



GRADUATE STUDENT ORGANIZATION
145 Student Activities Center,
Stony Brook, NY 11794-2800
Website: <https://www.stonybrookgso.org/>
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Updated Sep 17th, 2025

✨ Welcome to your Fitness Application ✨

Disclaimer: GSO Funding is not guaranteed. **DO NOT** make any expense that would put you in a financially precarious situation. GSO reimburses on a first-come-first-serve basis and GSO reserves the right to change rules or discontinue certain services when we deem fit or when funds run out. **ONLY 1 FITNESS APPLICATION PER STUDENT WILL BE ACCEPTED IN ONE FISCAL YEAR.**

Recreation – **Fitness** supports participation in fitness classes and gyms. Reimbursable expenses include gym memberships, exercise classes (online or in-person), yoga and dance studios, meditation/mindfulness classes, registration fees for marathon/obstacle races, ski passes, and equipment rentals (not purchases). Allotment per student is **\$100** for the current fiscal year.

Documents Needed: (not so tedious as you think)

1. Fully Completed Application Form
2. Itemized Receipts and Proof of Payment
3. Event Brochure or Website Screenshot or Proof of Attendance

Rules: (Tick the checkboxes)

- ☐ 1. For receipts: All original, **itemized** receipts/invoices for all eligible expenses. Any non-itemized receipts will not be processed. For Proof of payment: If invoice, final receipt showing zero balance due. If there are multiple guests listed on the ticket, receipt, or membership contract, the total will be divided by number of guests.
- ☐ 2. Expenses must be made within the **current fiscal year** (July 1, 2025 – June 30, 2026)
- ☐ 3. Applications must be submitted **within 30 days of the expense incurred** (not within 30 days of the event being held) . They can be **consecutively relayed**, for example you can gather itemized receipts from September to December, and submit within 30 days that you made the payment in December.
- ☐ 4. Applications need to amount to **\$50** dollar minimum and must be submitted only **once**. (For example if you want to attend two fitness programs, we suggest you book the tickets within a 30 day period and submit the application asap combining the two receipts and brochures in one pdf). **If the 30 day period exceeds, it will be automatically rejected.**
- ☐ 5. Travel expenses to these activities are not reimbursable under this funding line. Access to GSO funding is contingent upon having an active GSO Senator in your department and payment of the graduate student activity fee.

If the information and documentation requested on this form is not provided, the application will be rejected.



To be filled out by the student:

1. Applicant Contact Information

Applicant Name: Student ID #: Department and Program: GSO Senator Name:

Applicant's Mailing Address:

Email Address: _____ Phone Number: _____

2. Event Information

Which recreation reimbursement line are you applying for? Please select one of the following:

☐ Fitness ☐ Cultural/Social

Please provide a brief description of classes, membership, or activity in 250 words or fewer:

Recreation: Itemized Expenses Table

Events/Activities Dates Amount	
Grand Total:	

3. Application Signature – Please read this carefully

By submitting this application, I attest under penalty of perjury that the information given is truthful to the best of my knowledge. I attest that I am the individual that personally incurred these expenses and will not be receiving any monetary gain from the GSO upon receiving this reimbursement. Any fraudulent attempts to secure funding over and above the total cost of a program will result in permanent ineligibility for GSO funding. The GSO will report any fraudulent applications to any other funding organizations involved in your program and will cooperate with any administrative and/or criminal proceedings undertaken by those organizations.

Applicant's Name: Date:

Signature:

