

Avatar: Young 20 year old college girl who spends a lot of money on junk and is in distress about how much of a “Hoarder” she is. She is continuously frustrated about her messy dorm. Her closet is clustered and her bed is messy, and she just can't think clearly because she's surrounded by a mess. Roadblock: messy and doesn't know what to let go. She feels like it's hard to give up her messy lifestyle even though she doesn't like it. The solution is to get her to understand that minimalism is comfortable and having only what truly matters enlightens how you feel and think. This then results in better performance in life.

Pain points: The person is currently going through a tough time due to feeling overwhelmed by too many possessions. They're frustrated and angry with themselves, considering themselves a "hoarder" and feeling lazy. They dislike the consumerist side of minimalism and find it challenging to maintain a tidy space because of ADHD. Decluttering their wardrobe is hard, and they feel embarrassed about holding onto things for impractical reasons. Dealing with these issues feels like a depressing task, and others see them as messy, even labeling them a "hoarder." When talking to a friend, they might discuss the struggle to declutter, feeling overwhelmed by belongings, and how their upbringing affects their relationship with material things.

Desires: In their ideal dream life, the person imagines a clean, relaxing home without excess clutter. They want more time for enjoyable activities with loved ones and a space that feels organized, providing a deep sense of calm. The ultimate goal is personal satisfaction, finding peace of mind by moving away from defining themselves through possessions. In this dream scenario, they would feel proud, excited, and content with a beautiful home and a happy family. Secretly, they desire a peaceful, cozy, and clutter-free space. When talking to a friend about their dreams, they might express joy in decluttering, pride in their home's appearance, and appreciation for a minimalist and cozy style.

Values: The person believes in the value of minimalism, seeing it as a way to avoid excessive consumption. They understand the importance of a gradual approach to minimalism, emphasizing the need for a meaningful lifestyle. They want to shift away from a consumeristic mindset and have noticed fear-based hoarding in others, influenced by their upbringing with a hoarder father.

How To CORRECTLY Declutter Your Home: Using These Three Tips That'll Instantly Boost Your Peace Of Mind!

After a whirlwind of lectures and library sessions, Sarah returned home to the familiar imbalance.

Determined to declutter, she faced her overflowing closet. "I have so much stuff," she confessed, holding onto a sentimental sweater.

"I wear like 20% of my closet, but I still struggle to get rid of my clothes."

Are you in the same situation Sarah is in?

This problem is easily resolved with Three Simple Tips...

It'll transform your life quicker than if you were to do it by yourself.

These three simple tips have helped other college students. (even 60 year olds!)

This is what happened to Sarah after she implemented these simple tips;

Sarah's room transformed from chaos to calm.

Clothes found their places, textbooks neatly aligned on shelves.

"I have a cleaner home, a more relaxing space," she noted, marveling at the peace.

"I wear like 20% of my closet," she smiled, appreciating each piece's value.

"I feel like the house cleans itself," Sarah grinned. Every room became a sanctuary.

The problem you're facing is you're a "Hoarder"/consumer. You think that you need a lot of things because you fear that you'll lose it.

You must understand: "Minimalism is the practice of "fasting" from the habit of over consumption."

You must change this mindset in order to reach the desired state of a cleaner and more relaxing home, free of excess clutter, providing more time to enjoy activities with loved ones.

These Three Tips Will Teach You;

- A New **EASY** Method You Can Implement: Simplify your approach effortlessly.
- A New **RULE** You Can Practice Daily: Practice this rule to keep clutter at bay.
- Determining **WORTH**: Learn how to decide what's truly valuable.

If you want to transform your life like Sarah's in a shorter period and embrace a new life of peace and comfort, then DM us for these **FREE** simple tips you can follow.