Use gender neutral pronouns and terms
 - Be particularly mindful when speaking about the reproductive system eg.
 menopause and menstrual health campaigns should always use language that inclusive of all people with uteri rather than exclusively women
- Understand the difference between sex and gender identity
 - Do not make assumptions based on appearance, voice, or any other characteristic
- Listen to the individual's choice of phrases
 - Everyone will have different preferences in how they identify themselves
- Avoid terms like preferred pronouns, preferred name etc.
 - All of this implies that gender identity is a choice or that using the correct name and pronouns is optional this isn't true.
- Glossarv Sheet Poster Handout
 - Free to share with credit
- LGBTIQ+ Inclusive Language Guide | Minus18
- Pride in Practice Guide to LGBT+ Vocab

Pronouns

- Use they/them as a default when referring to anyone who hasn't explicitly told you their pronouns
- Display your pronouns at all opportunities eg. email signatures, name badges, bios and website profiles, Zoom names
- Pronouns: A Guide from GLSEN | GLSEN
- Want to know how to ask people about their pronouns? Here's why you already do. |
 by Lal Zimman | Trans Talk | Medium
- Pronouns.org Resources on Personal Pronouns
- Pronouns Matter | LGBT Resource Center (ucsf.edu)

Communication

- ABC of LGBT+ Inclusive Communication
- Evidence to Practice Guide: Inclusive communication with LGBTIQ+ clients (aifs.gov.au)

Workplace

- Supporting Transgender and Gender Diverse People in the Workplace The Commons (commonslibrary.org)
- <u>Citation | Transgender employees: HR basics for employers BICSc</u>

Legislation

- Trans Equality Scottish Trans
- Equality Act | Equality and Human Rights Commission (equalityhumanrights.com)
- Guide to Gender Recognition Certificates
- HR Basics for Employers

Healthcare

- TransActual
- HealthCARE Scottish Trans
- Standards of Care WPATH World Professional Association for Transgender Health
- Trans healthcare ethical topic GMC
- UK Gov Guidelines on Cancer Screening for Transgender Patients
- Cervical Screening Process for Trans and Non-Binary Patients
- Summary of the Endocrinology/Pharmacology of Hormone Therapies
- FSRH CEU Clinical Statement: Contraceptive Choices and Sexual Health for Transgender and Non-Binary People

Families

- New Family Social LGBT+ Adoption Charity
- NHS Having A Baby If You Are LGBT+
- Adoption or Fostering as Options For Trans and Non-Binary People

Organisations

- Sparkle Manchester
- Gendered Intelligence
- Gender Identity Research & Education Society
- Mermaids UK

Intersex People

- Inclusion Guide To Respecting People With Intersex Variations
- Supporting Intersex Inclusion in the Workplace