

Order of Events

*some meets may vary in order

**Unless run together, the event is first run by the girls followed by the boys

(4 x 800) 3200 meter relay (girls and boys may run together)

100 meter (33") hurdles – girls

110 meter high (39") hurdles – boys

100 meter dash

1600 meter run

(4 x 200) 800 meter relay

400 meter dash

(4 x 100) 400 meter relay

300 meter low (30") hurdles – girls

300 intermediate (36") hurdles – boys

800 meter run

200 meter dash

3200 meter run (girls and boys may run together)

(4 x 400) 1600 meter relay

Field Event Schedule:

Odd Dates	Even Dates
Girls will compete first in: High Jump, Long Jump & Shot Put	Girls will compete first in: Pole Vault, Triple Jump & Discus
Boys will compete first in: Pole Vault, Triple Jump & Discus	Boys will compete first in: High Jump, Long Jump & Shot Put

* If the meet is postponed, the originally scheduled date rotation will be used.

** All Field events (Jumps, Throws & Vault) usually begin 15-30 mins before the running events begin and continue as the running events are going.