"The change will not cease from this point forward. You signed up for this! It is the time of massive change, the Great Awakening. This is showing up on multiple levels, not just the physical plane, which you're noticing the most - the virus, earth changes, wars, things like that. If you zoom out, this has been happening for a while, building strength, building steam. It's crescendo-ing now, but in earth time this will be several years, until everyone has achieved their pre-destined goal of playing their part.

Your world is massively changing, even if it looks like it's going slowly. Even if it looks like people aren't getting the memo. We are here observing on a broader spectrum than what you can see. We understand that you tend to get lost in the details of moment to moment happenings. Remember that giving yourselves a broader focus of the full manifestation of all that's occurring is a healthy way to process the small amounts of information that you receive on a daily basis. You are not meant to get bogged down by the details. Each of you is here to bring a new light of joy to the planet and all those you encounter. You're all doing a great job!

There is a set trajectory for all of this, and on the physical plane, it is begun with this virus, and the many emotional change that creates, and from there it creates awakenings - when there is a condensed emotion, it tends to create a portal through which many move rapidly in their expansion, and this is an awakening. What is to come includes many political uprisings as things begin to create a more stable and equanimous process of leadership or distribution of power - distribution isn't the right word because each person is inherently understanding their own power, and knowing that to operate on the physical level, the collective needs representation who do specific work, and that replaces what you now know as government.

More changes coming include flooding - many people have seen this. It happens slowly, but still quite fast for individuals to experience. Many earth changes, the earth is still breathing and expanding and shaking off the energy as things transition into this new frequency in order to hold more light - and thats the most important part for each of you to hear and to know is that the earth is experiencing more light, and each person is experiencing more light. And as light diffuses into the physical realm, it shows up with many changes. If you can imagine on the individual, human level, as each individual brings in more light they go through many physical changes - their bodies need to adjust to this higher level of light coming through. Likewise the earth is experiencing this frequency shift and it is causing earth changes. The earth changes are not to punish humanity, it is simply a natural effect of massive light influxes, and the planet is going through its shift as well.

And in the long run, what you see as destruction is not the way that it actually is when perceived from a higher frequency realm. It's not so much destruction as it is a cleansing and transmuting of energies. What cannot hold this higher abundance of light disintegrates or ceases to exist on this plane as its transmuting. So remember when you see something shifting to focus on the part that is enveloping more light - and not on destruction necessarily, because of the way that human eyes see destruction, it feels very unsettling. But what could really be honored is the level of light coming into these situations, these beings, this time in general, during the great awakening shift. And by holding the focus on the light, you inherently allow yourselves to be part

of the realm that exists without destruction. More accurate to say, 'that sees destruction as light infusion, and knows it's true purpose, and does not perceive it with alarm, but allows all things to exist without emotional charge around them.'"

Allison Holley, channeled Nov 17, 2020