

## **Artist Statement**

I chose to interpret the most chaotic thing I interact with on a daily basis- my mind. At any given moment I'm thinking of about a hundred different things; my brain is constantly on overdrive. I decided to "compartmentalize" the main categories my thoughts tend to drift in, from the intrusive negativity I try to block out, to the clutter of anxious overthinking, to the flutter of mindless daydreams. Living in my mind is quite literally chaos sometimes.

## **Most Used Materials**

Cotton/stuffing, paper, coffee filter