

## Hey hey Key Clubbers!

I just know you've been PAW-SITIVELY buzzing for more service hour ideas. Do the months just go by and each PSH form remains dismally empty? WELL look no further than our carefully curated selection of TRIED and TRUE service hour suggestions. You're sure to find the ONE that gets you spreading your wings. Let's SOAR to new heights together this term 🦅.

**\*\*Note:** As a general rule of thumb, most of these opportunities have a **4 hour cap** per month.

Please try to participate in service projects and community activities within Key Club for the majority of your hours.

Also, for most of these, make sure you keep a stopwatch on to provide verification for your hours and take a photo of what you've done afterwards. Always remember to submit to the PSH form each month!

### 1. **Card/Letter Writing:**

- Create handmade or digitally designed letters to send to organizations that support communities such as frontline workers or the elderly. This can be done for organizations such as [Paper Bridges](#), [Letters for Lifesavers](#), [Letters of Love](#), [Love for the Elderly](#), [Service Salute](#), and more!

- **Note:** You must also provide proof that such cards/letters were actually sent to the organization. This can be in the form of a screenshot of you submitting them in email or of you mailing them.

- **Resources:** A device such as a smartphone or computer, paper, art supplies, mailing supplies

### 2. **Color-A-Smile:**

- This involves coloring in printable templates online and shipping them to troops overseas, elderly in nursing homes, and anyone in need of a smile! Templates can be found on their website, [Color A Smile](#) :D

- **Resources:** A working printer (or you can trace the drawings), coloring supplies, envelopes, and stamps

3. **Chalk Walk:**

- Make a chalk walk in your neighborhood that will bring joy to people walking. This can mean complex or short and sweet drawings and messages written in chalk on sidewalks. Perfect for some fun in the sun!

- **Resources:** Chalk

4. **Bedtime Stories:**

- Record a video or audio recording of yourself reading your favorite children's book and provide it to a local children's hospital as a resource to help the patients through hard times.

- **Note:** This will require outside contacting of organizations for their consent in receiving these videos.

- **Resources:** A children's book, a positive and comforting tone, and a recording device

5. **Online Tutoring:**

- Everyone needs some help sometimes! You can become a tutor for an already existing organization or create your own organization if you're full of ambition! i.e. [Schoolhouse](#)

- **Resources:** Sufficient knowledge in a particular subject you'd like to tutor and any other documents that may be required of you to register.  
Reliable internet and device. Background check may be required.

6. **Hospital Volunteering:**

- Passionate about medicine? Love to help others? Look no further than hospital volunteering at your local Sutter/DMC/etc! Work with like-minded peers on discharging patients and stocking rooms.
  - **Note:** Typically requires a tuberculosis test and commitment to a shift for a minimum of a year

7. **Translators Without Borders:**

- Help to translate medical texts for healthcare professionals with this nonprofit organization. Apply to become a volunteer through [Translators Without Borders](#)  
You must be at least 18 to apply!
  - **Note:** In order to be a translator, you must be fluent in at least one other language besides your native language. However, you can also apply as a volunteer to help fundraise for their organization, or as a project manager, graphic and web designer!
  - **Resources:** Smartphone

8. **Infographic Making:**

- Create infographics or other educational materials about Key Club's preferred charities or a cause that you think needs to be addressed in today's world. I.e. YES! Initiative, Children's Miracle Network, Thirst Project, etc.
  - **Note:** You can use digital software such as Canva, Google Slides, or any other program to make these! Please screenshot where you end up posting them (i.e. Instagram story) as proof of completion and publication!!
  - **Resources:** A device such as a computer or smartphone

9. **Be My Eyes:**

- This is an organization where volunteers help those with limited sight through live video call. Just download the app, which can be found through their website, [Be My Eyes](#)

- **Resources:** Smartphone

10. **Luv Michael**

- A unique opportunity to advocate for adults on the autism spectrum! You can earn up to 40 service hours. The best part is.. It's 100% online! Learn valuable skills in advocacy, research, and community engagement by reaching out to local representatives and fundraising at least \$75.

- **Resources:** A device and a positive attitude

11. **Rock Painting/Poster Making:**

- Make posters for school/community events!
- Paint rocks and place them on your lawn/in the neighborhood/at a park to bring a smile to someone's face :)

- **Resources:** Rocks, poster boards, paint/coloring supplies

12. **Free Rice:**

- Help fund donations of grains of rice to the World Food Programme by answering basic questions having to deal with anything from English vocabulary to national capitals using their website, [Free Rice](#).

- **Resources:** A computer or smartphone

13. **Transcribing Digital Documents:**

- Help transcribe scanned handwritten documents from various eras of history into a digital, easily readable format using websites such as [Smithsonian Transcription](#), [Citizen Archivist Missions](#), [Library of Congress](#) .

- **Note:** It is highly recommended you do this activity with friends, as you will be able to better help each other out in deciphering the documents!

- **Resources:** A computer or smartphone

14. **Bean Bean Bean:**

- Help combat world hunger by answering basic trivia questions, with each correct answer equating to sums of money being donated to charities focusing on world hunger using their website, [Bean Bean Bean](#).

- **Resources:** A computer or smartphone

15. **Zooniverse**

- Hop online to contribute to real academic research! You'll study data gathered by researchers at your own pace, from images of faraway galaxies to historical records and diaries to videos of animals in their natural habitat. The possibilities are endless! Check out some projects now -> [Zooniverse](#)

- **Resources:** A computer or smartphone

16. **Charity Miles**

- Download their app and Walk or RUN those miles for Key Club preferred charities such as March of Dimes, Erika's Lighthouse, or UNICEF.

**Resources:** A phone and the downloaded app