

Course Title: General Psychology

Course No.: PSYC 100
Credit Hours: Three (3)

Instructor: Dr. Nicole Arduini-Van Hoose (she/her)

Phone: 518-629-7236 (voicemail checked during office hours)

Email: n.arduinivanhoos@hvcc.edu

Office: Marvin 101

Remote Office: https://hvcc.zoom.us/j/2243721070

Office Hours: Mon 10-1 (Zoom); Tue & Thur 10:55-11:55 (MRV 101)

To schedule an appt. https://calendly.com/nlavh

COURSE INFORMATION

Course Description

This course consists of a systematic, empirical study of human behavior. It covers the following: an introduction to psychology, research methodology, biological psychology, sensation and perception, consciousness, learning, memory, thought and language, intelligence, human development, motivation and emotion, personality theories, abnormal psychology, health psychology, and social psychology.

Course Objectives

At the conclusion of this course, the student should be able to:

- 1. Apply critical thinking to psychology.
- 2. Understand the methodologies typically used in psychology, including observation, hypothesis development, measurement and data collection, experimentation, and evaluation of evidence.
- 3. Locate, read, understand, and evaluate research in psychology using a college library.
- 4. Identify the basic terminology of the field of psychology.
- 5. Describe the major theoretical schools of thought in psychology.
- 6. Apply psychology concepts to human relations for understanding and predicting human behavior.

Textbook

Spielman, R. M., Dumper, K., Jenkins, W., Lacombe, A., Lovett, M., & Perlmutter, M. (2020). *Psychology.* (N. Arduini-Van Hoose & P. Carroll, Ed.). Retrieved from https://psychology.pressbooks.sunycreate.cloud/ CC BY-NC-SA 4.0 license.

COURSE EVALUATION

Measurable Outcomes By the end of this course, students will demonstrate college-level mastery in 60% of assessment measures.

Evaluation

Discussions 20%
Assignments 30%
Module Exams 40%
Research Review 10 %

Grade Conversion

B 80-89% C 70-79% D 60-69% F <60%

A 90-100%

Z-Grade

Scale

A grade of "Z" (Absent Without Withdrawal) will be assigned to a student who has failed to participate in course activities through the end of the term and when, according to the instructor's grading policy as stated on the course syllabus, completed assignments or course activities were insufficient to make standard evaluation of academic performance possible. For this course, a Z-grade will be given to any student who does not attend class, log in to the course on Brightspace, nor submit any work after the official course withdrawal deadline.

COURSE REQUIREMENTS

Discussions

Discussion is an essential part of the online experience. Each week, in place of class time, you will post and reply to our class discussion board. Instructions for participating in discussions are on the Course Information tile in Brightspace. Students are expected to participate regularly in online discussions. Discussions are meant to evaluate your knowledge, understanding, and application of key concepts in the module. Late submissions are deducted. **No post or reply is accepted after the module closes** (see Course Schedule).

Assignments

You will complete a series of short lessons on each module's topics. Be sure to read the instructions for each lesson, as some lessons allow a limited number of attempts, while others allow unlimited tries. The highest grade will be calculated into your course average. Lessons must be completed before submitting the exam, as they will close when the exam is submitted.

Exams

There will be one exam per module, assessing understanding of the assigned content (readings, videos, etc.). Lessons will help prepare you for these exams, and must be

completed before the exam is submitted.

Research Review

Students will find, read, understand, and construct a synopsis of an assigned research article. This will include using library resources to find an assigned article, learning the various parts of an academic research article, summarizing the pertinent information, and critically analyzing the research.

PLAN OF STUDY

Note that the course plan and schedule are color-coded by module. All due dates are on the Schedule.

Course Plan

Module	Topic	Readings & Videos	Discussions	Assignments	Exams	Research Review
Intro	Course Information	Course Information	1 post, 2 replies	Ask the Professor Send Email	Intro Quiz	
1	What is Psychology?	Chapter 1: Psychological Foundations Chapter 2: Psychological Research	1 post, 2 replies	Lessons	Exam 1	Research Review
2	Biological Foundations	Chapter 3: Biopsychology Chapter 4: Sensation and Perception Chapter 5: States of Consciousness	1 post, 2 replies	Lessons	Exam 2	
3	Cognition	Chapter 6: Memory Chapter 7: Thinking and Intelligence	1 post, 2 replies	Lessons	Exam 3	
4	Explaining Behavior	Chapter 8: Learning Chapter 9: Motivation Chapter 10: Social Psychology	1 post, 2 replies	Lessons	Exam 4	
5	Human Development	Chapter 11: Lifespan Development Chapter 12: Personality	1 post, 2 replies	Lessons	Exam 5	
6	Psychological Health	Chapter 13: Health Psychology Chapter 14: Psychological Disorders Chapter 15: Therapies & Treatments	1 post, 2 replies	Lessons	Exam 6	

Course Schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
SEP	2 Introductory Post due	3	4	5	6	7 Intro Module tasks due (see Module Checklist)
8	9 Mod. 1 Post 1 due	10	11	12	13	14 Reply 1 due
15	16 Reply 2 due	17	18	19	20	21 M1 Lessons & Exam due
22	23 Reflection due	24	25	26	27	28 Research Review due
29	30 Mod. 2 Post 1 due	OCT 1	2	3	4	5 Reply 1 due
6	7 Reply 2 due	8	9	10	11	12 M2 Lessons & Exam due
13	14 Mod. 3 Post 1 due	15	16	17	18	19 Reply 1 due
20	21 Reply 2 due	22	23	24	25	26 M3 Lessons & Exam due
27	28 Mod. 4 Post 1 due	29	30	31	NOV 1	2 Reply 1 due
3	4 Reply 2 due	5	6	7	8	9 M4 Lessons & Exam due
10	11 Mod. 5 Post 1 due	12	13	14	15	16 Reply 1 due
17	18 Reply 2 due	19	20	21**LAST DAY TO WITHDRAW**	22	23 M5 Lessons & Exam due
24	25	26	27 Thanksgiving Break	28	29	30
DEC 1	2 Mod. 6 Post 1 due	3	4	5	6	7 Reply 1 due
8	9 Reply 2 due	10	11	12	13	14 M6 Lessons & Exam due)
15	16 Closing Post & Survey due	17	18	19 COURSE_CLOSES		

COURSE POLICIES

Contact & Questions

- → For FAQs or questions pertinent to other students, please use the "Ask the Professor" discussion board in Brightspace. Be sure to check the DB to see if there is already an answer to your question.
- → Office hours and email are best for communicating about personal issues. You should receive a response within 24 hours (except for weekends and holidays). If you haven't heard back, please try again.
- → I post important announcements on Brightspace and frequently email the class and individuals. Check Brightspace and HVCC emails daily. Not checking your messages is not an excuse for missing announcements. Please use your HVCC email or Brightspace to communicate with me; this is my only way to authenticate your identity.

Participation In a full-semester face-to-face course, you spend about 3 hours in class per week x 15 weeks. For a 3-credit course, it is standard to expect spending 3-6 hours per week outside of class on reading, studying, and completing coursework. The same time commitment is expected for this course. Plan to spend about 90 hours completing all tasks for any online course. Not all students will spend the same time, of course. Some students can complete tasks quickly. Other students need more time.

Class Conduct

Disruptive behavior in the classroom or during an educational experience is not tolerated. Disruptive behavior includes conduct that interferes with or obstructs the teaching or learning process, or behavior that negatively affects the educational experience of students or the instructor. This behavior may include, but is not limited to, abusive, threatening, or intimidating language, obscenities, or using a disrespectful tone. Class discussions and behavior are expected to be professional and respectful. Students who do not maintain a professional and respectful tone in class discussions may have their posts and comments removed, resulting in zeroes for required submissions. Severe or repeated offenses may also result in removal from the course.

Late Work

Students who require an extension should email me before the module closes. Requests to make up late work are limited to the business week following the due date, and the work should be submitted within that same week. For example, if a student missed an assignment due on Sunday, they could request to make it up by Friday, and the assignment would need to be submitted by the same Friday. Unless documentation of a qualifying excuse (e.g., a medical note excusing the student from school) is provided, accepted late submissions may be deducted 10% per day. Approval of extensions or to make up missed work is at the instructor's discretion. See Course Requirements for further guidance on which assignments may or may not be accepted after the due date. No work will be accepted after the last day of class unless specified by the instructor in advance. If you

experience an unusual circumstance, such as an unforeseen long-term hospitalization, contact me to discuss your options beyond this general policy.

- Discussions: submissions due mid-module can be submitted late. Each late submission will be deducted 1 point. No submissions or edits are accepted after the end of the module (see Course Schedule).
- Lessons: Lessons can be submitted late. Lessons that require written responses and grading by the instructor will be deducted 10% per day late. The last day to submit late lessons is noon on the Friday after the due date or the last day of class, whichever is earlier. Lessons cannot be submitted after the exam is submitted.
- Exams: exams can be submitted late. The last day to submit late lessons is noon on the Friday after the due date or the last day of class, whichever is earlier.
- Research Review: The steps of the research review can be submitted late. The last day to submit late steps is noon on the Friday after the due date.

Academic Honesty

The following is a list of behaviors that breach the College Code of Conduct for Academic Ethics and are unacceptable. Committing such acts or attempting to commit them falls under the term Academic Dishonesty, and each is considered a serious offense, punishable by a warning or expulsion from the College.

Plagiarism. Any attempt to obtain academic credit by presenting work that is not your own, including ideas, without appropriately documenting the original source. Examples may include language, words, phrases, or symbols that are not your own, as well as the use of style (written, oral, or graphic presentation), data, statistics, research, or intellectual ideas such as theories and lectures. Sources may include any form of media, such as digital, print, audio, lectures, photographs, charts, and tables. You must properly cite the sources you are using for assignments and include a reference list of those cited sources. The material you cite must come from the sources you have included in your reference list. This includes using course materials. Al programs or extensions, such as ChatGPT, Grammarly Al, etc., are NOT permitted AT ALL for this course. Assignments are frequently submitted through software to check for plagiarism, which scans databases to compare a student's work with that of other students, online sources, and printed materials. Students' work will also be submitted through software to detect Al-generated content.

Cheating on Examinations. A student is guilty of cheating whenever they attempt to give or receive unauthorized help before, during, or after any examination. Examples of unauthorized help include the following: collaboration of any sort during an examination, arranging for another person to take an examination in one's place, looking at someone else's exam questions during the examination period, unauthorized discussion of test items during the examination period, or passing of any examination information to students who have not yet taken the examination.

Multiple Submission. Submitting all or some portion of the same work for credit more than once without the prior explicit consent of the instructor to whom the material is being (or has in the past been) submitted. This includes work previously submitted for another course.

Unauthorized Collaboration. Collaborating on projects, papers, or other academic exercises deemed inappropriate by the instructor(s). Although the usual Faculty assumption is that work submitted for credit is entirely one's own, standards on appropriate and inappropriate collaboration vary widely among individual Faculty.

Falsification. Misrepresenting materials or fabricating information in an assignment (e.g., the false or misleading citation of sources, falsifying notes or data, etc.). Falsification also includes falsely claiming to have completed work during an internship or apprenticeship.

Students who plagiarize or cheat will receive a zero for their work. All previous or future work will also be scrutinized, and grades may be changed to reflect newly discovered cheating. Serious and repeated offenses will be reported to the College, and students are subject to disciplinary action as outlined in the College policies (https://www.hvcc.edu/catalog/judicial.html#plagiarism).

Disability Statement

In compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act, Hudson Valley Community College is committed to ensuring educational access and accommodations for all its registered students to fully participate in programs and course activities or to meet course requirements. Hudson Valley Community College's students with documented disabilities and medical conditions are encouraged to access these services by registering with the Center for Access and Assistive Technology (CAAT) to discuss their particular needs for accommodations. For information or an appointment, contact the Center for Access and Assistive Technology, located in room 130 of the Siek Campus Center, email us at caat@hvcc.edu, or call 518-629-7154/TDD: 518-629-7596.

Another office that works closely with the CAAT to help students manage their mental health and wellness to achieve their academic and personal goals is Counseling and Wellness Services. To schedule an appointment to talk with a counselor, visit us at CTR 260 in the Siek Campus Center, call 518-629-7320, or email us at counseling@hvcc.edu.

The instructor reserves the right to make changes to the syllabus as she sees necessary.