



















THE WAR MODE DAY PLANNER

 /✗	Task List For The Day
1. 	Out of bed; immediately take the cold shower
2. 	100 pushups
3. 	Check all messages and notifications
4. 	Money-making work (Work with dad, client work, etc.)
5. 	Talk to a cute girl/ Keep myself confident and ready to
6. 	Upwork/ study bootcamp
7. 	Study at church
8. 	End the day at 200 pushups
9. 	Purify
10. 	All food tracked; hit protein goal, and all supps taken
11. 	Send the sheet to TG, TRW, and Platoon. Plan tomorrow.
12. 	Lifted heavy things - postponed until purification is finished

	 3 Things That I Am Grateful For/ Grateful To Have In My Life 
1.	I am grateful for having a good time in the purif
2.	I am grateful for having a nice ride
3.	I am grateful for not having a poor family

MY HOURLY WAR PLAN

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

5 am: Task 💰	
Reflection ✍️	
6 am: Task 💰	
Reflection ✍️	
7 am: Task 💰	start the day INSTANTLY
Reflection ✍️	did so
8 am: Task 💰	coffee; memorize verbatim, then study Copy
Reflection ✍️	did so
9 am: Task 💰	study copy, eat
Reflection ✍️	did so
10 am: Task 💰	finish and head to site
Reflection ✍️	did so
11 am: Task 💰	work until 4
Reflection ✍️	did so

12 am: Task \$	
Reflection ✎	
1 pm: Task \$	
Reflection ✎	
2 pm: Task \$	
Reflection ✎	
3 pm: Task \$	
Reflection ✎	
4 pm: Task \$	come home, clean up & get ready
Reflection ✎	did so
5 pm: Task \$	head to church
Reflection ✎	did so
6 pm: Task \$	work/purify until 10
Reflection ✎	did so
7 pm: Task \$	

Reflection ✎	
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8 pm: Task \$	
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Reflection ✎	
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9 pm: Task \$	
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Reflection ✎	
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10 pm: Task \$	come home, sleep
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Reflection ✎	did so
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11 pm: Task \$	
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Reflection ✎	
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