DSNP Case Examples

Client Profile:

1. Name: Margaret Thompson
- Age: 72
- Zip Code: 32801 (Orlando, Florida)
- Medications and Dosages:
  1. Amlodipine 5 mg daily (for hypertension)
  2. Levothyroxine 75 mcg daily (for hypothyroidism)
  3. Donepezil 10 mg daily (for Alzheimer's disease)
  4. Furosemide 20 mg daily (for heart failure)
  5. Tamsulosin 0.4 mg daily (for urinary issues)
- Annual Income: $14,000 (Social Security benefits)
- Household Size: 1 (Margaret lives alone)
- Feelings about Budget: Very limited budget.Wants to maximize benefits and keep cost low.
- Feelings about Doctor Coverage: Needs a plan that covers general practitioners and specialists without high out-of-pocket costs.
- Medicaid Level: None

Health Overview:
Margaret manages multiple chronic conditions, including hypertension, hypothyroidism, early Alzheimer's disease, and heart failure. Her medication regimen is crucial for maintaining her health and preventing the progression of her conditions. With a tight budget and living alone, she needs as much help as possible!

2. Name: Ronald Lee
- Age: 68
- Zip Code: 78205 (San Antonio, Texas)
- Medications and Dosages:
  1. Simvastatin 20 mg daily (for high cholesterol)
  2. Metformin 500 mg twice daily (for type 2 diabetes)
  3. Lisinopril 10 mg daily (for hypertension)
  4. Acetaminophen 500 mg as needed (for arthritis pain)
  5. Omeprazole 20 mg daily (for acid reflux)
- Annual Income: $14,500 (Social Security benefits)
- Household Size: 1 (Ronald lives alone)
- Feelings about Budget: Extremely budget-sensitive, seeks the lowest possible out-of-pocket expenses.
- Feelings about Doctor Coverage: Prefers comprehensive coverage, especially for chronic condition management.
- Medicaid Level: QMB (Qualified Medicare Beneficiary) – Ronald receives assistance with Medicare Part A and B premiums and other Medicare costs.

DSNP Case Examples

Health Overview:
Ronald manages several chronic conditions that require constant medication, including high cholesterol, type 2 diabetes, and hypertension. He also deals with arthritis pain and uses over-the-counter pain relief to manage it. Financially constrained, Ronald needs as much help as possible, and needs great vision benefits.

3. Name: Linda Walters
   - Age: 75
   - Zip Code: 39157 (Ridgeland, Mississippi)
   - Medications and Dosages:
     1. Warfarin 5 mg daily (for blood clot prevention)
     2. Carvedilol 12.5 mg twice daily (for heart failure and hypertension)
     3. Lorazepam 1 mg at bedtime (for anxiety)
     4. Calcium with Vitamin D (for osteoporosis prevention)
   - Annual Income: $12,000 (Social Security and small pension)
   - Household Size: 2 (Linda and her elderly sister)
   - Feelings about Budget: Very limited, heavily focused on minimizing medical expenses.
   - Feelings about Doctor Coverage: Needs consistent access to cardiologists and mental health services.
   - Medicaid Level: SLMB+ (Specified Low-Income Medicare Beneficiary Plus) – Linda receives additional assistance beyond standard SLMB, including some cost-sharing benefits.

Health Overview:
Linda’s health management includes preventing heart conditions and managing her blood pressure, along with mental health support for anxiety. Her medication for osteoporosis is critical to prevent fractures. Living with a fixed income, Linda struggles with everyday items like food and transportation to important doctor appointments.

4. Name: George Miller
   - Age: 77
   - Zip Code: 29401 (Charleston, South Carolina)
   - Medications and Dosages:
     1. Insulin Glargine 30 units daily (for diabetes management)
     2. Gabapentin 300 mg twice daily (for neuropathic pain)
     3. Sertraline 50 mg daily (for depression)
     4. Bisoprolol 5 mg daily (for heart disease)
     5. Ventolin inhaler once daily (for COPD)
   - Annual Income: $15,800 (Social Security benefits)
   - Household Size: 1 (George lives alone)
   - Feelings about Budget: Very concerned about healthcare costs, seeks full coverage with minimal co-pays.
   - Feelings about Doctor Coverage: Requires frequent visits to various specialists for comprehensive care.

- Medicaid Level: FBDE (Full Benefit Dual Eligible) – George is eligible for both Medicare and full Medicaid benefits, allowing comprehensive health service coverage without significant personal expense.

Health Overview:
George's health regimen is complex, managing multiple serious health issues including diabetes, heart disease, depression, and COPD. His diverse medication needs and frequent healthcare visits make the FBDE Medicaid coverage crucial for his quality of life and health management. Needs transportation benefits & hates having to deal with referrals. Need

5. Name: Evelyn Harris
   - Age: 66
   - Zip Code: 33133 (Miami, Florida)
   - Medications and Dosages:
     1. Glipizide 10 mg twice daily (for diabetes)
     2. Hydroxyzine 25 mg at bedtime (for anxiety and sleep)
     3. Ibuprofen 400 mg as needed (for joint pain)
     4. Calcium with Vitamin D3 500 mg daily (for bone health)
   - Annual Income: $13,200 (Social Security benefits)
   - Household Size: 1 (Evelyn lives alone)
   - Feelings about Budget: Highly price-sensitive due to a very tight budget.
   - Feelings about Doctor Coverage: Needs access to affordable mental health services and regular primary care.
   - Medicaid Level: SLMB (Specified Low-Income Medicare Beneficiary) – Evelyn qualifies for help with Medicare Part B premiums, crucial for her to maintain access to healthcare services.

   Health Overview:
   Evelyn manages diabetes and anxiety, requiring consistent medication management. Her focus on maintaining mental health and managing chronic pain with non-prescription pain relief reflects her need for an accessible healthcare plan that accommodates a fixed income.

6. Name: Arthur Chen
   - Age: 79
   - Zip Code: 78758 (Austin, Texas)
   - Medications and Dosages:
     1. Digoxin 0.125 mg daily (for atrial fibrillation)
     2. Citalopram 20 mg daily (for depression)
     3. Alendronate 70 mg weekly (for osteoporosis)
     4. Prednisone 10 mg daily (for chronic inflammation)
     5. Sildenafil 50 mg as needed (for pulmonary arterial hypertension)
   - Annual Income: $14,800 (Social Security benefits)
   - Household Size: 1 (Arthur lives alone)
   - Feelings about Budget: Extremely cautious about spending due to limited income.
   - Feelings about Doctor Coverage: Desires comprehensive coverage that includes specialist and emergency services.

- Medicaid Level: QMB+ (Qualified Medicare Beneficiary Plus) – Arthur receives comprehensive assistance covering Part A and B premiums and other costs.

Health Overview:
Arthur's health management is complex, addressing cardiovascular, bone health, mental well-being, and chronic inflammation. His plan must provide coverage for various specialists, including cardiology and mental health services, crucial for managing his diverse health needs effectively. He also needs help with new Dentures.

7. Name: Barbara Johnson
   - Age: 74
   - Zip Code: 29485 (Summerville, South Carolina)
   - Medications and Dosages:
     1. Atenolol 50 mg daily (for hypertension)
     2. Memantine 10 mg twice daily (for Alzheimer’s disease)
     3. Fluoxetine 40 mg daily (for depression)
     4. Loratadine 10 mg daily (for allergies)
   - Annual Income: $11,000 (Social Security benefits)
   - Household Size: 2 (Barbara and her adult son)
   - Feelings about Budget: Dependent on the most affordable healthcare options available.
   - Feelings about Doctor Coverage: Essential to have coverage for geriatric and psychiatric care.
   - Medicaid Level: QI (Qualified Individual) – Barbara receives help with Medicare Part B premiums.

Health Overview:
Barbara deals with hypertension, Alzheimer’s disease, and depression. Her medication regimen and need for regular cognitive and psychiatric care make her particularly reliant on comprehensive Medicaid benefits to manage both her physical and mental health effectively.

757hfp9g

g1y0kcr4