## High Five Friday

## **Connect Activity**

## Show & Tell

'Show and Tell' provides us with the opportunity to stand up in front of our friends and speak about a topic that interests them, share something you love or an experience that has made you happy!

Taking time to share part of our lives and interests helps to create a caring environment, fosters a sense of self and helps us create positive connections with others who may have similar interests or experiences.

## Tips for Show and Tell

- Have a weekly timetable so that everyone will know when it is their turn
- Inform parents in advance so they can help to prepare
- You could plan 'Show and Tell' around a special event e.g. Christmas, school holidays, birthdays etc.
  or just go free style and leave it up everyones own personal choice
- Establish rules to encourage respectful listening and refer to them at the start of each session
- Set a timer so everyone will get the same amount of time to speak
- Allow time for questions
- Thank and praise everyone for their effort. For some this process could be a big ask, for others it will come naturally
- Take photos and make a 'Show and Tell' display
- If someone 'forgets' to bring something they could choose their favourite book from school or show
  a piece of work that they are proud of, so no one gets left out!