

GRADUATE STUDENT ORGANIZATION

145 Student Activities Center, Stony Brook, NY 11794-2800

Website: https://www.stonybrookgso.org/

E-mail: office@sbqso.org Updated Sep 28th, 2025

## 🧡 Welcome to your Fitness Application 🧡

Disclaimer: GSO Funding is not guaranteed. DO NOT make any expense that would put you in a financially precarious situation. GSO reimburses on a first-come-first-serve basis and GSO reserves the right to change rules or discontinue certain services when we deem fit or when funds run out. ONLY 1 FITNESS APPLICATION PER STUDENT WILL BE ACCEPTED IN ONE FISCAL YEAR.

Recreation - Fitness supports participation in fitness classes and gyms. Reimbursable expenses include gym memberships, exercise classes (online or in-person), yoga and dance studios, meditation/mindfulness classes, registration fees for marathon/obstacle races, ski passes, and equipment rentals (not purchases). Allotment per student is \$100 for the current fiscal year.

## Documents Needed: (not so tedious as you think)

- 1. Fully Completed Application Form
- 2. Itemized Receipts and Proof of Payment
- 3. Event Brochure or Website Screenshot or Proof of Attendance

## Rules: (Tick the checkboxes)

□1. For receipts: All original, itemized receipts/invoices for all eligible expenses. Any non-itemized receipts will not be processed. For Proof of payment: If invoice, final receipt showing zero balance due If there are multiple guests listed on the ticket, receipt, or membership contract, the total will be divided by number of guests.
□2. Expenses must be made within the <b>current fiscal year</b> (July 1, 2025 – June 30, 2026)
☐ 3. Applications must be submitted <b>within 30 days of the expense incurred</b> (not within 30 days of the event being held). They can be <b>consecutively relayed</b> , for example you can gather itemized receipts from September to December, and submit within 30 days that you made the payment in December.
□ 4. Applications need to amount to \$50 dollar minimum and must be submitted only <b>once.</b> (For example if you want to attend two fitness programs, we suggest you book the tickets within a 30 day period and submit the application asap combining the two receipts and brochures in one pdf). If the 30 day period exceeds, it will be automatically rejected.
□ 5. Travel expenses to these activities are not reimbursable under this funding line. Access to GSO funding is contingent upon having an active GSO Senator in your department and payment of the graduate student activity fee.

If the information and documentation requested on this form is not provided, the application will be rejected.



To be filled out by the student:

1. Applicant Contact Information	<u>on</u>		
Applicant Name:			
Student ID #:			
Department and Program:			
GSO Senator Name:			
Applicant's Mailing Address:			
Email Address:	Phone Number:		
2. Event Information			
Which recreation reimbursement line are you applying for? Please select one of the following:			
☐ Fitness ☐ Cultural/Social			
Please provide a brief description of classes, membership, or activity in 250 words or fewer:			
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Decreation: Itemized Eveness Tak			
Recreation: Itemized Expenses Table			
Events/Activities	Dates	Amount	
Grand Total			
3. Application Signature – Plea	•		
By submitting this application, I attest under penalty of perjury that the information given is truthful to			
the best of my knowledge. I attest that	•	•	
will not be receiving any monetary gain			
fraudulent attempts to secure funding over and above the total cost of a program will result in permanent ineligibility for GSO funding. The GSO will report any fraudulent applications to any other			
permanent ineligibility for GSO funding	over and above the total cost of a pr	ogram will result in	
permanent ineligibility for GSO funding funding organizations involved in your	over and above the total cost of a pr . The GSO will report any fraudulen	ogram will result in tapplications to any other	
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funding organizations involved in your	over and above the total cost of a prover and above the total cost of a provent any fraudulent program and will cooperate with any ose organizations.	ogram will result in tapplications to any other	