



LAKE HURON

VOLLEYBALL CLUB

Parent Handbook

Welcome

Welcome to the Lake Huron Volleyball Club, “The Ospreys” (LHVC) family! We are thrilled to have you and your athlete join us. Our mission is to provide a positive, competitive, and development-focused volleyball experience for athletes and families in our region. We foster an environment where athletes can thrive. We uphold high standards, open communication, safety, and a true sense of belonging.

About Lake Huron Volleyball Club

Lake Huron Volleyball Club proudly serves athletes and families in Petrolia & Wyoming and nearby Lambton County communities. Our goal is to nurture skill, confidence, leadership, and a lifelong passion for volleyball in every athlete.

We embrace the Ospreys' spirit and motto, "**Strike from Above.**"

Program Overview

LHVC offers training and team opportunities to enhance technical skills, tactical understanding, teamwork, and self-confidence. Programs may vary by age group and season.

In general, families can expect:

- Regular team practices during the club season
- Competition opportunities based on team level and schedule
- Qualified coaches and structured training plans
- Clear communication regarding schedules, tournaments, and expectations
- Local camps, clinics, and house league opportunities

Program details, such as age groups, practice frequency, tournaments, and fees, will be shared before registration and commitment.



Tryouts and Team Selection

Athletes interested in LHVC must attend tryouts unless the club informs them otherwise. Tryouts help us evaluate skill, potential, coachability, effort, and team fit.

Please note:

- Tryout registration must be completed in advance when required.
- Attendance at all scheduled tryout sessions is strongly encouraged.
- Team offers will be communicated after evaluations are complete.
- Saying yes to an offer means you are joining the team for the season.
- After an athlete accepts an offer, families need to keep to their financial and team promises.

Fees and Financial Commitments

Club volleyball takes careful planning and costs money. Fees may cover:

- Gym rentals
- Tournament entry fees
- Coaching and staffing costs
- Insurance and governing body registration fees
- Equipment and training resources
- Uniforms and team apparel
- Administrative and platform costs

We will provide detailed info about fees, payment schedules, and inclusions before any final commitment. Usually, travel, meals, and accommodations are not included unless stated otherwise.

Refund requests will be handled in accordance with the club's policy. Once an athlete commits, the club quickly incurs costs. Refunds may be limited.

Practice and Competition Expectations

We will share practice and tournament schedules as early as possible. Changes may occur due to gym availability, school use, weather, or events. Athletes are committed to consistently attending practices, arriving on time, and participating fully as part of their team commitment.

- Athletes and families are committed to communicating any absences in advance whenever possible to support the team's planning and cohesion.
- Come ready with the right clothes, shoes, water, and needed gear.



- Demonstrate effort, respect, and coachability.

Parents are committed to supporting athlete attendance, punctuality, and positive team culture through open communication and encouragement.

Playing Time and Athlete Development

LHVC supports athlete development and learning. Playing time depends on program level, attendance, effort, attitude, positional needs, and performance. At higher levels, equal playing time is not guaranteed.

Coaches make decisions they believe support athlete development and team success. We urge families to value growth and long-term improvement over immediate results.

Safety and Concussion Protocols

LHVC is committed to a safe, supportive sporting environment. The health and well-being of our athletes are always our top priority.

If a concussion is suspected, we will remove the athlete from play right away.

- Parents/guardians will be informed.
- Return to play will follow medical guidance and governing body rules.
- Medical clearance may be needed before the athlete returns to training or competition.

Athletes must tell a coach right away if they feel unwell or notice a possible concussion in themselves or another.

Behaviour and Code of Conduct

Athletes, parents, coaches, volunteers, and spectators must always ensure a respectful, safe, and positive environment.

This includes:

- Respecting coaches, teammates, opponents, officials, and event staff
- Using appropriate language and behaviour
- Demonstrating self-control during games and practices
- Supporting athletes without sideline coaching or negative comments
- Following club, venue, and governing body rules



Serious or repeated conduct breaches may lead to corrective action. This can include reduced participation, suspension, or removal from the club.

Parent Communication and Concerns

We value direct, respectful communication. Parents with concerns should take these steps:

1. Wait 24 hours after an incident or game before raising concerns.
2. Contact the coach to request a respectful conversation.
3. If you still have a concern, talk to club leaders to look into it.
4. If needed, submit a formal complaint through the club's established process.

Complaints should have clear details and information. All concerns will be handled fairly and privately.

Communication Platforms

LHVC uses approved tools to share schedules, updates, reminders, and important notices. Families must keep contact info updated and check messages often.

Communication may include:

- Email
- Team management platforms
- Club website updates
- Approved social media announcements

Parents and athletes should always use official channels for team matters. This helps maintain clarity and accountability.

Uniforms and Team Gear

Athletes may need to buy or return team items based on the program. We will share uniform details before the season. Families should expect guidance on:

- Required game uniforms
- Practice shirts or training gear
- Optional club apparel
- Sizing timelines
- Return requirements for any loaned items



Volunteer Support

Our club's strength comes from family support. Parents may be asked to help with team or club duties, such as:

- Team communication support
- Scorekeeping or line judging
- Tournament help
- Fundraising
- Event support
- Travel coordination

We will clearly share any volunteer expectations.

Final Notes

We are proud to foster a club that is competitive, organized, and supportive. Thank you for trusting us with your athlete's development. We look forward to a season of growth, challenges, and achievements.

If you have questions, please get in touch with the club through the official LHVC communication channels.