

2025 Falling Leaves Lacrosse Tournament Play Rules

November 8th & 9th

Field:

- All fields will be 80 x 40. Each field will have midline but no restraining box.
- Grade 1-2 will have a smaller field with 4 x 4 goals and can play 4 on 4 or 5 on 5.

Gameplay:

- 8 v 8 format (2 Att, 2 Def, 3 Mid, 1 Goalies) Except for K-2 which will be 5 v 5. Coaches can agree to 7 v 7 if both agree.
- 1 (28) minute running time game will begin with a double air horn. Single air horn will blow two minutes before the beginning of the game and with 2 minutes to go in the game) There will be seven minutes between games. Each team will have at least four games
- Face-off will occur after each goal and at the beginning of each half. Midfield wings line up with one foot on the sideline. Attack and Defense need to stay at or below Goal line extended until possession is called. If youth coaches agree, ball can be awarded to the goalie or team at midfield after a goal is scored in place of a face-off.
- **NO BODY CHECKING**. This will be assessed as a personal foul. Coaches will keep time and start with the official's whistle. On ball defending
- Penalties are 45 seconds for a technical foul and 1:30 for a personal foul running time for grades 5-6 and up. Grade 3-4 will be awarded fast break unless coaches agree to time serving penalties.
- **Flagrant fouls: 1st** will be removed from the game. **2nd foul** (occurring anytime during the remainder of the tournament) will be removed from the tournament. The certified NYS official will be the sole determinant as to whether the foul is flagrant or not.
- All substitutions will be made at the substitution box on the fly. 3-4, & 5-6 coaches may substitute on whistles if it is not slowing the game down and they agree.
- There will be no timeouts
- All ties will be decided by a 1 v 1 sudden victory braveheart starting with a face-off.
- All teams must have an adult who will be on the sideline and in charge of their team.
- Teams can play only 3 defensive long poles on the field at any time at Grade 5-6 and up. 3-4 Teams may play with 2 defensive long poles on the defensive side of the field.
- Any players or coaches involved in a fight will be immediately removed from the tournament. No exceptions.

Players:

- Players must wear full equipment at all times during the game
- Mouthguards must be worn by players

- Must have pinney or jersey the same color as their team