

1972

Team Champions

- Curling

1973

Team Champions

- Golf

Individual Champions

- Joan Calverley in discus
- Chris Baldwin in wrestling

1974

Team Champions

- Boys soccer

Individual Champions

- Phil Olsen in javelin (record)

1978

Team Champions

- Boys basketball: MVP - Gerald Kazanowski

1979

Team Champions

- Boys Bowling

1981

Team Champions

- Boys Bowling
- Boys Soccer: MVP - Gary Smith

1982

Team Champions

- Boys Bowling

Individual Champions

- Larry Solyon in Race walk
- Kelly Richardson in 1500 metres
- Stephanie Chamberlain in Javelin

1983

Team Champions

- Girls Bowling

Individual Champions

- Kelly Richardson in 1500 metres
- Kathy Belcher in Discus
- Leslie Cox in 400 metres

1984

Team Champions

- Girls Track and Field

1986

- Boys Soccer -MVP - Pat Rhode

1987

Team Champions

- Curling

1991

Team Champions

- Swimming